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Casco Bay Weekly



**Tone, texture
and energy:**

**The paintings of
Theophil Groell**

See page 15

WORMS EAT MY GARBAGE!



Our correspondent prepares to feed her worms, which lurk beneath her kitchen sink.

Get rid of those Thanksgiving food scraps without adding to the waste stream

■ By Hannah Holmes
■ Photos by Toney Harbert

My boyfriend gave me worms. Not tapeworms, not ringworms — not what it sounds like. They live in my kitchen cabinet. They eat my tea bags and cantaloupe seeds. Still sound gross? It's not. It's one of the most elegant solutions to the urban food-waste problem that I've ever seen. And, as a contributing editor of a magazine called *Garbage* I've seen a few.

I can't throw food scraps away. They're just too good — packed with earthy nutrients and solar energy — to send off to the incinerator. In the eventuality that both the compost tub and the worms are overfed and I do guiltily slip a coffee filter into the garbage, the same boyfriend quietly retrieves it.

While many urbanites like me want a place to dump potato peels and last month's oranges, we don't want to do Composting with a capital C. We don't know where to come up with dry leaves and other essential ingredients. We don't want to get artistic about layering, and turning compost is a certified pain in the butt. We probably don't want compost odors to annoy the neighbors, and it's a sure bet we don't want to attract herds of rats. We just want a place to dump and forget.

All of this is what makes worms my heroes. They're silent. They're shy. They eat like pigs, but they're odorless and require just a fraction of the space.

Worms are adorable creatures in their simplicity. Each one is both male and female, eliminating messy sexual politics and speeding up the business of reproduction — you won't find slow dancin' in a worm bin.

What worms do best is eat. Half their weight a day, in fact. And if you get the right breed, you'll find they happily eat everything that makes you queasy: things crusty and moldy, sour and slimy, bitter and dusty, any color, any condition, any time. And while this describes my dog, too, my faithful worms never need to go for a walk, and they don't chew slippers. They don't need water, they don't need shots. They don't bark at the mailman.

My worms just sit under the counter, in the dark, out of the way, and they eat.

continued on page 8

'TIS THE SEASON TO GO SHOPPING. LOOK INSIDE FOR CBW'S HOLIDAY GIFT GUIDE.

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*Contest ends 12/31/93; winner will be notified by phone. Grand prize limited to 8 haircuts or one year, whichever comes first. Winner may choose the stylist of their choice, but may be limited by the availability of appointments. The grand prize is nontransferable and may be used only by the winning entry. Employees and their families are not eligible to enter. A drawing will be held in the event of more than one correct guess.

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Janice Parkinson-Tucker: "I remember saying to my husband when I first started, 'My dream is to see a dog I don't know walking down the street in a Mrs. Bones collar.'"

A conversation with Janice Parkinson-Tucker

Janice Parkinson-Tucker is a retired music teacher who is better known as Mrs. Bones. Her one-person company, Mrs. Bones' Decorative Pet Collars, keeps

talk

her busy up to 80 hours a week sewing dog and cat collars in a loft over the garage of her South Portland home. Her collars sell for between \$13 and \$20 and are available by mail order and at fine pet shops throughout the Greater Portland area.

What makes your collars different?

I make my collars by hand. I make each one from scratch. These are no cake-mix collars. Every part of the collar is the best I can buy. And all of Mrs. Bones' collars are lined.

Why lined?

Because it's easier on the dog's neck. This man I know said to me, "It's a waste of time and money to

put the lining in." And I said, "Thank you very much. It's my retirement, and Mrs. Bones' collars are lined." I sew a decorative trim on one side of the collar and a liner in a coordinating color on the other side.

What are some of your trims?

I have 700 different trims. I have Christmas trim — horses and sleighs, candy canes, garlands, teddy bears, kissing reindeer, doves, snowflakes. Mrs. Bones has 48 different plaids, including 18 tartans. I have what I call "preppy stripes" and what I call "teenage macho." Teenage boys will look through the whole swatch book and always choose the leopard spots or red tiger stripes, and a teenage girl will always choose the pink and purple.

Now in the animal division we have pigs, rabbits, Scotties, elephants, ducks, frogs, swans, cows, frolicking lambs, Canada geese, sitting geese. We have whales and the fox jumping through the horn and sea gulls, lobsters and fat cats and plenty of teddy bears.

We have apples, cherries, strawberries and Bavarian trims and balloons, thrushes, fishing flies and parrots, seashells, tennis rackets, surfboards, schooners, sailboats and several patriotic and nautical trims.

Where did the name "Mrs. Bones" come from?

When we first moved here I was the only retired lady on the block and I would take five dogs from around the neighborhood into the woods for a walk every morning, and I would cook beef bones slowly while we were gone. Then we would all have bones when we got back, and soon my front lawn was littered with them. Behind my back the neighbors were calling me Mrs. Bones. A three-year-old let it slip.

My husband is alternately amused and embarrassed by the whole thing. But last year when income taxes came in, he said, "I think you're going to make it."

And I said, "You bet your buttons, buster."

By Wendy Keeler; photo by John Alphonse

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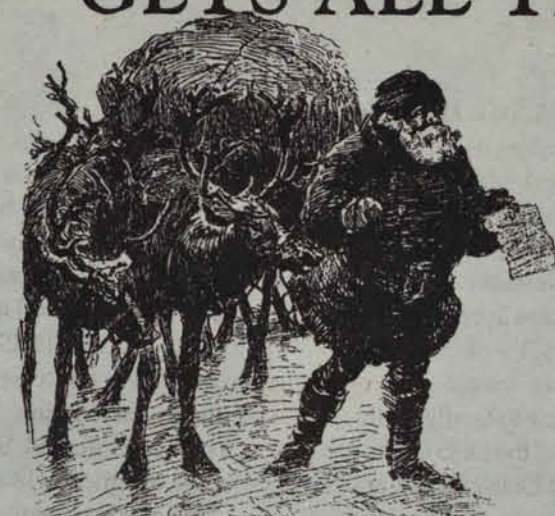
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A review of the top news stories
affecting Greater Portland
November 17 through 22.

A housing development proposed for Long Island is contingent on a successful plan to clean up the town's old oil tank farm. The Massachusetts-based Northland Company wants to develop 27 house lots — mostly on the island's western shorefront. But first the company must be satisfied that the land it's buying from Phoenix Resources — part of which served as an old Navy fueling facility — is free of environmental and public health hazards.

Northland Vice President Frank Stewart said the company wants to purchase 176 acres on the island from Phoenix Resources. About 95 acres, where the largest underground oil tanks are located, would be set aside as a conservation area, Stewart said. Another parcel would be given to Long Island to house its town hall, fire station, public works garage and a proposed new ferry landing. Northland would use the remaining land for houses. "The [Phoenix] property represents the heart of the island — about one-quarter of its total acreage — and it's going to seal the character of the island for the long term," Stewart said.

To seal the deal, however, the state Department of Environmental Protection (DEP) must approve the tank farm cleanup. Phoenix has been working on the cleanup, and the Army Corps of Engineers aims to finish the job under a law that requires the government to remedy environmental problems caused by old military facilities.

Stewart expects the Army Corps to select a contractor for the job this winter, "with the final cleanup work finished next summer."

He also stressed that the development would be a "joint effort" between Northland and the town. "For instance, we would have our attorneys analyze everything and share it with the town, so the town doesn't have to go out and hire its own attorneys with its limited resources," he explained.

Pharos House challenged Portland's ban on prerelease centers for convicts. A lawsuit, filed Nov. 18 in Cumberland County Superior Court, claims that the city's ban violates the constitutional rights of Pharos House, which operates a 20-bed home on Grant Street for non-violent federal inmates. Pharos House also appealed the city's rejection of their plan to convert a Washington Avenue house to a 12-bed center for federal inmates.

The suit argues that the City Council's Oct. 18 ban — which prohibits the siting of any new prerelease centers in Portland — is "a taking" of Pharos House property rights... [and] violates the Fifth Amendment of the U.S. Constitution." The suit also claims that the planning board's rejection of the Washington Avenue plan — based in part on the argument that converting the home would change the neighborhood's character from residential to commercial — failed to recognize that Pharos House is a residence.

City officials countered that the suit reinforces their argument that Pharos House won't even try to locate in a community besides Portland. But Pharos House Director Keith Peaco said his organization "felt wronged" and was compelled to challenge the city's ban.

Lawmakers want to help Gulf War vets suffering from mysterious ailments that might be linked to chemical weapons. During a Senate Veterans Affairs Committee hearing Nov. 15, Majority Leader George Mitchell said Mainers want the government to respond to the needs of ailing veterans. Several thousand military personnel who served in the 1991 Gulf War have complained of fatigue, blurred vision, tumors, memory loss and respiratory problems. About 165 Maine veterans have been examined by the Department of Veterans Affairs in an effort to track their problems.

The cause of their ailments remains unknown, but possibilities include exposure to chemical and biological weapons. Other suggested causes include exposure to uranium munitions, air pollution from oil well fires and adverse reactions to vaccines.

While Mitchell acknowledged that no proof has been found that chemical weapons were used in the war, "nothing has been definitively ruled out," he said. It's been suggested that chemical munitions might have been released through the destruction of weapons or factories.

Other lawmakers sharply criticized the Pentagon's efforts to find the cause of the ailments. West Virginia Sen. Jay Rockefeller said, "Many Gulf veterans believe the Department of Defense is more concerned about covering up possible exposures to chemical or biological warfare than determining exactly what happened."

On Nov. 22, the Senate passed a bill sponsored by Mitchell that will provide medical treatment for Gulf War veterans, even though it can't be proved that their illnesses are related to the war. "This legislation ends the intolerable situation that has prevented Persian Gulf veterans from receiving medical care," Mitchell said.

10,000 Mainers will lose their licenses unless they start forking over child support payments, according to a second warning letter issued by the state's Department of Human Services (DHS). Since the DHS sent 18,000 similar letters out in August, fewer than half of Maine's so-called "deadbeat dads and moms" have made support payments. The Nov. 16 letter told the remaining 10,000 parents that they will lose their driver's and professional licenses in January. Parents in Maine owe their children about \$150 million in court-ordered child support, according to DHS officials.

"You'd be surprised at the stories we've heard since August," said DHS Deputy Commissioner Peter Gore. "Some of the delinquent parents have told caseworkers, 'Thank you for forcing me to finally do this. It was important for my kids.'" But not every parent's reaction to the DHS letters has been so positive, Gore said. Some angry parents have threatened DHS officials, and the department assigned light security to all 20 of its regional offices to prevent anyone from making good on the threats.

The governor's "slush fund" was attacked by Tom Allen. Speaking before the Maine State Employees Association Nov. 19, the Portland city councilor and Democratic gubernatorial candidate chided Gov. John McKernan for maintaining a state-funded expense account of \$30,000, which is "unaudited and unaccounted for."

In addition to criticizing McKernan's expense account — which he called "a slush fund worth almost twice what the average Maine worker makes in a year" — Allen said, if elected governor, he would personally negotiate labor contracts with state workers and solicit government reform ideas from them.

Strippers were fined for violating Portland's

obscenity ordinance, in a case that marked the city's first enforcement of the ordinance in three years. Dancers Jennifer Ready and Amy Cardone admitted in Cumberland County District Court Nov. 19 to violating the ordinance and each agreed to pay a \$50 fine. The violations stemmed from a charge by Portland police that Ready and Cardone simulated sex with patrons while dancing at Moose Alley in August. Bar owner Thomas Tiberi also paid a \$250 penalty for violating the city's nude dancing ordinance.

Residents still want to outlaw porn in

Scarborough. About 600 residents have signed a petition endorsing a citizen-drafted ban on pornography in town. The Town Council had considered adopting an anti-obscenity ordinance similar to Portland's in August. But amid objections by the town library's board of trustees, the council voted to shelve the proposal. The new citizen ordinance exempts town employees, including teachers and librarians from prosecution. According to Steve Whiting, who helped write the new draft, the group will present the document and signatures to the Town Council Dec. 1.

Whiting acknowledged that the petitions have no legal power and can only encourage the Town Council to consider a new anti-smut ordinance. But he said his group "figured we'd warm the kettle and show [the Town Council] that people out there are still interested in this."

weird news

A Texas-based grocery chain exercised its own ban against depictions of nudity by refusing to stock the November issue of *Discover* magazine. The Minyard chain pulled the magazine from shelves in 77 stores because its cover features an artist's rendition of a couple of prehistoric apes with exposed genitals.

"When it shows the genitals or breasts we're going to pull it," explained Minyard President Jay L. Williams, who said that the nudity rule applies to all magazine covers regardless of the subjects' species.

Paul Hoffman, editor in chief of *Discover*, said he was shocked and amused by the Minyard ban. "These are animals," Hoffman said. "Don't people have pets in Texas?... What about those longhorns and those cows, do you have to cover them up, too?"

The apes were designed to represent an ancient simian that many scientists believe is the earliest ancestor to human beings. The cover illustration promotes an article called "10 Great Science Museums."

Reported by Bob Young, Stephanie Fitch and The Associated Press;
illustrated by John Bowdren.

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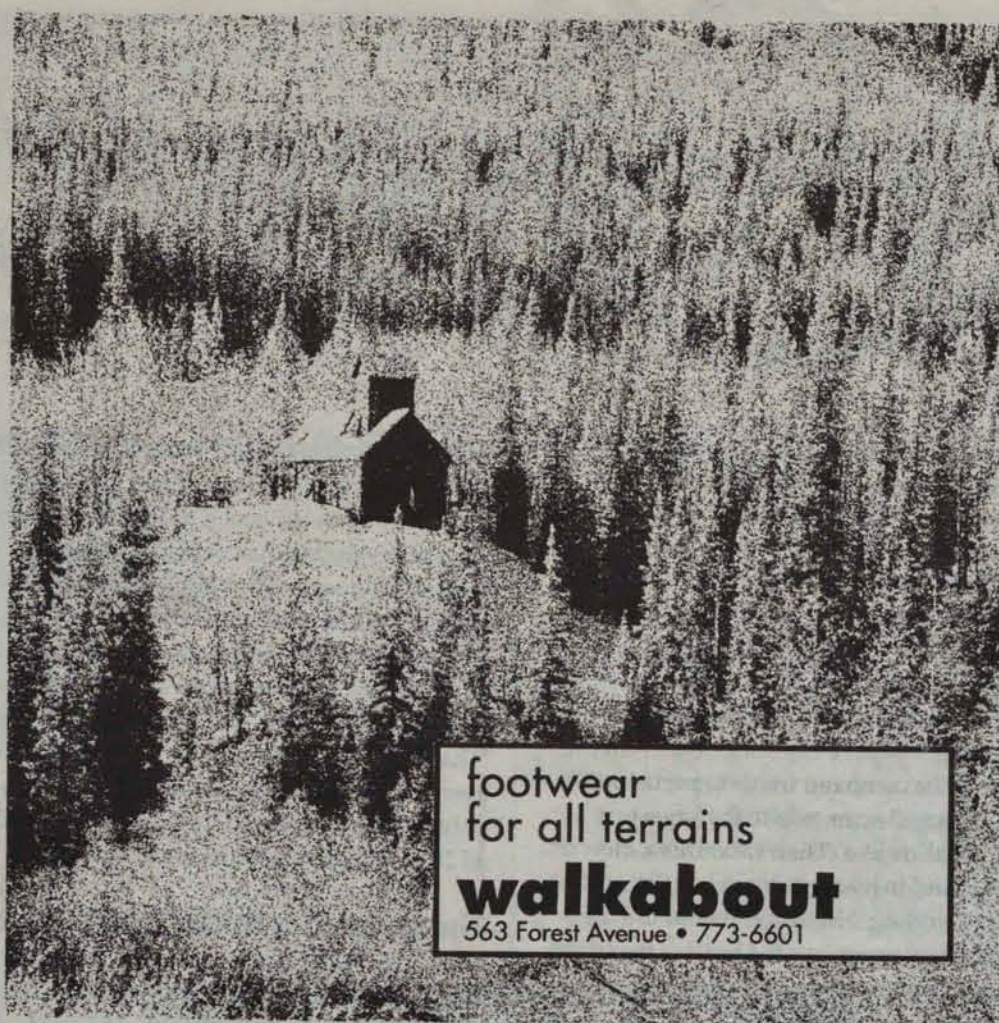
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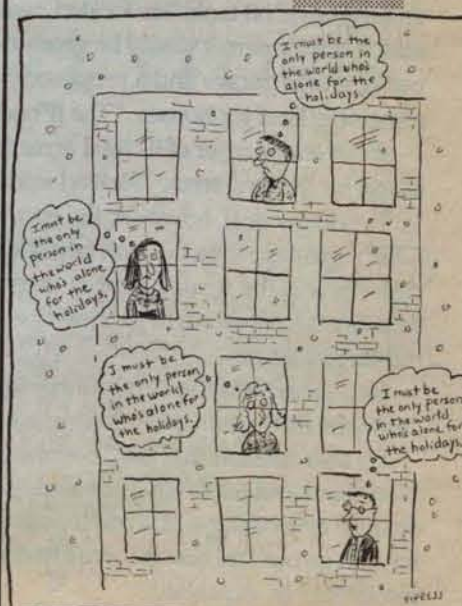
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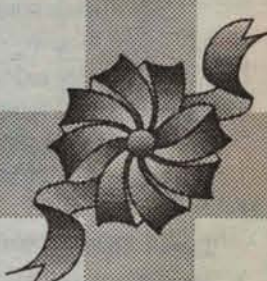


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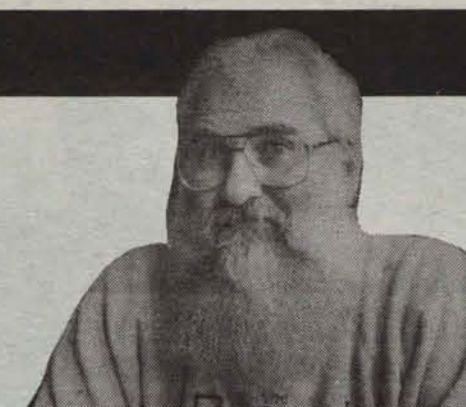


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**Casco Bay
Weekly
personals**

politics & other mistakes

■ By Al Diamond



Dangerous

Republicans seeking a candidate to challenge Democratic 1st District Congressman Tom Andrews should consider nominating singer Michael Jackson. Jackson has the qualities the GOP usually looks for when choosing a nominee. He's rich like Linda Bean. He's confused like Dave Emery. And he's self-destructing like both of them.

GOP leaders might as well join the search for the Gloved One, because their homegrown prospects look pretty feeble. The only announced candidate is York County Sheriff Michael ("Hi Mom, I'm home from Mars") Bemis. Bemis won election by a fluke and has spent most of his short career trying to overcome the impression he's grossly unqualified for the job. Scarborough state Rep. Charles Summers, Yarmouth state Rep. Judy Foss and Gorham state Rep. Gerald Hillock all chickened out of their chances to take on Andrews. So influential Republicans have been trying to convince party chairman Kevin Keogh or Gov. John McKernan's aid Abby Holman to run. Neither appears to be as electable as Jackson.

Republicans are particularly eager to find a viable candidate because the traditional political assessment is that Andrews is vulnerable. That's based on the view that Maine is a rural, conservative state full of gun nuts, fundamentalists and people like Michael Bemis, with whom the current congressman is totally out of touch. Apparently, the only reason voters haven't turned Andrews out already is that the GOP keeps nominating candidates even extremist looks can't support.

The truth is the average 1st District voter is neither rural nor ideologically rigid. Middle class suburbanites and yuppies hold the balance of power in southern Maine. They tend to be somewhat conservative on economic matters and sort of liberal on social issues, but their most consistent political trait is being undecided. They don't have strong views on issues like NAFTA or health care reform that don't affect them directly and immediately.

Andrews has done a masterful job of courting this crowd without alienating his core supporters on the left. His performance last week on NAFTA is an excellent example. Andrews has been a lock-step liberal his entire career. There was no way he was going to vote for NAFTA. But by staying officially undecided until two days before the vote, he was able to appear open-minded. By criticizing organized labor's lobbying tactics and announcing he'd accept no cash from the AFL-CIO in 1994, he made a knee-jerk move appear to be a declaration of independence. Wild cheering from the left. Sustained applause from the center. Continued grumbling from the right. Another political disc goes double-platinum.

Andrews probably won't need the labor money anyway. Of the more than \$800,000 he raised in 1992, about \$200,000 of it came from the AFL-CIO. That means \$600,000 came from other

sources. Any Republican challenger this side of the Moonwalk Kid will be hard pressed to come up with even half a million in contributions. While Andrews cruises back to Capitol Hill, the AFL-CIO is free to spend its 200 grand on other Democrats.

Andrews has built his career on thrillers, where his opponents think he's hopelessly boxed in. Instead, he pulls off a dance step or two that shows just how bad he can be. Then he walks away, having proved, once again, that no matter what the GOP throws at him in '94, he'll probably beat it, beat it, beat it.

Changed the lock on my door

Scarborough state Rep. Peggy Pendleton had no sooner finished switching her registration from Republican to Democrat than she let it be known she's still thinking of running for the state Senate next year. Pendleton had planned on being the GOP nominee back when it looked like incumbent Republican Charlie Summers was going to give up the Senate seat and run for Congress. After Summers got cold feet and decided to remain in Augusta, most folks figured Pendleton would stay put. Instead, she's gearing up to take on Summers.

She may not be alone. The Saco Democratic mafia will almost certainly have a candidate of its own in the race, although it probably won't be former Sen. Peter Danton, who's already lost twice to Summers.

Found out about you

Democrat Richard Barringer has only a slightly better chance of becoming governor than do Donnie Carroll, Paul Young, Ernie Gallant or one of my dogs. But with every other candidate pumping out fog banks of generalities, Barringer, a former Brennan cabinet member and head of the Muskie Institute of Public Affairs, is refreshing in offering specifics about what he'd do in the unlikely event he woke up in January 1995 and found himself moving into the Blaine House.

Barringer promises to give women at least half the seats in his cabinet, match federal National Service Corps college scholarships dollar for dollar, establish a Canadian-style single-payer health care plan, double the amount of public land in Maine, provide public funding for state campaigns and expand the technical college system.

The one specific Barringer doesn't mention is how he'd pay for all that. Probably an oversight.

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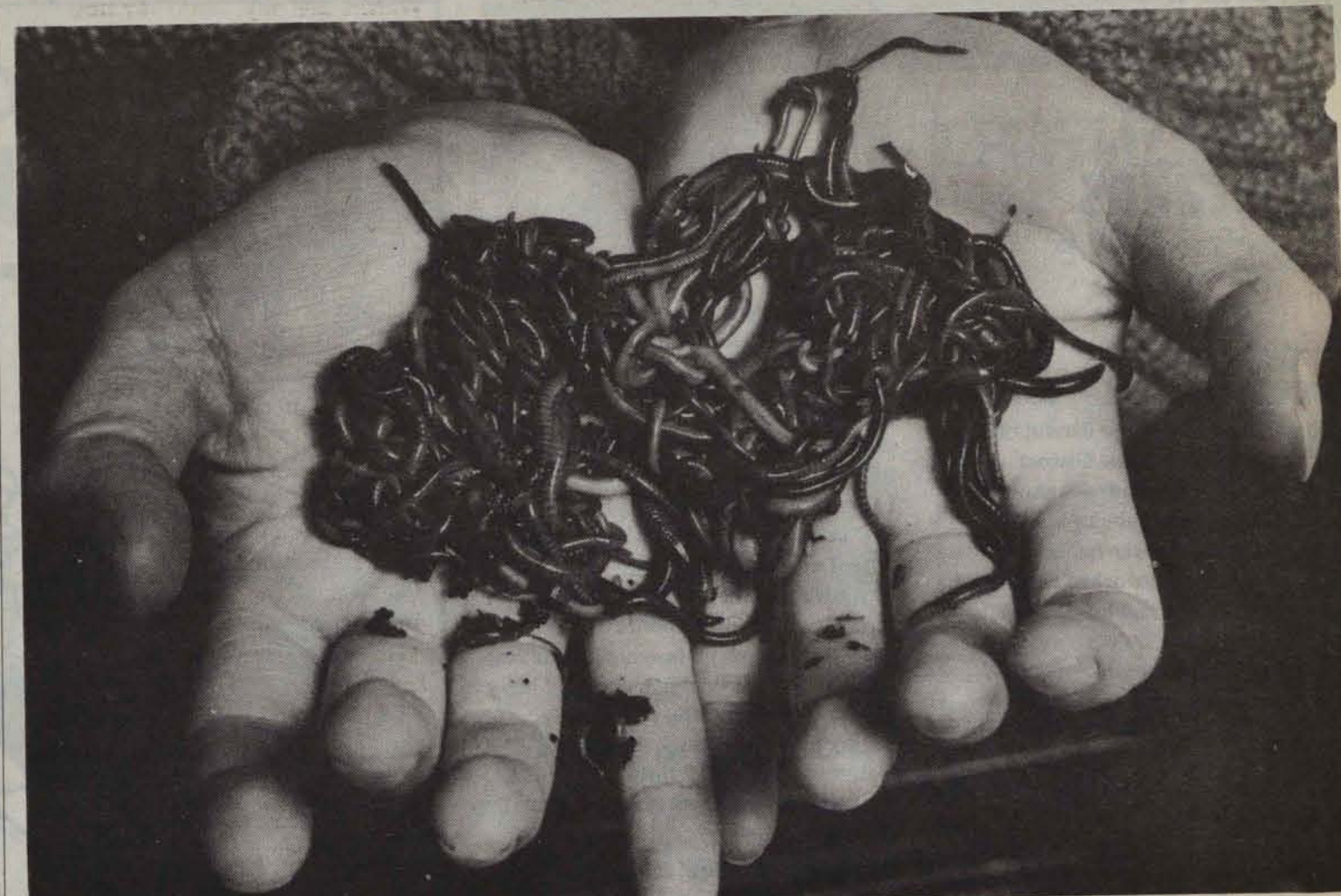
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The unruly *Eisenia fetida* clamor for their evening meal.

Worms eat my garbage!

continued from front page

My little lovelies live in a 12-inch-by-18-inch Rubbermaid box. This bin is stored in a lower cabinet in my kitchen. When my compost tub is full, I slide the worm bin out of the cabinet, dump the scraps, coo softly to my worms and slide it back in. (Worms cannot climb out of boxes, and wouldn't if they could. Stop sweating.)

A worm bin this size will accommodate enough wrigglers to clean up after one or two people. Loosely speaking, a square foot of surface area will provide disposal for a pound of food a week, so a family of four would want a 24-inch-by-24-inch bin. The bin should be 12 inches to 18 inches deep. Shallower means wetter, which is a problem with my bin. Any deeper, and the weight will squish the air out of the lower layers, which the worms will then vacate.

As you choose a bin, err on the too-big side. The worms will adjust their own population to the food-stream you provide, and the extra size will give you some slack for potluck dinners and birthday parties.

Plastic bins are the hands-down winners for simplicity — fish crates and Rubbermaid boxes are available everywhere. However, plastic doesn't breathe. Moisture that condenses in a plastic bin simply runs to the bottom and stays there. Too much moisture leads to odor and worm fatalities. Drilling small holes along the sides will help but will slightly compromise the cleanliness factor.

Wood is best. A wooden bin will absorb moisture and wick it out. Bang one together yourself (pressure-treated lumber wouldn't be my first choice), scrounge one or buy one (see ordering information at the end of this story).

Because my bin sits in a dark, closed cabinet, I don't use the cover. Even with holes in it, the plastic keeps the bin too damp anyway. Because

worms are modest creatures, I lay a sheet of newspaper over the bin.

If your worms are going to live in a closet or other open space, you'll need a cover — if not to exclude babies and pets, then to prevent flies and their maggoty offspring from competing for your carrot peelings. Because ease

worms need good support. Worm bedding is the medium in which they produce new worms and from which they sally forth to dine. It has to be deep, dark and moist. Soggy newspaper is perfect; dampened peat moss would be perfect if you didn't have to pay for it.



Snooiple in heated pursuit of the elusive composting worm.

of use is the key to success, I'd recommend laying a sheet of dark-colored plastic loosely over the bedding surface and covering the bin with a window screen. To adapt a Rubbermaid bin, I'd drill many, many holes in the sides and lid and attach cheesecloth to the inside of the lid.

Wherever you put your bin, keep it between 55 and 85 degrees, and dark. Any cooler, and worms stop eating; any warmer, and you could end up with a large worm casserole. They can move outside in the summer, but only if they're shaded.

Making your bed

You can't just throw your darlings into a box and expect them to be happy. Despite their flexible anatomy,

For a 12-inch-by-18-inch box, you'll need about 5 pounds of paper (5 pounds is the weight of a bag of sugar). Rip the paper into shreds 3 to 6 inches square and soak it in 6 or 7 quarts of water. Presto. Dump it in your box, don't pack it. Mary Appelhof, of Kalamazoo, Mich., the world-renowned Worm Woman, contends that her charges are happiest among the pages of the *Wall Street Journal*. Mine, though, seem partial to the *New York Times* "Living" section. I don't give them advertising inserts or the funny pages because the inks may contain heavy metals. The worms eat their bedding as time goes by, and I want them neither eating poisonous substances nor excreting them.

Because they do eat their linens,

you'll need to replenish them. Just keep adding shredded paper to the top of the bin. You'll also use bedding to control the moisture that can build up in the bin. If things get a little odoriferous, it's probably an indication that the bin's too wet. The pale, limp corpses of drowned worms are another heartbreaking indicator.

My bin has a moisture problem. My worms came from a thriving compost pile made up of wood chips, cow shit and food scraps. This heavy, wet schlock is what I originally gave my worms to live in. Although I threw paper in on top, it wasn't enough to soak up the water in the food scraps that I kept adding. When I dug into the dense, soggy mass recently, I found a pool of water at the bottom of the bin. I shredded a few sections of paper and, with a wooden spoon, stirred them into the bottom of the bin. In addition to soaking up the soup, this lightened the whole matrix, letting more oxygen in.

As you grow intimate with your worms, you'll develop a feel for their moisture requirements. Like you, they're mostly water. Unlike you, they weigh a few grams and can evaporate in minutes.

Chow time!

Preparing worm food is as simple as saving plate scrapings. A small bucket or bowl (with a lid to inhibit fruit flies) sitting by the sink will do. Almost everything is game: vegetable peels, moldy muffins, tea bags, coffee grounds and houseplant trimmings. Chop up big items, like broccoli stems, avocado skins, whole apples, etc. Sloppy stuff like yogurt or cottage cheese won't do, but once your worms are settled and procreating, they'll love meat and fish scraps. In

municipalities where vermiculture (the cultivation of worms) is encouraged, meat scraps are discouraged because they can attract flies, rats and other vermin. But in the privacy of your home, go ahead and try it. They won't eat the bones, but you can pick these out later.

Citrus peels are supposedly another dish to avoid because worms don't like them. Hooley, says I. Just being in the rich microbial environment will wear them down, and the worms will finish the job, I'm confident. Leastwise, there's no stack of untouched citrus peels in my box.

When you first get your worms, you'll have to take it easy on them. In my delight to have established my bin, I happily flung pounds and pounds of soggy food into it. The worms couldn't keep up. Rather than being transformed into dark soil, my scraps became a slimy, stinking layer of mold and pale sprouts. When my friends ceased dropping by, I sobered up and went back to the outdoor bin for a couple of weeks. The worms have cleaned up now, but they're still not numerous enough to keep up with my production. Until they are, I'll continue to dump an occasional bucket outdoors.

The problem is that, like us and like worms, vegetables are largely water. As they decompose, that water is released. If it isn't balanced with oxygen, you create the perfect habitat for anaerobic (oxygen-shunning) bacteria, which announce their presence with a nasal assault that's difficult to ignore. Dry newspaper will introduce more oxygen spaces and restore the balance.

Although some vermiculturists feed their worms every day, I think this is disruptive. Worms are shy, and

Worms are shy, and they flee from light, which means that every time you open the bin, they leave the buffet and sprint for the bedding. I prefer to disturb them only once or twice a week.

they flee from light, which means that every time you open the bin, they leave the buffet and sprint for the bedding. I prefer to disturb them only once or twice a week.

To feed them, either lift up the top layer of bedding and scatter your goodies across the bin, or dig a small hole in one corner and bury them. The first method is quicker and requires no tools; the second gives the worms better service.

Getting good stock

Where does one come up with a thousand head of good worm stock? Don't go digging in the yard — *Lumbricus terrestris*, your friendly neighborhood earthworm, prefers dirt to garbage. You're going to have to find yourself some *Eisenia fetida*, a.k.a. red wiggler, manure worm, redworm. If you know someone with a mature and thriving compost pile, check it's innards for vigorous, 1- to 2-inch worms the color of healthy body organs. Gather as many as you can — a pound is a good start, and take along some of their habitat to mix with a lighter bedding.

If worm-napping is out of the question, you'll have to buy your brood. Stick with reputable garden catalogs, as shipping must be done with care if the worms are to survive.

continued on page 11

Room to loam

Used to be, cities would keep a herd of pigs to transform garbage to bacon. It was a sharp notion, but rip-snorting outbreaks of trichinosis proved inevitable. We're left with centralized municipal composting, which requires money, space and an end market; or home composting, which requires space and time — rare commodities in urban life.

Take municipal composting, an interesting development in the field of delusional thinking: Garbage trucks unload at a mammoth mixed-waste composting facility. Your food waste is pulverized, along with your mercury-laden batteries, your baby's diapers, your can of oven cleaner and the usual glass, plastic, metal, paper and other crap.

This is heaped in huge piles, and after a decent interval, pronounced "composted." But compost microorganisms have no appetite for plastic, mercury, etc., and so this compost is nothing you'd want to spread on the garden. When no takers can be found, municipal compost may find itself at the landfill after all, for use as "daily cover" to deter gulls and rats. The cost of collecting truly

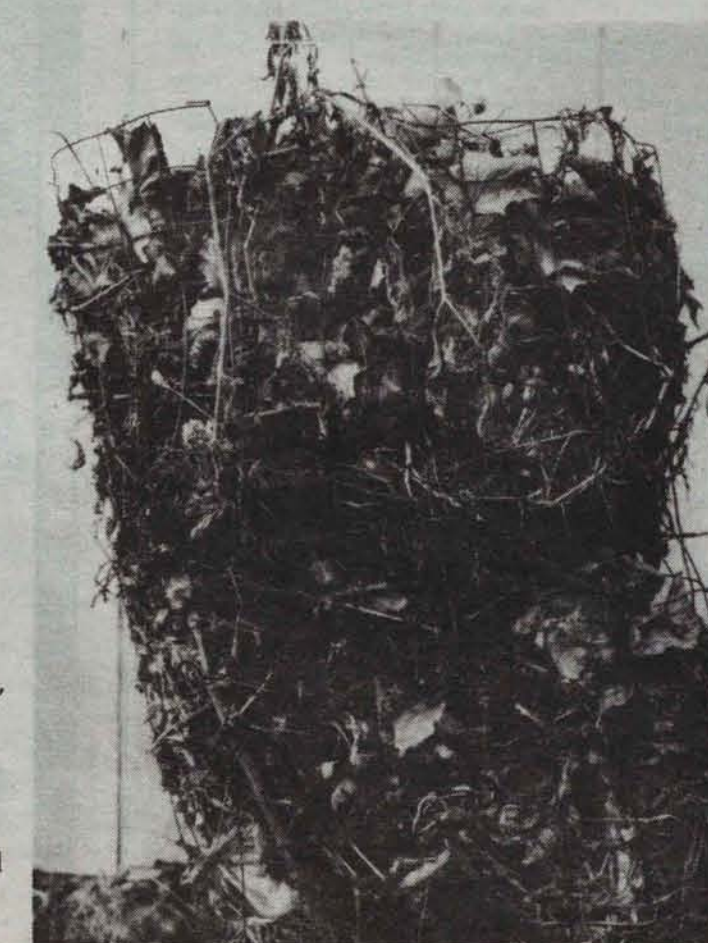
compostable food waste, yard clippings and paper separately is prohibitive.

Then there's organic-gardening, bins-in-the-back-yard composting. But to do real composting, you'll need a bin about a yard square. That's the minimum bulk required to hold temperatures at 140 to 160 degrees for a couple weeks. Then you'll need to come up with lots of leaves, grass,

straw or sawdust, as well as manure and/or soil. And it's also good to have a yard, not just because it's a convenient place to do your composting, but also because you'll have to find places to use your finished product.

Unless there's a herd of cows in your neighborhood, generating copious, steamy vintles, winter temperatures will shut your bugs down. Winter conditions also make the cross-yard trek to the compost bin heartily uninviting. And there's the challenge of hitting the proper carbon-to-nitrogen ratio. If you don't get the right combination of wet and dry ingredients, your compost may take a year to break down — or worse yet, it may be set upon by anaerobic bacteria that will turn the pile into evil-smelling slime and your neighbors to thoughts of homicide.

H.H.



The fence tube compost pile is among the simplest and cheapest methods of composting.

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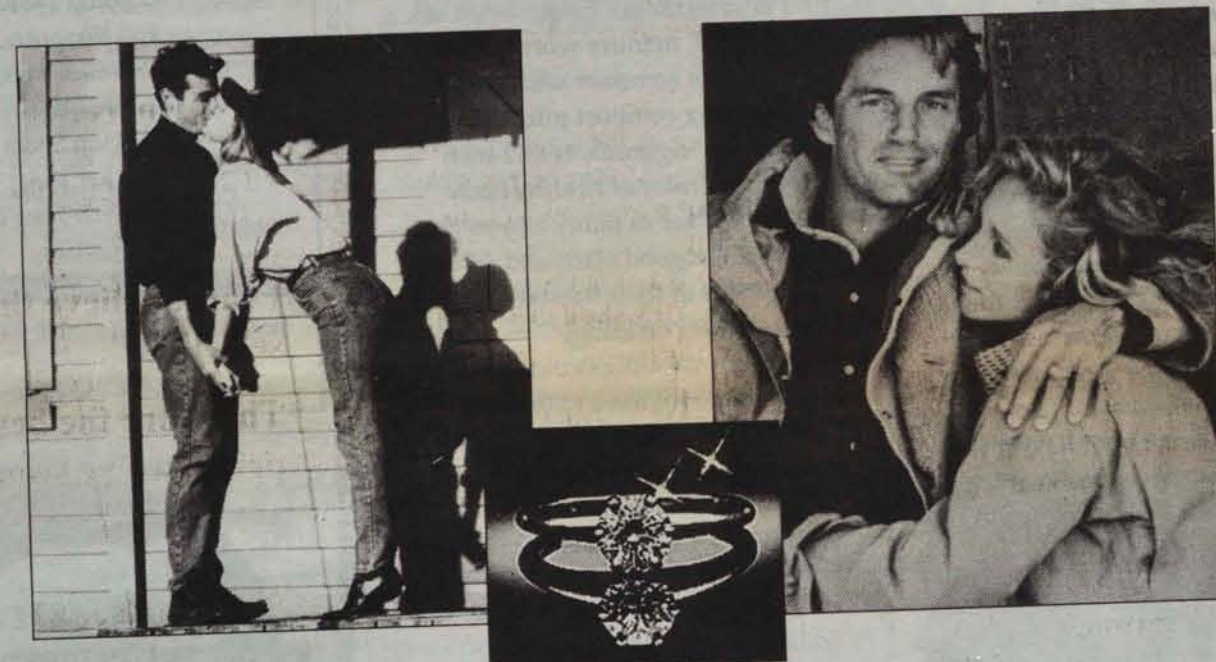
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Worms eat my garbage!

continued from page 9

Bed your new arrivals down immediately and feed them lightly until you can gauge their appetite.

Let me guess what you're thinking: "What on earth do you do with worm... uh... poop?" Well, this is no ordinary compost. Organic gardeners would kill for worm castings, which actually include food scraps that decomposed on their own and worm bodies. The mixture feels, smells and looks like earth. Compared with outdoor compost, castings are amazingly compact and concentrated.

If you have a garden, spread the castings beneath your plants and gently trowel them into the surface. If you have houseplants, do the same. Each watering will send a meal down to the roots. If you have neither, you lead a barren life and you'll have to package your castings in plastic bags, wrap them in pretty paper and give them to friends at Christmas.

To harvest your castings, wait for a point when most of the bedding has disappeared. (From move-in day to harvest day might be about four months.) Then you can either set aside the layers that are worm-studded and dump out the rest, or try the slower bribery method: Push the contents of the bin to one end, fill the other with fresh, damp bedding and food, and wait for the hungry hoards to migrate.

If you want to dump the whole thing into an outdoor compost pile in the spring, you can round worms up in the fall and start again. Even if disaster slays most of your worms, a few survivors can repopulate the bin. If you become a vermicomvert, compelled to install worms in the cupboards of all your friends, you can split your colony.

Like a well-managed forest or a good sourdough starter, worms are self-perpetuating.

Hannah Holmes lives with her worms on the Portland peninsula.

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Free-range worms

If worms in the cupboard aren't your cup of tea, there are outdoor composting methods that require varying degrees of maintenance and commitment. Hard-core composters practice the Indore, or "hot composting," method, in which carbon-rich and nitrogen-rich materials are mixed in precise combination. This invites aerobic (air-loving) microorganisms to move in, pig out, breed like crazy and generate lots of heat. In one to two weeks, with some stirring, hot composting can make a mountain of grass clippings and food waste into dark, rich soil. But that's a science. More common is the "Indolent" method of composting: Dump whatever's around into your compost heap, go to happy hour and hope for the best. The following outdoor methods vary in their degree of effectiveness and ease of use:

Bastard trenching: The Cro-Magnon method. If your yard is already unsightly, a few holes won't matter. Make them deep enough that when you cover the week's scraps they'll be under 12 to 18 inches of dirt to discourage vermin. I employed this method beneath the bushes in my Brooklyn, N.Y., yard. It being an Italian neighborhood with an unusual number of Jaguars and assassinations, digging holes in the yard was completely within the realm of normal behavior. It wasn't until folks realized that I was burying vegetable matter that they became alarmed.

Fence tube: Just make a tube from a section of chicken wire or similar fencing, 2 or 3 feet in radius, and stand it up. Throw in your grass clippings, leaves, food scraps and what-have-you. Go to happy hour. Someday, lift the cylinder off and set it next to the pile. Shovel, fork or glove the mess back into the wire, mixing it up as you go. This method is vulnerable to rats and canines. My dog used to knock the whole thing over, then dance

around the yard with semioxious banana peels swinging from his face.

Wooden box:

The quintessential '60s compost bin was a wooden box about a yard square, with space between the planks to let air in. While this was intended for the Indore method, a wooden box will also accommodate the lazy approach. If the space between the slats is large, rats may squeeze into your bin. If the gaps are slim, they'll chew holes in it, which takes

much longer. If you can score some old shipping pallets, the price (free) will probably offset the inconvenience of running a rat diner. (Don't let all this talk about rats put you off. You may get raccoons instead.)

Tumbling barrel: Generally, tumbling barrels are too small to heat up, and they don't get enough air. The result? Sticky, incredibly pungent balls of muck that exit the bin with a frightening sound. These formations are virtually impermeable with a shovel. I'm using a tumbling barrel now, and I hate it. It is, however, completely rat- and dog-proof.

Green Cone®: This weird-looking unit was designed specifically for Indolent composters who crave no commitment beyond dumping their scraps and walking away. The bottom half is a plastic basket planted in a hole in your lawn. Through a door in the top half, you deposit your dejectamenta, along with a dusting of "activator." When the bottom basket is full, you pop off the top half, shovel out the bottom and start over. It looks a little odd but is much neater than most alternatives.

Call Evelyn Clark at Hannaford Brothers, 885-3213. She'll ship one to your local Shop 'n Save for \$35.

Soil Saver®: A pre-fab compost bin that's rat-proof and neat, the partly recycled-plastic Soil Saver is a perennial favorite. "It looks like you can't smell it," says a friend, whose former fence tube caused her some neighbor-angst. Dump stuff in the top, lift a door at the bottom to scoop out finished compost — no turning or fussing. Skip the "activator" powder and trust Mother Nature to deploy her own bugs (a shovelful of dirt will help). The bin has two drawbacks: Dogs can bump the lid off; and the price — about \$100. Try Skillin's Greenhouses in Falmouth.

H.H.



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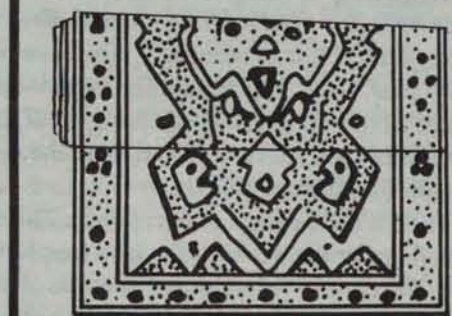
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Welfare for welders is better than arms exports

If you want to know why it's so tough to get arms manufacturers to start making plowshares, you only have to look at a battle in Maine over converting defense industries to non-military products — a battle being waged among the leading proponents of conversion.

When International Association of Machinists President George Kourpias came to Bath Iron Works' Portland shipyard earlier this month, he took Rep. Tom Andrews to task for his stand on defense conversion, and called on him to support federal funding for exports of U.S.-made armaments.

It's hard to fault the unions for fighting for their jobs. They've been put in a position where they've been forced to support a shortsighted program because there's insufficient political support for industrial policies that would ensure a more prosperous future for defense workers.

A little background on the defense conversion issue: BIW wants to make frigates and sell them to Turkey. To gain a competitive edge over shipbuilders from other countries, BIW want to offer better terms of sales — by having American taxpayers underwrite loans to Turkey to pay for the ships. And they want to dip into the pool of funds earmarked for conversion efforts to make the deal possible. (See "What peace dividend?" CBW 6.24.93.)

BIW Chief Executive Officer Buzz Fitzgerald said the company needs deals like this to tide it over until it can make the transition to civilian manufacturing. Union officials like Kourpias back him on this.

Andrews balked at raiding the conversion money to pay for arms exports, arguing that the United States must end its addiction to arms manufacturing. He said that underwriting arms exports is an appropriate place to draw the line. Without doing so, he says, the defense industry will transition forever.

Kourpias and local union leader Jim Mackie have hammered Andrews on his stand. "My position is jobs," Kourpias said during his visit to BIW. "We've got to continue building ships, and I hope the message gets across to Congressman Andrews. We don't have the luxury [of opposing arms exports]. We're going to have to do things that we don't want to do."

Mackie also bristled at the suggestion that the Turkish deal is wrong-headed. "I hope the arms control activists have high-paying jobs because they'll need to support a lot of unemployed shipbuilders," he said.

The protection of jobs has always been the stumbling block for real conversion efforts. Any congressional leader who prescribes tough conversion medicine faces a firestorm of flak from workers held hostage by weapons makers. Help us sell more arms, goes their ultimatum, or face angry unemployed workers.

But it doesn't have to be that way.

Bill Hartung, an arms analyst for the World Policy Institute, said he understands the union's immediate concerns. "But in the long run," Hartung reasoned, "exports are a dead end and a detriment to workers."

"If we respond only to the short-term issues in each region, we're never going to get the kind of monies needed to finance legitimate conversion programs," he said.

Instead of blasting Andrews, unions ought to be pushing other members of Congress to recognize the need for conversion funds, Hartung said. "We need more members of Congress willing to take those kind of risks, to generate concrete alternatives for the defense industry. But a lot of members are not willing. And they've helped put us in the bind we're in."

Others are now using the arms export dispute to put Andrews in a bind. State GOP party Chairman Kevin Keogh — a radio station manager who hasn't said anything to promote conversion efforts — recently fired up his fax to blast Andrews for not supporting the Turkey deal to "keep jobs in Maine."

More thoughtful Republicans have compared BIW's dependency on defense work to a heroin addiction. And they say the Turkey deal is a gentle way to break BIW's addiction, rather than forcing it to shake the habit cold turkey.

But that analogy is birdbrained. Exporting arms is not like methadone treatment. Rather, it continues BIW's addiction but asks the company to get its fix from an overseas dealer instead of a domestic one.

The real solution rests in recognizing that the government ought to do more to help BIW's highly skilled workforce make the transition to non-military products. Yes, it will cost money. But so will unemployment and health care bills for jobless workers.

The first step is for Congress to demand that other shipbuilding countries, like Japan, Korea and Germany, eliminate the subsidies they provide to their commercial shipbuilding industries. This measure would allow U.S. shipbuilders like BIW to compete on a level playing field and get back into the lucrative commercial shipbuilding market.

The next step requires Uncle Sam to develop a new industrial policy to replace our old one — which was the Cold War — and to give companies like BIW immediate aid in developing new products.

Right now, the Clinton administration plans to plow back 40 cents of every dollar cut from the defense budget into conversion efforts. Instead, we should spend all the defense savings to help companies like BIW make the transition to non-military products.

Call it welfare for welders, as some have, but shipbuilding is an industry worth preserving. The money could go toward research and development of new products and new markets, and into retraining workers. It could also go toward subsidies that enable BIW to build trains, bridges and cruise ships (until foreign shipbuilding subsidies are eliminated).

CBW again applauds Andrews for his stand on defense conversion and hopes that all unions, legislators and citizens of Maine will take a hard look at what the future holds. Working to develop lasting alternatives to the continued exports of arms is in the best interest of all. (BY)

Fur: a sadist symbol

Your profile of the "environmentalist at heart" from Dino's Furs last week (Talk 11.11.93) will be good for a few laughs in a couple of years when the remaining hold-out furriers have gone under due to lack of sales. Face it Jane, anyone who wants a fur coat can pick one up for a few bucks at the Salvation Army these days. People are NOT buying furs, and those who have them

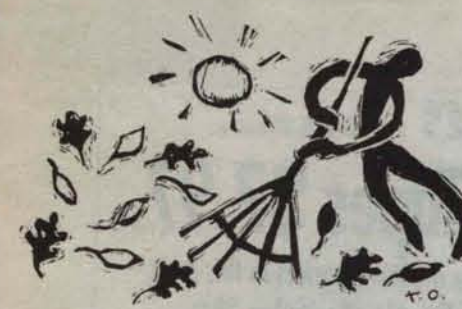
are ashamed to wear them.

The reasons are simple. Fur has become the ultimate sadist's symbol. Wearing a fur is NOT about freedom of choice, it's about other species being slaughtered through excruciating methods condemned by the Humane Society of the United States. It's about cats and dogs, as well as "target" animals suffering for days in steel jaw leg-hold traps, which are banned in more than 70 other countries because they are so inhumane but which are still used by furriers here. It's about animals spending their entire lives trapped in "ranches" that measure only inches in diameter while they await the anal electrocution that will kill them without marring their precious fur. And it's about the whale meat that is fed to animals on some of those "ranches." (Perhaps that fox from Norway?)

I don't know about you Jane, but the rest of us environmentalists have a slight problem with those little details.

You want to get a feel for fur? Slam your fingers in your car door. As for us, we're warm-hearted and we won't wear fur!

Amy Brown and Robert LeVangie
Portland



If Hillary jumped off a bridge...

I'm sure you have an abundance of rhetoric pouring into your office following your "talk" with the grande dame of fur, Jane Sperlazzi (11.11.93). I will attempt to be brief.

1. Ms. Sperlazzi says fur is an "enduring and sensible fabric." Is this why one must go to a fur store for cleaning and a deep freeze, and we all seem to have great grandma's ratty old stole, hardly enduring except for those beady eyes? Gee, I've been tossing my Baxter State parka in the washer for years.

2. Wow, Hillary wore a mink to inauguration night. Aretha was wrapped (just barely, I'll bet) in sable. So? If Hillary jumped off a bridge...

3. If I worked for Dino International Furs I'd "believe in my heart" that the fur industry is pro-environmental too, at least until the job market looks up.

Mary Karen
Poland Springs

Censorship in the air

William Kennedy's letter (Letters 11.11.93) criticizing the use of the British Broadcasting Company (BBC) by National Public Radio (NPR) at first glance appears to be a highly ethical argument in favor of free press. I have concluded, however, that Mr. Kennedy's letter was not such a "moral" argument after all.

The BBC has a well-deserved international reputation as being the best news service in the world. It has held and maintained its superior reputation since the 1930s, and its World Service has an audience of over two billion. It is presently being jammed by Iraq, North Korea and Libya.

I have found BBC programs to be balanced, accurate and erudite, and NPR's use of the BBC, along with its production of "A Prairie Home Companion," is the reason I annually contribute to NPR. Simply put, the BBC provides the highest quality of international journalism available, and to charge it as being the product of British government censorship and M15 editing is, at best, a misstatement.

However, upon receiving my latest edition of "The Irish Echo," I found that the editorial calls upon all IRA supporters to "cleanse the airwaves of British propaganda" and "bring the war to the British pocketbook by boycotting the BBC."

If this is Mr. Kennedy's intention, it is a hypocritical one. In my opinion the terrorists in Northern Ireland do not deserve any publicity. Terrorism is a form of warfare geared toward the TV cameras. The power of small, hate-filled groups is magnified grotesquely by media coverage and prompts further atrocities.

If the IRA is banned from the airwaves then this is the only sensible response to a group that glorifies violence to the point where blowing up a school bus or fish-and-chip shop is declared a victory.

Jeff McCulloch
Lewiston



Keeping secrets

Although Britain is subject to its official secrets act as Mr. Kennedy (11.11.93) so cleverly pointed out, it is generally considered to be the right of individual countries to govern themselves as they see fit.

Britain is not the United States, and why would you believe they should govern themselves according to the rules that we perceive to be "correct"?

Intelligent human beings are capable of sifting through the information and various angles of the broadcasts they hear, whether or not bits are edited out.

Since Utopia does not exist, it is unlikely that any public anywhere will ever have complete access of information to political events.

Please realize that it's possible the rest of us might want to hear additional points of view on world news since the

United States can tend to be somewhat insular regarding what it considers to be newsworthy.

What you have suggested Maine Public Radio do sounds remarkably similar to what you have just complained the BBC does.

After all, contributions should not imply coercion.

Gale m Ross
Gale Ross
So. Freeport

Gay leaders were thinking straight

As the ACT UP/Portland person on the steering committee of Equal Protection Lewiston, I must correct Al Diamon's wildly incorrect assessment that "extremists" sabotaged the campaign while Al Caron heroically struggled to clean up the mess (11.4.93). I do disagree with many features of Caron's plan. There is much evidence from referenda-campaign veterans, evidence largely suppressed in Maine, that trying to divert attention from "gay issues" works against us more than for us.

And campaigns that work to keep gays and lesbians in the closet trash our dignity, and to what end? An ordinance won with literature that goes out of its way not to "approve homosexuality" works against any possibility of putting the ordinance to use: Just as anti-rape laws don't work if juries still think women who say "no" really mean "yes," anti-discrimination laws don't work if juries think we are child molesters. I did, then, argue against many of Caron's strategies.

But, being in the minority, I agreed to go along with his plan months ago, and worked to implement it, as did many ACT UP people. You'd think from Diamon's column that we ran around spray-painting buildings. In fact, we showed up every weekend in October (while "moderate" pro-Caron luminaries were noticeably absent) to stuff EPL's envelopes and pass out EPL literature.

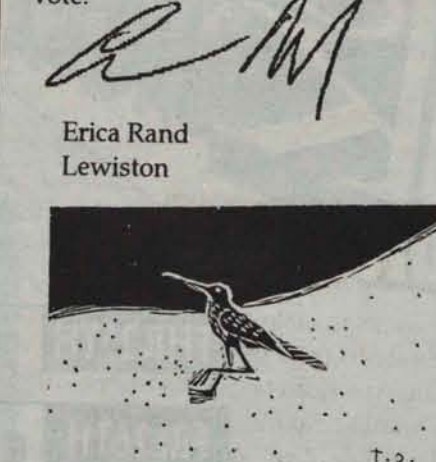
We did depart from campaign strategy when we decided, with other so-called extremists, to canvass the poor precincts EPL had written off under the gross misperception that "those people" never vote in local elections, and to use a flyer that addressed "gay rights" more explicitly than EPL's literature did. Guess what? The precinct in which "vote no" did best, aside from the precinct with Bates College, which was won before we began, was one of the precincts we canvassed. Get your facts.

Finally, while Diamon thinks that pre-planning was insufficient because gay leaders weren't thinking "straight," the real problem was that straights weren't thinking "queer." At the first open meeting in December about the proposed ordinance, I argued (along with Diamon's hero Dale McCormick and others) that Mayor Howaniec and Chief Gilbert needed to consult more gays and lesbians before proceeding.

We argued this not just on the principle that lesbians and gays should be setting the timetable for our own civil rights struggle, but because we knew about things that well-meaning straight people simply cannot: the risks involved, the resources available given other projects already underway, the likelihood of winning in referendum (which they needed to hear about from

lots of people who actually live queer lives in Lewiston).

They didn't listen. How little they knew about gay-rights struggles is indicated by how shocked they were to get hate mail when the ordinance passed; how little their confidence was well-informed is indicated, alas, by the vote.



Getting steamed up

As a Munjoy Hill resident who looks forward to the operation of a steam railroad around the Prom, I'm curious to know if those who oppose the "noisy, smoke-belching, narrow-gauge train" (Letters 11.11.93) avoid driving Baxter Boulevard with their noisy, exhaust-spewing automobiles for the sake of those using the very popular "people's path" around Back Cove?

Portland is a city where the artifacts of the past contribute greatly to the quality of life of the present, providing constant contact with evidence that we're all part of the process of human history. "History" is a very important word in our city. The role of coal-fired, 19th-century technology steam engines in Portland's history was immense.

Victorian Portland rose from the ashes of the 1866 fire on the power of steam trains connecting the waterfront to inland agriculture and manufacturing, reaching the Midwestern grain fields of Canada. When post-World War II government policy abandoned the railroads in favor of highways, Portland faded with the trains. Eventually the city was resurrected by a new appreciation of the livability, human scale and beauty of its steam-era architecture and environment, rare survivors in a nation rapidly being covered and encased by concrete, steel and plastic. "Quality of life" became the reason to live here.

A railroad museum and operating steam train on the waterfront will play an invaluable educational role for residents and visitors in understanding why Portland is the city it is today. The opportunity to bring back a significant aspect of the city's 19th-century history should be as welcomed as the purchase of technologically advanced buses by METRO.

Both will contribute to the quality of life. One by reducing the noise and exhaust on the streets through advanced 20th-century technology, the other by providing a comforting link to an era when "advanced technology" was understandable and the world was, to our eyes, a safer and saner place.

Scott T. Hanson
Portland

Casco Bay Weekly welcomes your letters. Please limit your thoughts to 300 words, include a daytime phone number and address to: Letters, Casco Bay Weekly, 551A Congress St., Portland, ME 04101

A few parting shots at NAFTA

By Eric T. Olson

I'm insulted, Al Gore. I'm insulted because you insinuated during your CNN debate with Ross Perot that my principled opposition to the North American Free Trade Agreement (NAFTA) was bought and paid for, perhaps by Ross Perot. You are wrong, Mr. Vice President. And you have demonstrated why I no longer support the government of my party.

I lived in Maine for 13 years. During that time I was a student, a teacher and an editor for an educational publishing company. An important part of my life in

Maine was Maine politics. I participated as a critic of U.S. nuclear armaments policy and as a member of the Maine Democratic Party's progressive wing.

Although I recently moved to the Chicago area, I will always cherish my participation in Maine politics. Maine's grassroots Democrats represent the best that our nation's political parties offer.

In 1992, the grassroots Democrats swept the elections in Portland. Clinton beat Bush, Andrews beat Bean and "No" beat "Yes." But 12 months later, Washington under Clinton is a wretched amalgam of deception, fabrication and trickery — and all in the service of anti-worker Republican policies.

There's no shortage of deceptions. The despicable and illegal cruise missile attack on Iraq last summer was one. The cave-in to insurance interests on health reform was another. The inadequate plan to balance the levels of public expenditure and the taxation of the wealthy was yet another.

But the greatest fraud of all was NAFTA.

Pure and simple, NAFTA is a plan to enable the forces of capital to reduce and control the cost of doing business, while freeing these forces to cross national borders without restraint. In the process, people who work for a living will continue to struggle to find jobs paying a living wage with decent benefits.

NAFTA's passage was engineered like this: First, George Bush, then Clinton, teamed up with their big corporate backers, who hired lawyers to write a labyrinth of new trade rules, creating a sweeping pre-capital revision of all business regulation on the continent.

The new rules will reduce tariffs, as NAFTA's backers constantly drone. But they will also create the machinery to help corporations prevent the enactment or enforcement of regulations that might be construed as non-tariff trade barriers. These latter provisions, perhaps the most valuable for the forces of capital in the entire agreement, were rarely discussed in public.

Meanwhile, the vaunted side agreement to protect labor does nothing to safeguard fundamental worker rights in any of the three countries. NAFTA gives the Salinas administration in Mexico carte blanche to pursue its own low-wage strategy. The result will not be so much a "giant sucking sound" as a general depression of wages and benefits throughout the continent.

Pitting worker against worker and forcing labor standards to the lowest common denominator, NAFTA codifies working conditions in Mexico. Ask Congresswoman Marcy Kaptur (D-Ohio), who toured factories

where children barely older than 10 operate machines for over 10 hours per day and for only a few dollars per week.

My Democratic hero, Rep. Tom Andrews, finally decided to vote against NAFTA. Tom: Above all other campaigns, I worked for yours the hardest. Your waffling on NAFTA hurt. I wanted to see you beside Reps. David Bonior, Richard Gephardt and Kaptur in denouncing the bill. Instead, you held out before finally coming down on the side of the worker. That was bitter medicine for me.

Nor can I pass up this opportunity to fire a blast in the direction of Sen. George Mitchell. I would have seriously considered not voting for him in 1994 had I remained in Maine. In fact, I would have considered running against him in the primary. (There's a chance to be trampled into a footnote of Maine history I will miss.) The senator's support for NAFTA is only a small part of my problem with him. He lost me for good during the period early in the Bush administration when he helped sweep under the rug the criminal looting of the savings and loans.

So I leave Maine with great respect and admiration for the local political scene — yet with deep disappointment in our national leaders. Without progressive Democratic leadership, I'm afraid we'll have to endure another prolonged right-wing backlash as we did during the Reagan-Bush era. Clinton is busily paving the way.

Eric Olson was the former chair of the Portland Democratic Committee.

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art & soul

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Retrospective perspectives

The paintings of Theophil Groell
capture the drama of the human
condition



"Victoria" (oil, 24" x 19," 1978)

■ By Margot Brown McWilliams

Frost Gully Gallery is having its first one-person exhibition in a decade. Tom Crotty, owner of the gallery, is viewed by some in the art world — well, maybe even by more than a few — as a cantankerous, obstinately independent thinker who doesn't run his gallery the way most others are operated. Most galleries, for instance, have regular one-person shows.

Crotty's reasoning is persuasive. "It's virtually impossible for most artists to produce a body of work in a two- to three-year period that is consistently up to the standards that that artist is capable of," he said, "and at the same time provide the quantity of work required for the average one-person show. When you have artists painting frantically because they've got a show coming up, then you have a situation that's putting a strain on everybody. You have the tail wagging the dog."

continued on page 17

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Art & Soul continued from page 15

Retrospective perspectives



"Locusts — End of Summer" (oil, 30" x 36").

"One-person shows are best as retrospectives, where you can get a nice range of work. Look at Gauguin," Crotty said. "He hid out on Tahiti for years until he felt he had a body of work that he wanted to show back home. It took him a tremendously long time to produce it." Crotty would rather show the best works of artists as they are created, keeping the artists continually before the public eye.

This exhibition of the work of Theophil Groell is a retrospective in the sense that it presents work the artist has done over a span of 20 years. Groell is an unusually accomplished artist who is capable of depicting a broad range of subjects — landscapes, figures and still lifes — in an equally broad range of media. Using oil, watercolor, gouache, charcoal and silver-point, Groell produces works of outstandingly high quality. In this sense he is the peer of such accomplished painters as Andrew Wyeth, Lennart Anderson, Cezanne and van Gogh.

The landscapes depict Maine and Greece. Groell spends about six months a year in each place. In Maine he lives on Deer Isle, and in Greece on Hydra.

The range of Groell's painting technique is as broad as his range of subject matters and media. In his landscapes, for example, the paint is applied directly, with little mottling, blending or manipulation. He keeps the elements simple and direct, not seeking reality — the continuous melding of transient tones that make up, say, real leaves. Viewed close up, the paintings don't read, they seem merely stylized. But from a distance they're convincing and portray a heightened sense of reality.

His landscapes are filled with such passion that they become anthropomorphized. Each tree takes on a personality and seems to be at the center of some drama. In "Rhea Summons Demeter," for example, four trees are engaged in a soaring ballet. While three of the trees, looking as though they are *en pointe*, lift their branches skyward — in what appears to be a gesture of supplication — the tree on the far right arches horizontally in an urgent, reaching gesture, branches thrust out, also reaching, as the goddess summons her grieving daughter. The fabric of the

bark swirls around their trunk/torsos, and the leaves sway like so many veils held aloft.

And in "Locusts — End of Summer," the close-up view of the lower trunk of a stately tree reveals the tree to actually be a patrician landowner walking around his estate. Or perhaps a pilgrim. The grand trunk inclines forward and out of the painting, as though striding purposefully through the woods.

Groell, whose work has been included in numerous national realism shows, uses a technique that adapts to his figures and still lifes, in which he mottles, blends and manipulates his paints in such a way that he creates the illusion of reality.

Groell paints confidently and dynamically, and there's more realism than simply his technique in his figure paintings. His idealized subjects have a physical and emotional reality that's palpable. These are real human beings — raw, weary, pensive, despondent, ungainly or merely relaxed — both physically and mentally. They're raw-boned and big-knuckled, and they emanate the often unglamorous drama of the human condition.

His figure paintings are compositionally breathtaking. The juxtaposition of colors, shapes and tones creates symphonic images that force one to stop and listen. The flow of lines that exists between the contours of the human body and those of the buttoned Victorian chair in "Victoria," for example, creates a lyrical duet.

And in "Impending Storm" (in which a woman sleeps peacefully on what appears to be a bed of taffeta, as storm clouds gather above her), the three parts of the painting — the fabric, the woman's body and the sky — all stand on their own as three distinctly different segments of texture, tone and energy. But in combination, their harmonics soar.

Compared with the labored, poorly conceived and sentimentalized studies of the interminably dour Helga, these studies are rich, dramatic and inspired.

It's been well-worth waiting 20 years to see this body of work. **CW**

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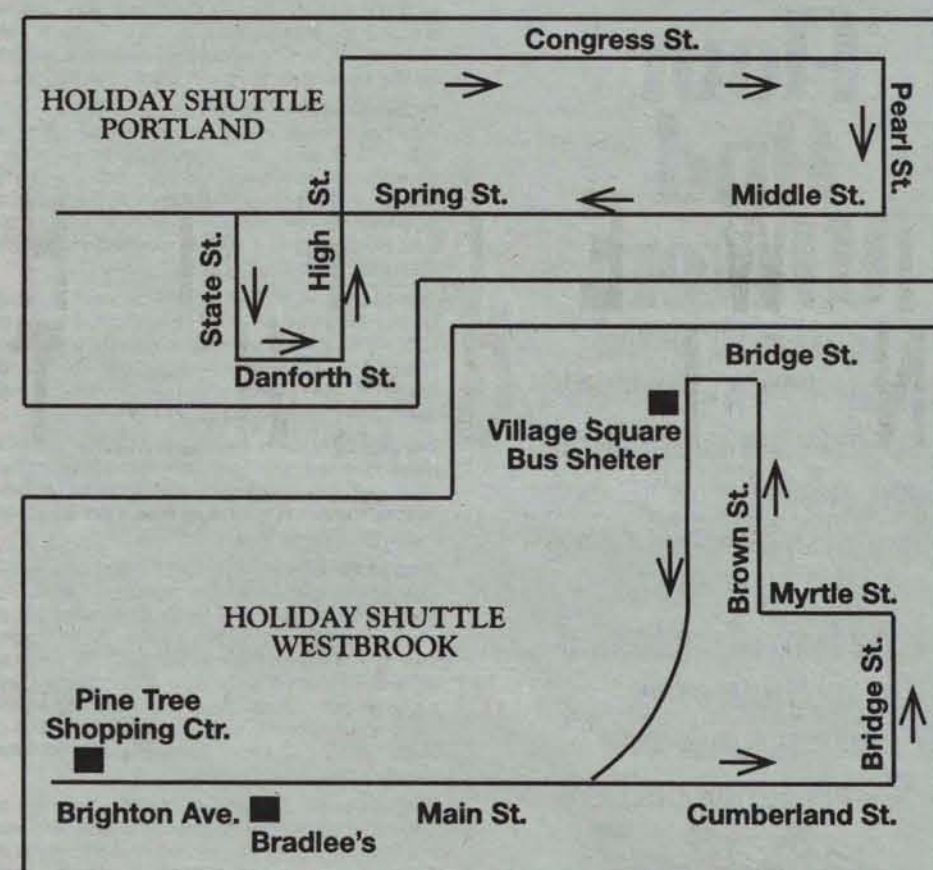
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Silver screen

Addams Family Values The last time we saw "The Addams Family," Morticia Addams was knitting something very, very small. The sequel begins with her giving birth to Pubert, a darling albeit hirsute baby boy whose ceaseless crying is disturbing the already disturbed family. But who will take care of the fuzzy new addition to the strange brood? Enter blond and sugary sweet Debbie (Joan Cusack), a nanny with a fondness for rich men and a string of rich, dead husbands behind her. Also stars Raul Julia and Christopher Lloyd. Barry Sonnenfeld reprises as director.



Carlito's Way Ten years after "Scarface," Brian De Palma and Al Pacino reunite for another mobster movie. This time Pacino stars as Carlito Brigante, a bigshot gangster who tries to go straight after five years in the slammer. Sean Penn came out of self-imposed acting retirement to play the mobster's lawyer.

Cool Runnings Based loosely on the real-life story of the Jamaican bobsled team that participated in the 1988 Winter Olympic Games in Calgary, this comedy stars John Candy as a coach who steers his ragtag team — a reggae singer, a helicopter pilot and a sprinter — to the big show. Directed by Jon Turteltaub ("3 Ninjas"), the film also stars rapper Doug E. Doug. The team's bobsled ended up flipping over and crashing; one can only guess what will happen to the movie.

Dennis the Menace A two-headed hellion (Mason Gamble) drives his parents and his 70-something neighbor (Walter Matthau) up a wall. But when a truly menacing character comes to town to rob houses, Kevin, I mean, Dennis saves the day. Also stars Christopher Lloyd and Joan Plowright. Directed by John Hughes ("Home Alone" and "Home Alone 2"), it's like déjà vu all over again.

The Firm Tom Cruise stars as Mitch McDeere, a Harvard Law School grad who joins a small but cash-rich law firm in Memphis. Within weeks of accepting the position, he's approached by an FBI agent who tells him the firm is laundering money for the Mob and his own life may be in danger. Mitch realizes he's trapped: The FBI will bust him if he doesn't cooperate, and the firm will kill him if he does. Also stars Gene Hackman.

Free Willy A troubled boy named Jesse bonds with a troubled killer whale named Willy at a local aquatic park. When Jesse learns the park's owner has grim plans for the whale, he decides to return him to the sea. Stars Jason James Richter, Lori Petty and Kelko the whale. Supposedly a tear jerker, it will make you blubber.

Gettysburg This 4 1/2 hour Civil War epic recounts the pivotal Civil War battle in which over 50,000 Americans were killed, the highest U.S. casualty total for a single battle. The movie was originally planned as a miniseries for Ted Turner's cable channel TNT, but Turner decided the story was too big for the small screen. Four hours of bad beads.

In the Line of Fire Frank Horrigan (Clint Eastwood), a maverick (though aging) Secret Service agent is a man with a past: He's convinced he let John F. Kennedy die in Dealey Plaza by not moving fast enough. When a psychotic (John Malkovich) decides he wants the current president's head on his trophy wall, Horrigan gets a shot at redemption. Wolfgang Peterson ("Das Boot") directs.

Josh and S.A.M. A 12-year-old convinces his younger brother Sam that he is a "strategically altered mutant" (S.A.M.), destined for a military experiment. Then the two hit the road — away from their unhappy family life — in search of the people who can make Sam normal (and hopefully less glibble).

The Joy Luck Club Based on Amy Tan's popular novel, this epic tearjerker tells of the often difficult relationships between four immigrant Chinese women and their American-born daughters. Stars Kieu Chinh, Tsai Chin, Franco Nuyens and Lisa Lu.

Jurassic Park Entrepreneur John Hammond (Richard Attenborough) finances the creation of genetically engineered dinosaurs in hopes of opening the ultimate amusement park. Who wouldn't want to spend the day with a bunch of huge reptiles? The thrills and chills become a bit much when *Tyrannosaurus rex* et al. break out of their carefully constructed environment and run amok, as dinosaurs are wont to do. Stars Sam Neill, Laura Dern and Jeff Goldblum. Directed by Steven Spielberg.

King of the Hill Steven Soderbergh ("sex, lies and videotape") directs an adaptation of A.E. Hotchner's autobiography, focusing on Hotchner's boyhood during the Great Depression. When his family virtually disappears — his mother is sent to a sanatorium, his younger brother goes to live with an uncle and his father leaves to sell watches in Iowa — 12-year-old Aaron (Jesse Bradford) is left without money for food or rent. He is forced to fend for himself among the strange denizens of a fleabag St. Louis hotel. Also stars Lisa Eichorn, Spaulding Gray, Elizabeth McGovern and Karen Allen.

Look Who's Talking Now James (John Travolta) is now a successful private pilot; Mollie (Kirstie Alley) is now a Santa's helper at a department store. Other aspects of life have also changed for James and Mollie. Their kids have grown (so don't expect Bruce Willis or Roseanne Arnold to lend their vocal talents to the baby characters), and now it's the canines that are conversing (with the voices of Danny DeVito and Diane Keaton).

Man's Best Friend The saga of Max, a genetically engineered killing machine disguised as a household pet dog. Stars Ally Sheedy.

My Life Michael Keaton plays a Beverly Hills PR man who discovers he's dying of cancer and sets out to make an autobiographical video for his unborn child. Also stars Nicole Kidman.

Mrs. Doubtfire Robin Williams stars as an out-of-work voice-over artist who loses custody of his children during a divorce. Hoping to ingratiate himself back into the family, he disguises himself as a kindly 65-year-old English housekeeper. Sally Field plays his estranged wife. Directed by Chris Columbus ("Home Alone" and "Home Alone 2").

Muscle of Chance Driving on a remote country road, a drifter, with his dwindling inheritance stashed in his BMW's glove compartment, picks up a bruised and battered man. The victim, a small-time gambler, convinces the Samaritan to stake him in a poker game with a couple of eccentric millionaires who seem to be easy marks. Soon the two men have lost their bankroll and their liberty and are obliged to pay their debt by hauling 60-pound stones in a toy red wagon and building a wall from the rubble of a 15th-century castle. Stars Mandy Patinkin, James Spader, Joel Grey and Charles Durning. Based on a novel by Paul Auster.

Nightmare Before Christmas Tim Burton's twisted animated fantasy about Jack the Pumpkin King, a manic-depressive skeleton who wreaks havoc when he kidnaps Santa and tries to take over Christmas. The stars are all puppets filmed in stop-motion: a la Gumby and King Kong. Not your typical holiday fare. According to Burton, "If we can disturb just one child, it will have been worth it." Music and lyrics by Danny Elfman.

The Nutcracker That old holiday chestnut comes to the big screen with Renaissance brat Macaulay Culkin as the Nutcracker Prince (after all, he did have two years of dance classes, and besides, he really, really wanted to do it). He joins members of the New York City Ballet in the Balanchine version of the classic. Directed by Emile Ardolino ("Dirty Dancing").

A Perfect World A perfect world for Warner Bros. that is, getting both Clint and Kevin in the same film. Clint Eastwood directs and stars as a Southern lawman hot on the trail of an escaped convict (Kevin Costner) who's taken an 8-year-old Jehovah's Witness hostage.

The Piano A mute unmarried Scotswoman (Holly Hunter) travels deep into the New Zealand bush for an arranged marriage, bringing with her a young daughter and a piano. After her new husband (Sam Neill) refuses to transport the piano to her new home, she falls for another man — an illiterate tattooed settler (Harvey Keitel) who purchases the piano. The film, which was written and directed by Jane Campion ("Sweetie" and "An Angel at My Table") won the Palme d'Or at Cannes.

The Remains of the Day A devoted butler (Anthony Hopkins) reflects on his 30 years of service to an English lord — service that required him to subjugate all his own desires, including his love for the head housekeeper (Emma Thompson). Another Merchant-Ivory ("Howards End," "Room with a View") production, the one based on Kazuo Ishiguro's Booker Prize-winning novel.

Reservoir Dogs A seasoned L.A. jewel thief recruits a team of crooks and killers to pull off a jewelry heist at a local store. All are assigned false, color-themed names so that no one will know anything about any of the others. When it becomes apparent that the cops have been tipped off, the surviving hoods go to gruesome lengths to find the traitor, led by hot-headed "Mr. White" (Harvey Keitel). The bloody aftermath is supposedly a send up of the climax of Sergio Leone's "The Good, the Bad and the Ugly." Directed by Quentin Tarantino.

The Secret Garden A widower's son calls a national radio shrink and describes how badly his father (Tom Hanks) needs a new wife. Annie Reed (Meg Ryan), an already affianced reporter, is touched by his story and begins a campaign to track the man down.

Stepping Razor A chronicle of the life of folk hero, radical activist and reggae star Peter Tosh. Narration is provided by Tosh's own voice from the "Red X" tapes he recorded from 1983 until his murder in 1987, tapes that he had planned to use as the basis for an autobiography.

The Three Musketeers Another remake of Alexandre Dumas' tale of three musketeers (i.e., loyal servants to King Louis XIII who like to wear voluminous capes and hats with rakish feathers) and a musketeer wannabe. This latest Hollywood incarnation stars Charlie Sheen, Kiefer Sutherland, Chris O'Donnell and Tim Curry. Directed by Stephen Herek ("Bill and Ted's Excellent Adventure").

We're Back: A Dinosaur's Story Cuddly dinosaurs travel through time to present-day New York City. Features the vocal talents of John Goodman, John Malkovich, Jay Leno, Martin Short, Julia Child and Walter Cronkite. Directed by Steven Spielberg.

where?

Owing to scheduling changes after CBW goes to press, movie goers are advised to confirm times with theaters.

General Cinemas

Maine Mall
Maine Mall Road, S. Portland
774-1022

Dates effective Nov 24-Dec 2

The Remains of the Day (PG)

1:20, 4:10, 7, 9:45

The Three Musketeers (PG)

1, 3:15, 5:30, 7:45, 10

Addams Family Values (PG-13)

12:30, 2:45, 4:55, 7:10, 9:20

Man's Best Friend (R)

1:10, 3:20, 5:25, 7:30, 9:35

Mrs. Doubtfire (PG-13)

1:30, 4:15, 7, 9:35

The Nutcracker (G)

12:40, 2:50, 5, 7:10

Josh and Sam (PG-13)

12:45, 3, 5:15, 7:25, 9:40

Hoyts Clark's Pond

333 Clark's Rd., S. Portland
879-1511

Dates effective Nov 24-Dec 2

Dennis the Menace plays Sat only

No first show Thurs, Nov. 25

The Joy Luck Club (R)

1:10, 4:10, 6:40, 9:30

The Nightmare Before Christmas (PG)

2, 4, 6:30, 8:30

My Life (PG-13)

1:20, 4:10, 7:20, 9:55

Carlito's Way (R)

12:30, 3:30, 6:30, 9:20

Cool Runnings (PG)

2:10, 4:20, 7:30, 10

We're Back: A Dinosaur's Story (G)

1, 2:50, 4:30, 7, 8:50

A Perfect World (PG-13)

12:40, 3:40, 6:50, 9:40

The Piano (R)

12:50, 3:50, 7:10, 9:50

Dennis the Menace (PG)

12

The Movies

10 Exchange St., Portland
772-9600

Matinees Sat & Sun

King of the Hill (PG-13)

Nov 17-25

Mon-Fri (11/17-23) 5, 7:15, 9:15; Wed-

Thurs (11/24-25); Sat-Sun 1, 3, 5, 7:15,

9:15

Stepping Razor (NR)

Nov 24-30

Wed-Thurs 7:15, 9:15; Fri 5, 9; Sat-Sun

1, 5, 9; Mon-Tues 5, 7

Reservoir Dogs (R)

Nov. 26-30

Fri 7; Sat-Sun 3, 7; Mon-Tues 9

The Music of Chance (R)

Dec. 1-7

Wed-Fri 5, 7, 9; Sat-Sun 3, 7; Mon-Tue 7

Nickelodeon

Temple and Middle streets, Portland

772-9751

Dates effective Nov 24-Dec 2

*Second shows Thurs-Fri (Nov. 25-26)

and Sat-Sun only

No first show Thurs, Nov. 25

Free Willy (PG)

12:50, 3:50*

The Secret Garden (G)

12:30, 3:40*

The Firm (R)

12:20, 3:20*, 6:30, 9:30

Sleepless in Seattle (PG)

7:15, 9:50

In the Line of Fire (R)

6:40, 9:20

Jurassic Park (PG-13)

12:40, 3:30*, 6:50, 9:40

Look Who's Talking Now (PG-13)

1:10, 4:15*, 7:10, 9:10

Gettysburg (NR)

1, 7

Art & Soul continued on page 22

All the right moves

Checking out the world of chess in "Bobby Fischer."



Ya, the kid's cute, but don't hold it against the movie.

■ By Ron Zuba

Normally, I'm not one to question a couple's family-planning practices. To me, that's their business. But every now and then I do wonder why some people even bother getting into the baby business at all.

Take the case of Frank and Kathie Lee Gifford. Now I'm sure they're both warm and loving parents who care deeply for their offspring, just as I'm sure they'll both file a

court injunction someday to keep "Uncle Regis" at least 1,000 feet from their property. However, I'm troubled by this age thing. I mean, it's got to be embarrassing for Frank — the 63-year-old father of a newborn — to drag his wrinkled butt into a 7-Eleven and ask for diapers, only to have the store clerk return with a box of Depends.

Anyway, the subject of child-rearing is also the focus of the months-old family drama, "Searching for Bobby Fischer," which has finally made it to a Maine theater.

Now please, don't be misled by the title. This movie isn't about a group of people with flashlights walking up and down a darkened street hollering, "Bobby!" "Yo, Bobby Fischer!" Rather, it's the true story of a 7-year-old chess whiz named Josh Waitzkin (Max Pomeranc), who just may be America's next Great White Hope of the chess world.

Surprisingly, this is all news to Josh's parents, Fred and Bonnie (Joe Mantegna and Joan Allen). They don't realize their son even knows how to play chess until he struts his stuff one day at New York's Washington Square, where chess matches (and crack sales) are held continuously.

The Waitzkins are amazed at their son's gift, although Fred's a bit concerned about the boy becoming a dweeb. But Bonnie assures him that Josh could be involved in a helluva lot worse; he could, for instance, come home wearing an ACT UP T-shirt.

Next thing you know, Fred hires chess coach Bruce Pandolfini (Ben Kingsley), who likens Josh to a young Bobby Fischer — before the champ went off the deep end, that is, and started shooting out his television screen whenever singer Steve Lawrence came on. Oh wait, I'm

sorry, that's Elvis. And as far as I know, The King didn't play much chess (although he was once mated to a big-haired woman).

Pandolfini's first move is to prohibit Josh from playing at Washington Square anymore. Learning about chess on the streets makes the game seem, you know, sort of dirty, when it's really a very special and beautiful thing shared

between two people. Soon, Josh is traveling to tournaments across the country, winning match after match, while an overbearing Fred keeps pushing harder and harder. But if he doesn't lighten up, he'll be responsible for Josh's growing up to be one of those horribly maladjusted adults who thinks *The New Yorker* is entertaining.

So, herein lies the conflict: Is winning a game worth losing a child's soul? (Heavy, huh?) Now I know what you're thinking: Sit through a movie about chess? I'd rather let Newt Gingrich borrow my comb.

Of course, you are entitled to your own opinion (provided you're not a practicing Catholic). But if you skip this flick 'cause you think it's gonna be a bore, then you'd be missing out on a real gem. This movie actually makes chess exciting. And — to legitimize the critical portion of this review — the lighting's not bad either.

Much of the credit for the movie's success belongs to its young star. Now it should come as no surprise that I don't like kid actors or kid movies or kids anywhere in the vicinity of a movie theater. (In fact, the last time I admired a child's performance this much was back in 1974 when I watched the killer mutant baby deliver the goods in "It's Alive!") But I have to admit, I liked this Pomeranc kid a lot. The other cast members — Kingsley, Mantegna and Allen — are also fine, all screwing on just the right "game face" for their roles. Plus, there's a solid outing by Laurence Fishburne as Vinnie the fast-talking chess cowboy.

A good opening move by first-time director Steven Zaillian. I only wonder if Bobby and the Giffords will find it as good. **CBW**

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friday 26

Yo tannenbaum: 'Tis the season to make merry, and the first official sign that it's okay to let your good cheer rip (aside from receiving your "Zamfir Christmas Favorites" in the mail) is the **LIGHTING OF THE HOLIDAY TREE** at Monument Square.

The lighting takes place from 5:30-6:30 p.m. and is followed by live entertainment hosted by Felicia Knight from 6:30-9 p.m., featuring The Boy Singers of Maine, The Sweet Adelines and

Lazy Mercedes. In addition, there is an Old Port Window Walk, during which you can peruse the window dressings, hear the strolling carolers and pop into an alehouse for a winter warmer. Events are sponsored by the Portland Chamber of Commerce and Old Port Retailers. 772-6828.

saturday 27

Revive your spirits: The **HARLEM SPIRITUAL ENSEMBLE**, a national and international touring group, returns to Portland for another encore performance at 8 p.m. at The First Parish Church, 425 Congress St.

The ensemble, consisting of six singers and two instrumentalists, was formed in order to keep the American Negro spiritual alive as both a valid and important art form and an integral part of American history. This special Christmas program, which also includes best-loved classics and a sing-along, will surely move even the scroogiest humbug into the holiday spirit. Tix: \$20. 772-8630 or 800-639-2707.

sunday 28

Do you believe? "**PETER PAN**," J.M. Barrie's classic children's tale of the boy who did not want to grow up (hence, the complex), has sparked the imagination of young and old minds for nearly a century.

The staged version of this story is presented at 2 p.m. at The Theatre Project, 14 School St., Brunswick. The production, which opened Nov. 19 and continues through Dec. 5, is the first formal collaboration between The Young People's Theater and the Secondstage Theater and includes 31 community members. Friday and Saturday evening performances are at 7:30 p.m.; Saturday and Sunday matinees are at 2 p.m. (There is no Nov. 26 show.) Tix: \$10 (\$8 students and seniors). 729-8584.

monday 29

Luna-see: The show's in the sky this morning between the hours of 1:02 and 1:50 a.m., when stargazers will be treated to prime viewing of a **TOTAL LUNAR ECLIPSE**. During this period of totality, the moon will glow dull red from the sun's refracted light.

The moon actually begins to dim at 10:27 p.m. on Sunday, Nov. 28, when it glides into the earth's outer shadow, or penumbra. At 11:40 p.m., a small bite will appear to be taken out of the moon, and that bite will grow larger over the next 82 minutes. Mid-eclipse occurs at 1:26 a.m. You don't have to poke holes in the bottom of Dixie cups for this viewing; lunar eclipses can be ogled with the naked eye with no danger.

tuesday 30

Dropping(s) by the museum: The guano trade is examined in a colorful and informative talk titled, "On Deposit: Maine Vessels and the 19TH CENTURY GUANO TRADE," by local maritime historian Bud Warren at the Maine Maritime Museum, 243 Washington St., Bath, at 7 p.m.

Guano, it seems, was big business for seafaring Mainers in the 1800s, who mined (harvested? collected?) the gunk, which was a rich natural fertilizer, from islands off the coast of Peru. (How was your day, dear?) But alas, the guano-greedy entrepreneurs exhausted their sources within 30 years, and the trade faded into history. The talk will be illustrated with contemporary photographs, so you might wish to have your suppah aftah. Tix: \$3 (\$2 for members). 443-1316.

wednesday 1

Diddle squawk: Rock 'n' roll legend **BO DIDDLEY** has influenced musicians since the year zot, including the likes of

such hackers as Elvis and The Beatles. Of this influence Diddle says, "I was the beginning... me and Chuck Berry... Truthfully, I'm not just jacking my jaws, we were the first."

You'll have a chance to hear this rock pioneer jack his musical jaws and to see his famous brick-shaped guitar at the State Theatre, 609 Congress St., at 8 p.m. Joining Diddle is the Greater Portland Philharmonic Blues Quartet. And with any luck, he'll cut loose with his howlin' version of "I'm a Man." Tix: \$15. 879-1112.

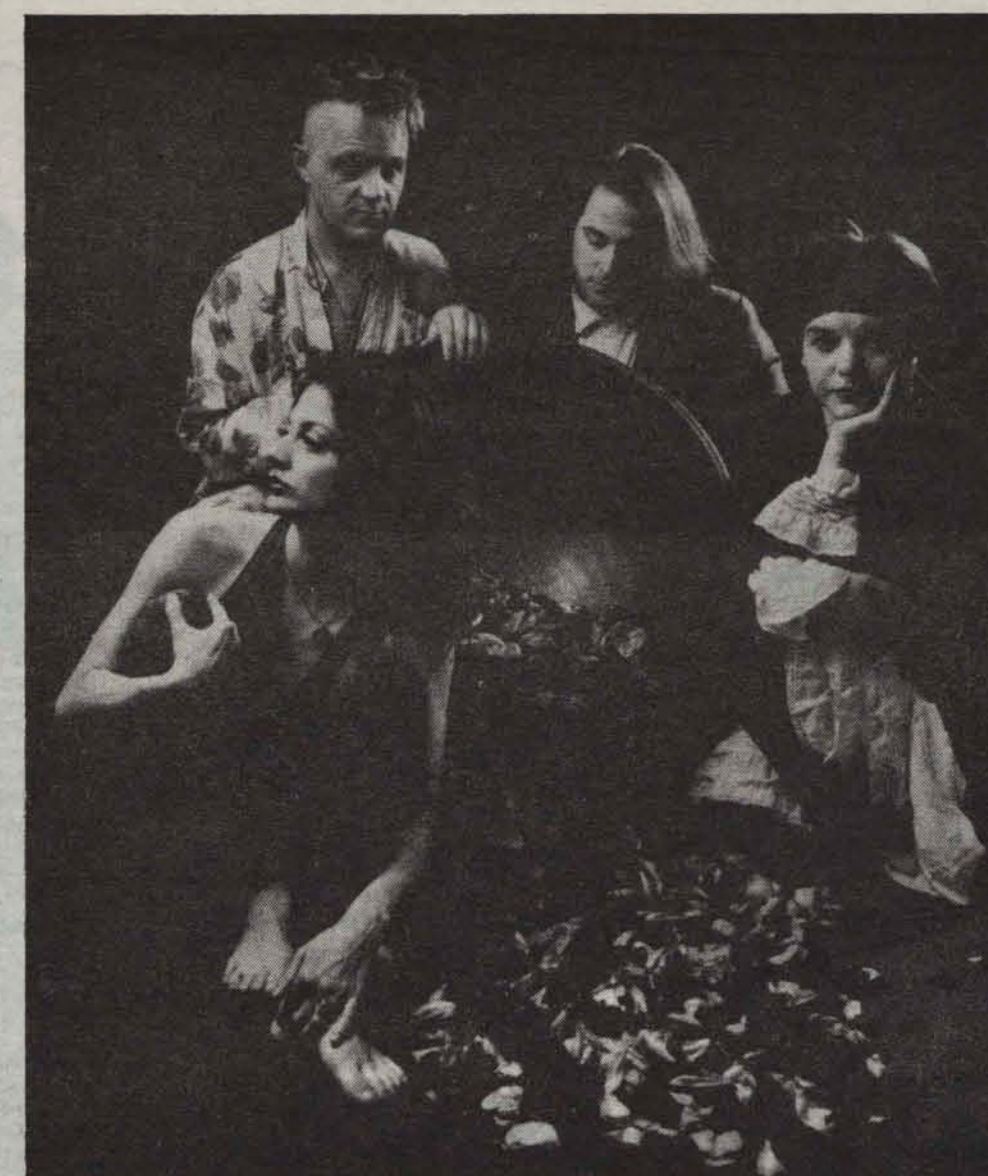
thursday 2

Cats in the hats: The Chicago-based experimental alternative band **BIG HAT** brings their "sculptured sound," which the *Chicago Tribune* called "a dreamy tonal wave," to Granny Killam's, 55 Market St., at 9:30 p.m.

The band features Yvonne Bruner (vocals), Preston Klik (samples, melodica, trumpet), Char Malloy (electric violin) and Jim Stallman (misc. percussion). The unique blend of these various instruments creates a sound that defies genre pigeonholing, but the band credits influences ranging from Hank Williams Sr. to the Grateful Dead to Miles Davis and boasts having no bass, no guitar and no drum kit. Hang your hat on that, Jack. 761-2787.

friday 3

Where there's a Will, there's a play: American Renaissance Theater (ART) begins its first full season ever with the bard's romantic romp "**TWELFTH NIGHT**" at the Oak Street Theater, 92 Oak St., at 8 p.m. The play concerns two young nobles, Viola and her brother Sebastian, who are separated in a shipwreck and are eventually drawn into the same web of desire; it contains such famous lines as, "If music be the food of love, play on" and "Here comes the trout that must be caught with tickling."



Tip your hat to these hat heads Dec. 2.

ART is a Portland-based professional non-equity organization dedicated to presenting the classics in an intown setting, "where theatre is needed most." The production, which opened on Dec. 2, continues through Dec. 12, with Thursday-Sunday performances. Shows are 8 p.m., with a 3 p.m. matinee each Sunday. Tix: \$10 (\$8 for students and seniors). 871-9325.

saturday 4

Jane mania: "One half of the world cannot understand the pleasures of the other," so penned Jane Austen in her novel "Emma." If you're with the half of the world who likes to laud writers, then join the **JANE AUSTEN SOCIETY** of Maine as they celebrate the author's birthday from 10 a.m. to 3 p.m. at the

Maine Historical Society, 485 Congress St., Portland.

The festivities include a keynote speech by William Sayres of UNH, Jane Austen games (what, pin the tail on Emily Bronte?), a presentation of scenes from "Pride and Prejudice" by audience volunteers, plus luncheon, cake and a birthday toast by Constance Hunting. Tix are \$7.50. Reservations are required and should be made ASAP by calling 677-2620 or 767-3949.

Submissions for Art & Soul must be received in writing on the Thursday prior to publication. Send your Calendar and Listings information to Elizabeth Peavey, Casco Bay Weekly, 551A Congress St., Portland, ME 04101.

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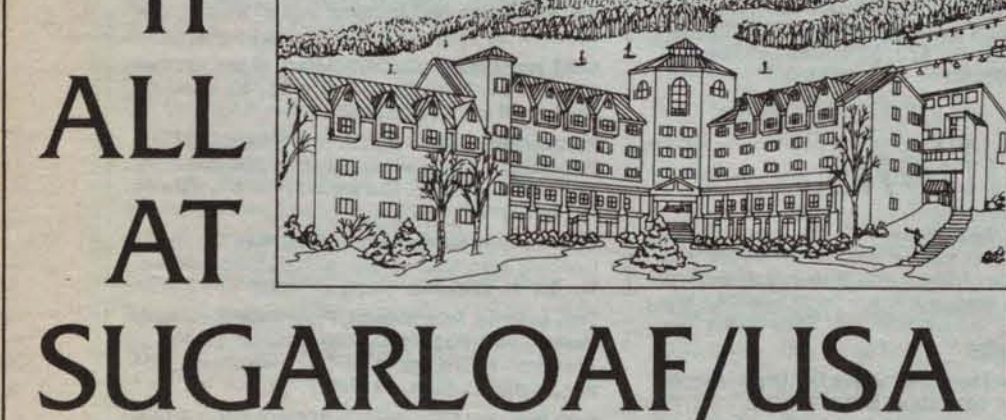
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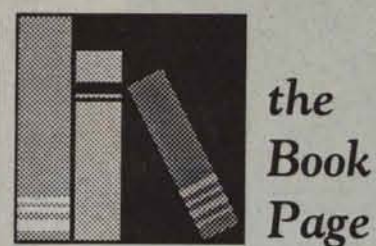
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NOV. 24-30
WED-THURS 7:15, 9:15
FRI 5, 9/SAT-SUN 1, 5, 9
MON-TUES 5, 7
NOV. 26-30
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Art & Soul continued from page 18

stage

"Charlie and Algeon" Saint Joseph's College presents a musical based on the novel "Flowers for Algernon" Dec. 3-5, 10-12 & 17-18 — Fri-Sat 7 pm, Sun 2 pm — at the Bishop Feeney Auditorium, Heffernan Center, Saint Joseph's College, Standish. Tix: \$5, \$3 seniors and students with ID (\$3 for matinee performances). 893-0572.

"The Cowboy and the Tiger" Hank Beebe's musical for children is performed at Dos Locos Mexican Restaurant, India and Fore streets, Portland. Shows every Sat afternoon at 12:30 pm through Dec 18. Tix: \$4 (\$16 family max). 775-6267.

"Death With Father" Try to figure out who killed Judy Trenton and who stole the money from the "Bingo Till Ya Burst" tournament at Father Patrick O'Sullivan's orphanage during the Mystery Cafe Dinner Theatre, No Tomatoes Restaurant, 36 Court St. Auburn. Shows every other Saturday at 8 pm. For info and reservations call 1-800-370-7469.

"A Gap in Generations" City Theater presents its season opener Nov 12-28 — Fri & Sat 8 pm, Sun 2 pm — at 205 Main St. Biddeford. Tix: \$12, \$10 seniors and kids. 282-0849.

"Holiday Memories" Portland Stage Company presents a holiday treat for the whole family about a young man who learns the true meaning of the holidays Nov 21-Dec 19 — Sun, Mon & Tues (Nov 21, 22 & 23 previews) 7:30 pm, Tues-Thurs 7:30 pm, Fri 8 pm, Sat 5 & 9 pm, Sun 2 pm (Sun evening performances Nov 21, 28 & Dec 19 7:30 pm) — at Portland Performing Arts Center, 25A Forest Ave., Portland. Tix: \$13-\$28, 774-0465. Portland Stage Company offers a curtain call discussion with cast and artistic staff members following the Dec 5 matinee performance. A humanities discussion with Bowdoin College professor Franklin Burroughs discussing "Amazing Grace: Truman Capote's Childhood Memories" is offered following the Dec 12 matinee performance.

"Kingfish" Mad Horse Theatre presents a new play about the struggle for dominance and power in a bizarre relationship Nov 18-Dec 12 — Thurs-Sat 8 pm, Sun 7 pm — at 955 Forest Avenue, Portland. Tix: \$12.50, \$10. Adults only. 761-2143.

"A Little Night Music" Portland Lyric Theater presents a musical Nov 19-Dec 5 — Fri & Sat 8 pm, Sun 2:30 pm — at Lyric Theatre, 176 Sawyer St. South Portland. 799-6509.

"Musical Comedy Murders of 1940" Portland Players presents a comic romp about a stage door slasher Nov 26-Dec 11 — Fri-Sat 8 pm, Sun 2:30 pm — at 420 Cottage Road, South Portland. Tix: \$13, 799-7337.

"The Nutcracker" The Maine State Ballet, with The Maine State Ballet Orchestra, The Boy Singers of Maine and a cast of over 100 dancers and actors, presents that nutty fairy tale classic Nov 26-28 — Fri-Sat 2 pm & 8 pm — at Portland's City Hall Auditorium, 20 Myrtle St. Tix: \$8-\$18, 878-3032.

"The Nutcracker" The Portland Ballet Company presents the classic tale with costumes, sets and staging inspired after Portland's Victoria Mansion Dec 1-5, 9-12 & 16-19 — Wed & Thurs 8 pm, Fri 7 pm, Sat 1 & 7 pm, Sun 1 pm — at Portland High School Auditorium, 284 Cumberland Ave., Portland. Tix: \$16, \$12 seniors, students and kids. 772-9671.

"Peter Pan" The Young People's Theater and Secondstage Productions present the story of the boy from Never Land and the Darling children Nov 19-Dec 5 — Fri 7:30 pm, Sat 2 & 7:30 pm, Sun 2:30 pm — at The Theater Project, 14 School St., Brunswick. Tix: \$10, \$8 seniors and students. 729-8584.

"Raven and the Village Without Daylight" Starbird Puppet Theater presents the tale of an Eskimo village, greedy Sky People and a tricky raven Nov 27 — Sat 2 pm — at The Center for the Arts at the Chocolate Church, 804 Washington St., Bath. Tix: \$10, \$5 kids under 12. 442-8455.

"Sesame Street Live!" Big Bird returns to teach the ABC's Dec 2-5 — Thurs-Fri 10:30 am & 7 pm, Sat 1 & 4:30 pm, Sun 1 & 5 pm — at the Cumberland County Civic Center, 1 Civic Center Square, Portland. Tix: \$9.50 & \$7.50, 775-3458.

"The Snow Queen" The Theater at Monmouth presents a story-theater telling of Hans Christian Andersen's tale of the Scandinavian girl and the Queen of Ice Nov 27 — Sat 8 pm — at Cumston Hall, Main Street, Monmouth. Tix: \$10, 873-4085.

"Tuscaloosa" Dinner theater featuring New York stories set to music at Dos Locos Mexican Restaurant, India and Fore streets, Portland. Shows every Tues at 8 pm through Dec 14. Tix: \$8, 775-6267.

"Twelfth Night" American Renaissance Theater presents a romantic comedy about mistaken identity and misplaced affection Dec 2-5 & 9-12 — Thurs-Sat 8 pm, Sun 3 & 8 pm — at Oak Street Theatre, Oak Street, Portland. Tix: \$10, \$8 seniors and students with ID. 871-9325.

auditions

City Theater Associates, Inc. in Biddeford hold auditions for their musical comedy "Nutcracker" Nov 30 & Dec 1 from 7:10 pm at 205 Main St. Biddeford. Please come prepared with a vocal selection and sheet music. Pianist provided. Show tunes preferred. 775-3614.

Portland Lyric Theater auditions for "Oliver" Nov 29 at 7 pm (boys ages six to 13); Nov 30 at 7:30 pm (men and women); and Dec 1 at 7:30 pm (men and women). 774-4318 for info and location.

Portland Players hold general auditions for "The Lion in Winter" Nov 27 from 1-4 pm and Nov 29-30 from 6:30-9 pm at The Portland Players, 420 Cottage Road, South Portland. 799-7337.



concerts wednesday 24

Lillian Axe & Annihilator (rock) 7 pm, State Theatre, 609 Congress St., Portland. Tix: \$6 in advance, \$8 at door. 879-1111.

Mercy, Twisted Roots and Psychovalky (benefit for The Center for Grieving Children) 8 pm, T-Birds, 126 North Boyd St., Portland. Tix: \$10, 874-2800.

friday 26

Schooner Fare and Tommy Makem (folk) 8 pm, Holiday Inn by the Bay, 88 Spring St., Portland. Tix: \$12.50, \$10. Adults only. 761-2143.

saturday 27

Harlem Spiritual Ensemble (Christmas concert) 8 pm, Portland City Hall Auditorium, 30 Myrtle St., Portland. Tix: \$20, 772-8630 or 1-800-639-2707.

Christine Lavin (folk) 7:30 pm, The Center for the Arts at the Chocolate Church, 804 Washington St., Bath. Tix: \$12, \$10 seniors and students with ID. 442-8455.

Allan McIsaac & The Old Time Radio Gang (folk) 7:30 pm, Saco River Grange Hall, Salmon Falls Road, Bar Mills. Tix: \$8, \$6 seniors and students with ID. 929-6472.

sunday 28

Rick Charette (Christmas benefit concert) 3 pm, Bishop Feeney Auditorium, Saint Joseph's College/Standish. No admission cost, but please bring a wrapped gift for a child, marked with the appropriate sex and age group. 892-6766.

Judy Tenuta (comedy) 7 pm, State Theatre, 609 Congress St., Portland. Tix: \$16, 879-1111.

wednesday 1

Bo Diddley (rock) 8 pm, State Theatre, 609 Congress St., Portland. Tix: \$15, 879-1111.

upcoming

Jackson Gillman 12/03/93 (folk) 7:30 pm, Swedenborgian Church, 302 Stevens Ave., Portland. Tix: \$6 in advance, \$8 at door. 773-9549.

Peter Wolf & Band 12/03/93 (rock) 9 pm, State Theatre, 609 Congress St., Portland. Tix: \$12, 879-1111.

Community Orchestra of the Portland Symphony 12/04/93 ("Prelude to Christmas" concert) 7:30 pm, Narragansett School, Main Street, Gorham. Tix: \$6, \$3 seniors and students with ID (available at door).

USM Jazz Combo 12/04/93 (jazz) 8 pm, Corthell Concert Hall, USM/Gorham. Tix: \$3, \$1 students, faculty and staff. 780-5555.

Portland String Quartet 12/05/93 (classical) 3 pm, Woodlands Congregational Church, 202 Woodford St., Portland. Tix: \$15, \$10 seniors (over 60) and kids (under 12). 761-1522.

USM Concert Band and Wind Ensemble 12/05/93 (concert) 3 pm, Corthell Concert Hall, USM/Gorham. Tix: \$3, \$1 students, faculty and staff. 780-5555.

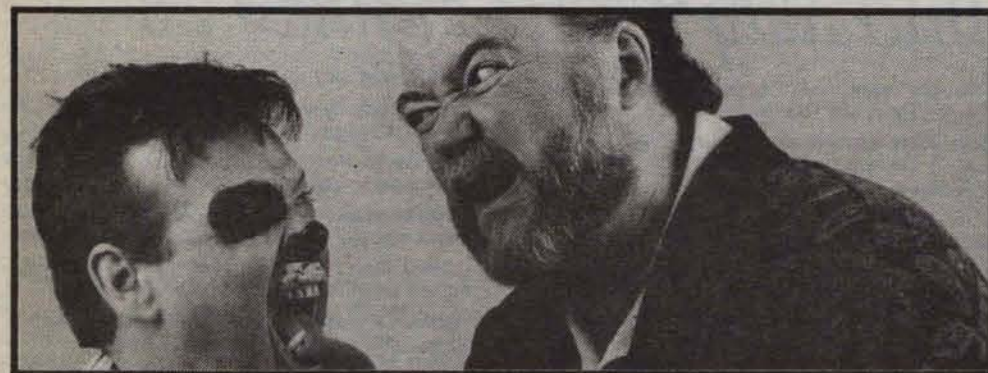
Tony Barrand, John Roberts, Fred Bruenig and Andy Davis 12/10/93 ("Nowell Sing We Clear") 7:30 pm, The Center for the Arts at the Chocolate Church, 804 Washington St., Bath. 442-8627.

Herb Pomeroy 12/10/93 (jazz) 8 pm, Corthell Concert Hall, USM/Gorham. Tix: \$5, \$3 seniors and students with ID. 780-5555.

Art & Soul continued on page 24

Reality check

Mad Horse's "Kingfish" challenges the rational mind.



See this mad dog at Mad Horse.

photo/L. Murray Jamison

By Cathy Nelson Price

You can count on Mad Horse Theatre to keep its audiences involved. Their current production of Mariane Meyer's "Kingfish" is at times off-putting, at times profoundly moving but always compelling, despite its less than cheery view on life, families and the Meaning Of It All.

"Kingfish" is not about Huey Long, or Amos 'n' Andy's Mystic Knights of the Sea, although faint hearts may ultimately wish it was. The title refers to the central character's pet attack dog, a sort of Lassie-turned-Hannibal Lecter, whose personality influences and ultimately decides the fate of several characters.

Kingfish's owner Wylie (Michael Howard) is an alcoholic, emphysemic retired newspaper photo-journalist who, while cruising for stray young men, is mugged by one who takes his prized Hasselblad and attempts to pawn it. Wylie is shattered by the experience. "I am an old man now, and I wasn't this morning," he tells his nurse. The luckless thief, Hal (Dennis Scott), reconnects with Wylie and becomes a surrogate son-cum-lover, anticipating the elder man's demise and the inheritance that will follow, even though it's bequeathed to the dog.

But there are complications. One is Hal's lover Finney (Christopher Price), a CIA-type whose orderly life has been shattered by the inconvenience of his passion. He follows Hal to Wylie's house determined to retrieve him but is drawn to the elder man. Following Wylie's stint in rehab, the three men form an uneasy surrogate family until Hal, to his eventual regret, betrays his pseudo-father.

That, at least, is the minimalist plot. Weaving through it is Kingfish's caretaker Edward (J.D. Merritt), who is under the spell of Wylie's seductive and sadistic nurse Wanda (Odelle Bowman). Also on hand is Finney's erstwhile colleague Mack (Chris Horton), who sees Finney's infatuation with Hal as a fatal professional flaw.

Granted, Meyer is no Arthur Miller. "Kingfish" is a play to make you feel, not think. Its explicit language is designed to shock. Written in 1986 and first produced two years later, "Kingfish" nevertheless is a throwback to those off-Broadway experimental black comedies of Albee and Pinter, which everyone called avant garde. Today the naughty words and actions are commonplace rather than titillating, so the primal emotions must be stirred by something else.

This puts a huge responsibility on the actors. "Kingfish" has a cast consisting entirely of guests artists — none of the resident ensemble appears — but they are true to the Mad Horse spirit. Each takes an extreme, stylized character and invests it with a degree of humanity communicable to the audience. Some succeed better than others, largely due to the unevenness with which Meyer has drawn her characters.

Michael Howard is commanding as Wylie, a part played by Buck ("Saturday Night Live") Henry in the original West Coast production. Howard's characterization strongly suggests Jack Lemmon, and his physical transformation from the broken-down to the

"regenerated" Wylie keeps the latter half of the play believable and fresh. Dennis Scott is appropriately vulnerable and sensual as the weak-willed Hal. Christopher Price takes Finney from CIA stereotype to a man more at ease with his

needs and loves. J.D. Merritt is a funny, crazed minion in charge of Kingfish, while Odelle Bowman brings a steamy, comic sexuality to a role that admittedly doesn't give her much else to work with.

The production, however, is not without its flaws. Several references to the obviously svelte Bowman as "morbidly obese" and "fat" make no sense; if the part of Wanda is supposed to be played by a heftier actress, then recast. Otherwise, cut the lines. Additionally, Hal springs to his feet after being viciously kicked and beaten by Finney; are we supposed to think it was all a pantomime?

The set by Laura Haddad is a pleasant change from the starkness usually associated with "non-linear" theater. Her phantasm of dark blues, complemented by Michael Reidy's lighting design, is oddly comforting and helps to sustain what little reality the play has.

Director Andrew Sokoloff calls this a play for those who "like to leave their rational minds at home and just let it happen." He adds that Mad Horse has been waiting for several years to do this show and thinks it will attract devotees of "alternative forms of art."

This is a tightly run technical show, with audio and visual cues necessary for the actors to maintain their cadence. Mad Horse comes through. The show runs about the length of a feature film, but is infinitely more challenging. And well worth the time. **CW**

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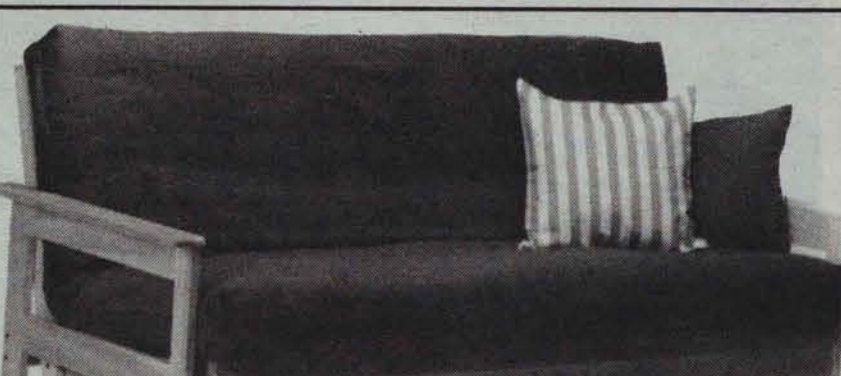
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ART SCENE

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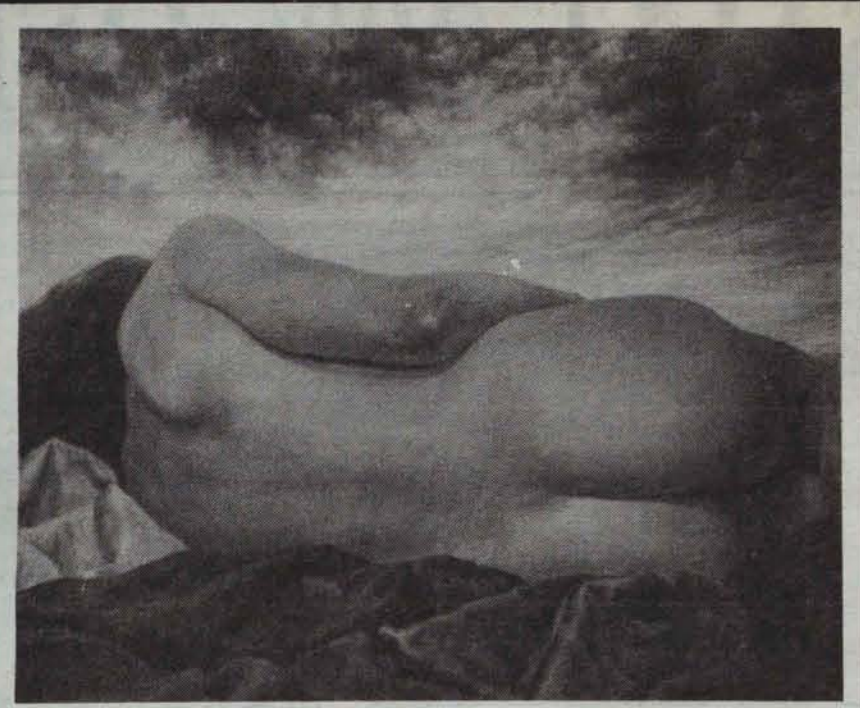
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Impending Storm oil 20x24

Theophil Groell

THEOPHIL GROELL

Frost Gully Gallery is proud to present the paintings and drawings of Deer Isle artist Theophil Groell from November 12 through December 11, 1993. Groell is easily one of the twenty or so best artists working in Maine today. His range of subjects and media includes landscapes, figures and still lifes in oil, acrylic, gouache and drawings, including silverpoint.

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frost gully gallery

12-6 PM, Mon-Sat, or by appointment • 411 Congress St, Portland 773-2555

Art & Soul continued from page 22

clubs thursday 25

Red Light Revue (blues/R&B/soul Thanksgiving party) The Big Easy, 416 Fore St, Portland, 780-1207.
Brian Kiley, David Scwenck and Bob Marley (comedy) The Comedy Connection, 434 Fore St., Portland, 774-5554.

The Sense (rock) Granny Killam's Industrial Drinkhouse, 55 Market St, Portland, 761-2787.
Ume Rockets (alternative rock) Moose Alley, 46 Market St, Portland, 774-5246.

The Leftovers (rock) Old Port Tavern, 11 Moulton St, Portland, 774-0444.

Rockin' Rusty (karaoke) Spring Point Café, 175 Pickett St. S, Portland, 767-4627.

Turkey Day with Damlon & Graff-x (rocking Thanksgiving) T-Birds, 126 N. Boyd St, Portland, 773-8040.

Pangea (jazz swing) Seamen's Club Restaurant, 1 Exchange Street, 772-7311.

Skeleton Crew (rock) Shamrock, 436 Fore St, Portland, 780-1111.

Rockin' Rusty (karaoke) Spring Point Café, 175 Pickett St. S, Portland, 767-4627.

Deejay Andy (heavy dance) The Underground, 3 Spring St., Portland, 773-3315.

The Raze (Thanksgiving auction to benefit Maine Children's Cancer Foundation) The Wrong Brothers' Pub at Port Billiards, 39 Forest Ave, Portland, 775-1944.

friday 26

Red Light Revue (blues/R&B/soul) The Big Easy, 416 Fore St, Portland, 780-1207.
Brian Kiley, David Scwenck and Bob Marley (comedy) The Comedy Connection, 434 Fore St., Portland, 774-5554.

The Boneheads (rock) Dos Locos Restaurant, 31 India St, Portland, 775-6267.

Styffied (hard rock) Geno's, 13 Brown St, Portland, 772-7891.

Swinging Steaks (country rock) Granny Killam's Industrial Drinkhouse, 55 Market St, Portland, 761-2787.

Dance Music (rap) L-beez, 939 Congress St, Portland, 879-0525.

Elderberry Jam (rock) Leo's Billiards, corner of Exchange and Fore streets, Portland, 780-1111.

Bicycle Thieves (alternative rock) Moose Alley, 46 Market St, Portland, 774-5246.

The Leftovers (rock) Old Port Tavern, 11 Moulton St, Portland, 774-0444.

Savoy Truffle and Elderberry Jam (rock) Raoul's Roadside Attraction, 865 Forest Ave, Portland, 773-6886.

Cool Shade of Blue (big band jazz) Seamen's Club Restaurant, 1 Exchange Street, 772-7311.

Skeleton Crew (rock) Shamrock, 436 Fore St, Portland, 780-1111.

The Raze (rock) Spring Point Café, 175 Pickett St. S, Portland, 767-4627.

Jenny Woodman (rock) T-Birds, 126 N. Boyd St, Portland, 773-8040.

Straight Up (pop) Tipperary Pub, Sheraton Tara Hotel, S, Portland, 775-6161.

Joe at the piano and Deejay Ken Currier (popular music/heavy dance) The Underground, 3 Spring St., Portland, 773-3315.

Decibel (hard rock) The Wrong Brothers' Pub at Port Billiards, 39 Forest Ave, Portland, 775-1944.

All Ages Chem-Free (alternative) Zootz, 31 Forest Ave, Portland, 773-8187.

saturday 27

Jimmy and the Soul Cats (blues/R&B) The Big Easy, 416 Fore St, Portland, 780-1207.

Brian Kiley, David Scwenck and Bob Marley (comedy) The Comedy Connection, 434 Fore St., Portland, 774-5554.

The Boneheads (rock) Dos Locos Restaurant, 31 India St, Portland, 775-6267.

Daddy Black Boots and Rotors to Rust (Gothic rock) Geno's, 13 Brown St, Portland, 772-7891.

Islandside (reggae) Granny Killam's Industrial Drinkhouse, 55 Market St, Portland, 761-2787.

TBA L-beez, 939 Congress St, Portland, 879-0525.

Elderberry Jam (rock) Leo's Billiards, corner of Exchange and Fore streets, Portland, 780-1111.

Bicycle Thieves (alternative rock) Moose Alley, 46 Market St, Portland, 774-5246.

The Leftovers (rock) Old Port Tavern, 11 Moulton St, Portland, 774-0444.

Rockin' Vibrations (reggae) Raoul's Roadside Attraction, 865 Forest Ave, Portland, 773-6886.

Last Call (folk rock) Seamen's Club Restaurant, 1 Exchange Street, 772-7311.

Skeleton Crew (rock) Shamrock, 436 Fore St, Portland, 780-1111.

The Raze (rock) Spring Point Café, 175 Pickett St. S, Portland, 767-4627.

Jenny Woodman (rock) T-Birds, 126 N. Boyd St, Portland, 773-8040.

Straight Up (pop) Tipperary Pub, Sheraton Tara Hotel, S, Portland, 775-6161.

Deejay Ken Currier (heavy dance) The Underground, 3 Spring St., Portland, 773-3315.
Decibel (hard rock) The Wrong Brothers' Pub at Port Billiards, 39 Forest Ave, Portland, 775-1944.
Fly Spinach Fly, Shagg, Puddles of Joy (rock) Zootz, 31 Forest Ave, Portland, 773-8187.

sunday 28

TBA The Big Easy, 416 Fore St, Portland, 780-1207.
Leaving City Limits (country) Gritty McDuff's, 396 Fore St, Portland, 772-2739.

Tricycles for Hire (rock) Old Port Tavern, 11 Moulton St, Portland, 774-0444.

Maria Muldaur (folk/blues/rock/pop) Raoul's Roadside Attraction, 865 Forest Ave, Portland, 773-6886.

Rocket Rusty (karaoke) Spring Point Café, 175 Pickett St. S, Portland, 767-4627.

National Headliner comedy with Anthony Clark T-Birds, 126 N. Boyd St, Portland, 773-8040.

Live karaoke and dancing (no cover) The Underground, 3 Spring St., Portland, 773-3315.

Jim Duffy (acoustic) Wharfs End, 52 Wharf St, Portland, 773-0093.

Deejay Bob Look (request night/no cover) Zootz, 31 Forest Ave, Portland, 773-8187.

monday 29

Laser Karaoke The Big Easy, 416 Fore St, Portland, 780-1207.

Tricycles for Hire (rock) Old Port Tavern, 11 Moulton St, Portland, 774-0444.

Open Mic with Ken Grimsley (acoustic) Wharfs End, 52 Wharf St, Portland, 773-0093.

tuesday 30

Open Blues Jam (b.y.o.—drum set available) The Big Easy, 416 Fore St, Portland, 780-1207.

Open Jazz Jam Bobop's Café, 548 Congress St, Portland, 828-6551.

State Street Traditional Jazz Band (New Orleans jazz) Parker's Restaurant, 1339 Washington Ave, 878-3339.

Tuscaloosa (musical comedy) Dos Locos Restaurant, 31 India St, Portland, 775-6267.

Danny Gravals (piano favorites) Gritty McDuff's, 396 Fore St, Portland, 772-2739.

In City Dreams (rock) Old Port Tavern, 11 Moulton St, Portland, 774-0444.

Open Mic with Michael Danahy (b.y.o.) Raoul's Roadside Attraction, 865 Forest Ave, Portland, 773-6886.

Open Mic with Peter Gleason (b.y.o. jam) Spring Point Café, 175 Pickett St. S, Portland, 767-4627.

Joe at the piano (popular tunes) The Underground, 3 Spring St., Portland, 773-3315.

Solstice (acoustic & electric) Wharfs End, 52 Wharf St, Portland, 773-0093.

wednesday 1

The Red Light Revue (R&B/blues/soul) The Big Easy, 416 Fore St, Portland, 780-1207.

TBA Dos Locos Restaurant, 31 India St, Portland, 775-6267.

Bachelors' Night (topless) Moose Alley, 46 Market St, Portland, 774-5246.

In City Dreams (rock) Old Port Tavern, 11 Moulton St, Portland, 774-0444.

TBA Raoul's Roadside Attraction, 865 Forest Ave, Portland, 773-6886.

Irish Night with Mic O'Brien (Irish folk) Shamrock, 436 Fore St, Portland, 780-1111.

Rock Night with Damlon (the Pavarotti of hard rock) T-Birds, 126 N. Boyd St, Portland, 773-8040.

Deejay Stormin' Norman (laser karaoke) The Underground, 3 Spring St., Portland, 773-3315.

Electric Open Mic with Tili's Bone (b.y.o. jam) The Wrong Brothers' Pub at Port Billiards, 39 Forest Ave, Portland, 775-1944.

College Night (alternative dance) Zootz, 31 Forest Ave, Portland, 773-8187.



dancing

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Salutes, 20 Milk St, Portland. Open nightly until 1 a.m. No cover, 774-4200.

T-Bird's, 126 N. Boyd St, Portland. Sun: comedy night; weekdays: special events; Fri & Sat: rock & roll, dance, 773-8040.

The Underground, 3 Spring St, Portland. Open nightly until 1 a.m. Thurs-Sun: heavy dance (no cover on Fri); Wed & Sun laser karaoke; Fri & Tues piano bar, 773-3315.

Zootz, 31 Forest Ave, Portland. Techno, rave, trance and progressive open house with Deejay Dale Charles on Thursdays. Request night (no cover) with Deejay Bob Look on Sundays, 773-8187.



art opening

The AIDS Project 22 Monument Square, 5th Floor. Opening reception Dec 1 from 2:30-4:30 pm for "Photographic: Living With HIV — a Photographic Journal," photos by Tom Antonik. Shows through Jan 7, 774-6877.

The Art Gallery at Six Deering Street 6 Deering St, Portland. Preview and opening reception Dec 3 from 6-9 for watercolors by Milton Christianson. Gallery hours: Tues-Sat 11-5 the first two weeks of the month. Thereafter, by chance or by appointment, 772-9605.

Greenhut Galleries 146 Middle St, Portland. Reception Dec 5 from 2-5 for paintings celebrating sculpted details in Maine architecture by C. Michael Lewis. Show and sale through Dec 24. Group show of gallery artists shows Dec 1-31. Paintings by Nancy Brown show through Nov 30. Gallery hours: Mon-Fri 10-5:30, Sat 10-5, 772-2693.

One Earth Imports 140 Main St, Freeport. Opening reception Dec 3 & 4 for "Som of Dreams and Whimsy," works by the mastercarvers of the Oaxaca Valley. Shows through Dec 17. Hours: Mon-Thurs 9:30-6, Fri-Sat 9:30-8, Sun 11-6, 865-3255.

Photography Co-op 547-A Congress St, Portland. Opening reception Dec 2 from 5-8 for "Familiar Photos," new work by Jay York. Shows through Jan 4. Hours: Tues & Thurs 12-7, Sat 12-5, or by appointment, 761-2113 or 773-8830.

around town

African Imports and New England Arts 1 Union St, Portland. "Recent Acquisitions/New Dimensions," traditional African arts, works by modern artists from Nigeria and New England and rare carvings. Hours: 10-9 Mon-Sat, 12-6 Sun, 772-9505.

AREA Gallery Campus Center, USM/Portland. "Photographs of People: Finthorn, Scotland, and Portland, Maine," photography exhibit by Charles Melcher. Shows through Dec 18. Gallery hours: Mon-Fri 7-10, Sat-Sun 10-7, 780-4090.

The Baxter Gallery Maine College of Art, 619 Congress St, Portland. "Reciprocity: Artists Choose Artists," two MECA faculty members select an artist whose work has had an impact on their ideas (Honour Mack selects Hannele Røgeberg and Margie Halverson selects James Hjeltnes). Exhibit shows through Dec 17. Hours: Tues-Sun 11-4, Thurs 11-9, 775-5152.

Black Moon Gallery 26 Free St, Portland. Works by Judy O'Donnell and Brett Morrison. Shows through Nov 30. Hours: Mon-Fri 12-5, Sat 11-4 and by appointment, 774-4423 and 774-4237.

Christine's Dream 41 Middle St, Portland. "Feathers of Knowledge," oil paintings by Andy Curran. Hours: Mon-Fri 7-2:30, Sat-Sun 9-2, 774-2972.

Dos Locos 31 India St, Portland. "Images of Mexico," photographs by George Riley. Hours: Sun-Thurs 11-10, Fri-Sat 11-midnight, 775-6267.

Danforth Gallery The Maine Artists' Space, 34 Danforth St, Portland. "The Maine Contemporary Landscape," winners and selected works from a show juried by Martha Severens. Shows through Dec 10. "Paper Prayers," a collaborative art installation that incorporates painted strips of paper as prayers to sustain good health and to cure the sick, shows on Dec 1 in honor of World AIDS Day. All proceeds benefit The AIDS Project. Gallery hours: Tues-Sat 11-5, 775-6245.

Exchange Street Gallery 7 Exchange St, Portland. Portland and coastal scenes and new works by John Holub and R.N. Cohen show through Dec 30. Gallery hours: 10-6 daily, 772-0633.

June Fitzpatrick Gallery 112 High St, Portland. Works by Noriko Sakanishi. Shows through Dec 4. Gallery hours: Tues-Sat 12-5, Thurs 12-8, 772-1961.

Frost Gully Gallery 411 Congress St, Portland. Works by Theophil Groell show Nov 11-Dec 4. Gallery hours: Mon-Fri 12-6, or by appointment, 773-2555.

Gleason Fine Art 3 Milk St, Portland. Works by Greg Parker show through Dec 11. Gallery hours: Tues-Sat 10-6, 879-0919.

Hendrick's Studio 164 Middle St, Portland. Oil paintings of Civil War heroes and classical sculptures. Hours: Sun-Fri 9-5.

Jewelers Work 30 Exchange St, third floor, Portland. Cooperative showroom of original, contemporary jewelry designs by nationally exhibited artists. Hours: 10-6 daily, 773-6824.

Jewell Gallery 345 Fore St, Portland. Works by gallery artists, including Bill Jewell and Cynthia McMullin currently show. Gallery hours: Mon-Sat 10-5, or by appointment, 773-3334.

Katadhin Restaurant 106 High St, Portland. Acrylic relief paintings on canvases by David Cedrone show through Dec 15. Hours: Mon-Thurs 5-10, Fri-Sat 5-11, 774-1740.

Lewis Gallery Portland Public Library, 5 Monument Square, Portland. World-generated images by contemporary artist Michael Winkler shows Nov 1-30, 871-1758.

Maine History Gallery 489 Congress St, Portland. "Urban Evolution: Maine's Downtowns in Transition" and "Flora, Fauna and Stuffed Birds: A Look Back at the Portland Society of Natural History" show through March 5. Hours: Wed-Sat 12-4, 879-0427.

Maine Potters Market 376 Fore St, Portland. Special display of menorahs shows through the end of the holiday season. Hours: 10-6 daily, 774-4533.

Nancy Margolis Gallery 367 Fore St, Portland. "Menorahs," an exhibition of contemporary menorahs by 30 American craftspeople, shows Nov 10-Dec 31. "Fiber," a collection of handmade wearables by over 15 fiber artists, shows Nov 26-Dec 31. "Recent Work," colorful jewelry by Kim Elwood, Mike Abbott, Esther Ward and Ann Finlay and wool and scarves by Wallace Sewell and Susie Freeman, shows Dec 15-Jan 31. Gallery hours: Mon-Wed 10-6, Thurs-Sat 10-9, Sun 11-6, 775-3822.

Meander Gallery 40 Pleasant St, Portland. "Dream Weavers: Rugs, baskets and paintings from Aboriginal Australia," shows through Dec 31. Gallery hours: Tues-Sat 12-6, or by appointment, 871-1078.

Naturally Maine 5 1/2 Moulton St, Portland. Watercolors by William Denico, Earth visions by Andrew Ruel, photos by Christine Gallant and watercolor prints by John Dimillo. Hours: Sun-Thurs 10-6, Fri-Sat 10-9, 774-0808.

The New Art Gallery 121 Center St, Portland. "Casco Bay Revisited," paintings by Gomez Ricker. Ongoing. Hours: 11-10 daily, 874-2844.

The Photo Gallery Maine College of Art, 619 Congress St, Portland. "Works by Richard Langham" shows Nov 15-Dec 17. Gallery hours: Mon-Fri 9-5, 775-5154.

Photoweb Shop and Bayview Gallery 75 Market St, Portland. "Prints-a-Plenty," a broad selection of prints, shows Dec 1-31. "Carol Sebald Oils, A New Direction for a Maine Watercolorist," paintings by Carol Sebald, show through Nov 30. Gallery Hours: Mon-Sat 9:30-5:30, 773-3007.

Portland Chamber of Commerce 145 Middle St, Portland. Juried show under the auspices of UpCountry Artists shows through Nov 30. Gallery hours: Mon-Fri 8-5, 772-2811, ext. 223.

Portland Museum of Art Seven Congress Square, Portland. Hours: Wed-Fri 10-4, Sat 10-5, Sun 12-5. Admission: adults \$4, senior citizens and students with ID \$3, youth 6-18 \$1, children 6 and under are free. Museum admission is free 10:00am the first Saturday of the month and 4-8 on the first Thursday of the month, 773-2787.

***A Day Without Art** metal sculpture installation by Rae Eastman will be on view in observance of World AIDS Day Dec 1.

***With Piercing Eye: The Work of Waide Pelice** Oil paintings and watercolors illustrating Pelice's great love of family and the state of Maine. Collection includes envelopes personalized with outlandish caricatures and whimsically illustrated children's books. Shows Sept 21-Jan 21.

***Project Face to Face** An exhibition featuring 20 plaster life masks and recorded oral histories of people with AIDS by Jason Dilpy. Shows Oct 19-Dec 5.

***Makers '93: A Biennial Exhibition of Maine Crafts** A juried exhibition of metalwork, ceramics, woodworking, quilts and woven objects by members of the Maine Crafts Association. Shows Nov 20-Jan 30.

***From Courbet to Motherwell: 19th and 20th-Century European and American Art** Paintings, sculptures and works on paper by Monet, Renoir, Picasso, Matisse and other masters of the past two centuries. Ongoing.

***The Scott M. Black Collection** A sampling from Scott Black's 19th- and 20th-century paintings and sculptures, including works by Chagall and Toulouse-Lautrec. Ongoing.

***Vincent's Journey** A porcelain life mask sculpture by Paul Rodrigue commemorating the struggles of people living with AIDS. Ongoing.

Raffies Cafe Bookstore 355 Congress St, Portland. "Folk Art Images," painted furniture by Three Fish Guild, shows through Jan 9. Hours: Sun 12-5, Mon-Thurs 9-15:58, Wed-Thurs 9-15:58, 761-3930.

Renaissance Antiques and Fine Art 37 Wharf St, Portland. Nineteenth-century paintings, marine antiques, 18th- and 19th-century Oriental furnishings, sterling silver and paintings by Terry Wolf and John Dehlinger. 879-0789.

The Seaman's Club 1 Exchange St, Portland. "Flights and Fantasies," works by members of the Freeport Art Club, shows through Dec 6, 879-0919.

Art & Soul continued on page 26

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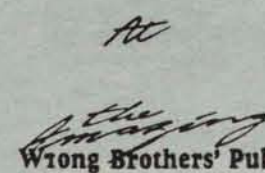
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Art & Soul continued from page 25

art

The Stein Gallery 20 Milk St. Portland. Works by 65 nationally recognized and emerging contemporary American studio glass artists including Peter Andres, Rick Eckerd, Melanie Guernsey, Robert Mickelsen, Thomas Scoon, Robert Willson and Leah Wingfield. Gallery Hours: Mon-Sat 11-6, Sun 11-5. 772-9072.

Stillwood Books 19 Pleasant St. Portland. Polaroid photographs by Tom Marino currently show. Hours: Mon-Sat 10-6, 871-0480.

University of Southern Maine Art Gallery USM/Gorham. Faculty exhibition shows Nov 29-Dec 14. Gallery Hours: Sun-Thurs 12-4, 780-5409.

Victory Deli & Bakeshop One Portland Square, Monument Square, Portland. Fantasy pastels by Marie S.W.B. Croteau show through Dec 31. Hours: Mon-Fri 7-8, Sat-Sun 8:30-8.

out of town

Bowdoin College Museum of Art Walker Art Building, Bowdoin College, Brunswick. The museum is open to the public free of charge. Hours: Tues-Sat 10-5, Sun 2-5. 725-3275.

The Legacy of James Bowdoin III An exhibit of James Bowdoin's 1811 bequest of paintings, drawings, books and mineralogical specimens show Oct 15-June 26.

Crosscurrents Works originating from Africa, Asia, the ancient Greek world and the Americas that represent the cultural diversity of the museum's collection show Oct 15-June 26.

Drawing on Basics: Selections from Drawings and Watercolors at Bowdoin College The oldest collection of drawings in America, bequeathed to the college in 1811 by James Bowdoin III, shows Oct 15-Dec 19.

Other Places, Other Times: The Photographer's View Images made by photographers working outside their native milieu. Through Dec 22.

Center for The Arts at The Chocolate Church 804 Washington St. Bath. Works by two contemporary figurative artists, Arlene Morris and Barbara Sullivan, shows through Nov 27. Hours: Tues-Fri 9-4, Sat 12-4, 442-8627.

Cry of the Loon Art Gallery Route 302, S. Casco. "Old Friends...New Faces," affordable art for the holidays, shows through Dec 24. Gallery hours: daily 9:30-5:30, December hours: 655-5060.

Freeport Town Hall Main Street, Freeport. Works by art club members show Oct 1-Dec 6. Hours: Mon-Tues & Thurs 8-4:30, Wed 8-7, Fri 8-1, 865-4672.

Icon Contemporary Art 19 Mason St. Brunswick. New paintings by Dean Richardson show through Nov 27. Hours: Mon-Fri 1-5, Sat 1-4, 725-8157.

Kristina's Restaurant 160 Center St. Bath. Recent oils by Maine painter J. Day Mason show Dec 2-Jan 3. Hours: Mon-Fri 8-9, Sat 9-9, Sun 9-2. 442-8577.

Maine Maritime Museum Maritime History Bldg, 243 Washington St. Bath. Gallery hours: daily 9:30-5, 443-1316.

Shipwreck! Oil and watercolor paintings and photographs review the perils of the sea in the days before modern radio communication. On view through January 1994.

The McArthur Library 270 Main St. Biddeford. Limited edition Civil War prints by nationally known military artists and Civil War artifacts show through November. Hours: Mon-Thurs 9:30-8, Fri 10-5, Sat 9:30-3:30, 284-4181.

Sabbathday Lake Shaker Museum Route 26, New Gloucester. An exhibit of Shaker furniture is currently featured. Hours: Mon-Sat 10-4:30, 926-4597.

Union of Maine Visual Artists, Inc. 19 Mason St. Brunswick. Artists' explorations of the cultural and personal symbolism of pink. Shows through Nov 27. Gallery hours: Mon-Fri 1-5, Sat 12-4, 737-4749.

other

Bookbinding Susan Holland offers weekend workshops and individual instruction in the craft of bookbinding and box making at the Holland Bindery, 20 Danforth St. Studio #201, Portland. 874-0909.

Call for Work "Paper Prayers" exhibit in conjunction with Visual Aids "A Day Without Art." Open to all artists, laypeople, adults and children. To receive prospectus, send SASE to Danforth Gallery, 34 Danforth St. Portland, ME 04101. Deadline for work is Nov 20. 797-5661.

Christmas Wreath Workshop Walker Memorial Library presents a workshop by Karen Smith of Shearbrooke Farm Nov 29 from 4-7 pm at 800 Main St. Westbrook. 854-0630.

Craft Guild Open House The Harpswell Craft Guild invites the public to a holiday open house and sale Nov 26-28 and Dec 4 & 5 at various guild members on Route 123 in Harpswell. Enjoy mulled cider and watch guild artists work. Participating guild members include Ceramic Choreography, Widgeon Cove Studios, Ma Culley's Old Sorties, Michelle Henning Porcelain Jewelry and Ash Cove Pottery. 833-6081.

Creative Arts Program Portland Recreation offers classes in drawing and painting for senior adults Tues and Fri from 9:30 am-12:30 pm at Northfield Green Community Room, 147 Allen Ave. Portland. 874-8793.

Art & Soul continued on page 28

World AIDS Day

In 1993 the AIDS pandemic continues to spread with no vaccine or cure in sight. The World Health Organization (WHO) estimates that 14 million people have been infected by HIV, the virus that causes AIDS. In response to this public health nightmare, WHO established Dec. 1 as World AIDS Day. On this day people throughout the world commemorate the many lives lost to AIDS and act to increase awareness of HIV and AIDS. In Portland the day will be marked by the following events:

AIDS Awareness Stamp

The U.S. Postal Service issues the AIDS awareness stamp, providing a significant visual symbol for World AIDS Day 1993.

AIDS Memorial Quilt Display

The NAMES Project/Maine displays the AIDS Memorial Quilt at the YWCA, 87 Spring St. This display, the largest ever in Maine, will feature over 400 panels, each commemorating the life of someone who has died of AIDS. It will be the first time that all the panels made in Maine will be displayed together. Opening ceremonies begin at 6 p.m. The display runs through Dec. 4. Donations collected will be distributed among 16 local AIDS service providers. 871-1641.

A Day Without Art

VISUAL AIDS, a national group of art professionals, has designated Dec. 1 as A Day Without Art: A National Day of Action and Mourning. On this day, artists, arts administrators and arts organizations use the expressive power of art to educate and heighten awareness of AIDS. A Day Without Art will be observed at the Danforth Gallery and the Portland Museum of Art.

Danforth Gallery

The gallery presents "Paper Prayers," a collaborative art installation intended to focus on AIDS awareness and to raise money for The AIDS Project. "Paper Prayers" was inspired by the Japanese tradition of offering painted strips of paper as prayers to sustain good health and to cure the sick.

Conceived by artist Tom Grabosky, the installation will feature paper pieces created by people in Maine. Viewers are invited to take home a prayer and to make a donation to The AIDS Project. The installation is on view at 34 Danforth St. through Dec. 10.

The gallery also presents a panel discussion on healing from 5-7 p.m. at 20 Danforth St. Panelists include Rev. Brooke Alexander, an Episcopal minister who works with Hospice of Maine; Walter Christie, M.D., a psychiatrist and naturalist; Ken Hamilton, M.D., founder of Project HOPE in Maine; Sharon Pratt, a cancer survivor and founder of "The Helping Hand," a newsletter for cancer victims; Regina Kelly, an instructor at the Maine College of Art; and Carol Schoneberg, a volunteer services coordinator for Hospice of Maine. The panelists will address the issues of health and healing for people with serious illness. 775-6245.

Portland Museum of Art

The museum will hold a press conference and dedication ceremony for the AIDS Awareness Stamp in the museum's Great Hall at 10:30 a.m. On hand will be PMA Director Dan O'Leary, Susan Dow of the U.S. Postal Service; artist Jason Dilley, who created "Project Face to Face"; and Beth Shorr of Blue Cross and Blue Shield of Maine, sponsor of "Project Face to Face."

The Portland Post Office will set up a temporary postal station in the Great Hall to sell the stamps. Stamps can be cancelled with special World AIDS Day pictorial postmarks, only available in Maine at PMA.

Works on the first floor sculpture atrium will be draped in black crepe, and a metal sculpture designed specifically for this day by Rae Eastman will be on view. These two installations symbolize mourning in response to the toll AIDS has taken in the cultural community. Staff members from the Portland Department of Public Health, the AIDS Lodging House, People With AIDS Coalition and Maine Medical Center's AIDS Consultants Service will be available to answer questions and provide written material on AIDS.

"Project Face to Face" will also be on view. Created by artist Jason Dilley, Project Face to Face consists of 20 finely detailed life masks of people with AIDS and viewer-activated oral histories.

The museum's located at 7 Congress Square. 773-2787.

Fighting AIDS

Join keynote speakers Frannie Peabody and John Preston and volunteers from The AIDS Project as they share their experiences in the fight against AIDS. The Gay Men's Chorus will provide music. The program runs from 12:10-12:50 at the First Parish Church, 425 Congress St. At the end of the program, representatives from the local AIDS service organizations will be available to provide information on volunteer opportunities. From 1-4 p.m. the church will be open for those who wish to remain and reflect. 774-6877.

Open House at The AIDS Project

Meet the staff at The AIDS Project and learn more about their services from 2:30-4:30 at 22 Monument Square, Portland. There will also be an opening of "Photopositives: Living with HIV," a photographic journal by Tom Antonik (see below). Refreshments will be served. 774-6877.

"Photopositives: Living with HIV"

A photographic journal by Tom Antonik opens Dec. 1 at The AIDS Project, 22 Monument Square. Antonik, a person living with AIDS, chronicles the people and events that have touched his life since his diagnosis. Text accompanies the photographs, which include many local people affected by or living with HIV and AIDS. Join the artist for an opening reception from 2:30-4:30 p.m. Light refreshments will be served. The show runs through Jan. 7. 774-6877.

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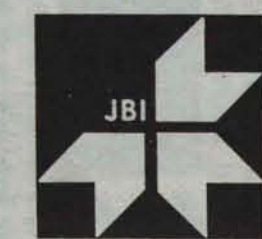
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**7:00 P.M. Monday,
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Seating is limited so reservations are recommended. Please call Julie Manning at (207) 871-5135 to reserve your seat. (If Julie is not available, please leave a message on her voicemail.)



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Art & Soul continued from page 26

art

Donations Requested Greater Portland Landmarks needs you to clean out your attics and basements and give them a call! They're collecting architectural bits and pieces for a fundraiser and garage sale. Requested items include knobs, latches, door knockers, sinks, tubs, toilets, faucets, woodwork, stoves, ceramic tiles, furniture, windows, doors, arbor, slate shingles, books, tools and any other items that may be of value to someone working with an older home. 773-1756 or 774-6680.

Entries Sought The Center for the Arts at the Chocolate Church seeks entries for its annual members' exhibit that runs Dec 3-25. This year's theme is "Small Treasures." Member artists can submit up to five small works with a value of \$150 or less. New artist to the mid-coast area or former Chocolate Church members are invited to participate in this event. Work, wired for hanging, will be received Nov 30 from 9 am-4 pm. 442-8627.

Learn to Use Your Camera L. Murray Jamison offers basic technical and aesthetic instruction to improve your skill as a photographer. Small classes and weekend workshops. Individually tailored. 871-8244.

Open Slide Night The Union of Maine Visual Artists (UMVA) invites artists, craftpeople and anyone interested in the UMVA to attend an open slide night on second Friday of each month at 7:30 pm at Jay York Affordable Photo, 58 Wilmet St., Portland. Artists are encouraged to bring slides for discussion/feedback. 773-3434.

Outdoor Painting Class Freepart Art Club's resident artist Eric Glass offers outdoor painting classes for beginners using any medium. Cost: \$30, \$25 members. 865-3024.

Portland Camera Club meets every Mon at 7:30 pm at the American Legion Hall, 413 Broadway, S. Portland. Public is welcome.

Portland Chamber of Commerce is looking for Maine artists to share their work. 772-2811, ext. 223.

Student Holiday Show & Sale Portland Pottery presents its 5th annual student holiday show and sale Dec 4 from 10 am-6 pm and Dec 5 from 11 am-6 pm at 118 Washington Ave., Portland. 772-4334.

Women's Independent Painting Studio Painter Jane Way offers fine art guidance to women focused on exploring their own independent study of painting (oil, watercolor, etc.). Small groups forming now. 775-2442.

World AIDS Day In observance of World AIDS Day (Dec 1), The Portland Museum of Art holds a poster conference and dedication ceremony for the AIDS Awareness Stamp Dec 1 at 10:30 am in the Great Hall. The museum's first floor sculpture gallery will be draped in black crepe and a sculpture designed specifically by Rae Eastman for a Day Without Art will be on view. Also, representatives from various agencies will be on hand to distribute material and answer questions about AIDS. The museum is located at 7 Congress Square, Portland. 773-2787.

sense

Death Penalty Discussion Helen Prejean, C. S. J., author of "Dead Man Walking: An Eyewitness Account of the Death Penalty in Maine," speaks Dec 4 at 7 pm at Catherine McAuley High School, 631 Stevens Ave., Portland. Donation.

Fiction Workshop Kristina Neilhouse offers an ongoing weekly writing workshop concerning anything from sudden to short fiction, starting out or works in progress. Cost: \$10 per session. 874-2949.

Fighting AIDS Join keynote speakers Frankie Peabody and John Preston and volunteers from The AIDS Project as they share their experiences in the fight against AIDS Dec 3 (World AIDS Day) from 12:10-12:50 pm at the First Parish Church, 425 Congress St., Portland. 774-6877.

Find Your Voice Singer-songwriting group now forming. Holistic approach to expressing oneself through original songs performed solo acoustic, solo electric, with keyboard or a cappella. Will incorporate performances at open mike nights or song swaps. Meets Mondays from 7-9 pm. Cost: \$20 for two-hour session. 774-8666.

Freeing the Astrologer Within A six-week course to teach you the principles of astrological interpretation, focusing on identifying deep patterns of fear, delusions and emotional wounds, as well as identifying genius and creativity. Next class starts Dec 6. Cost: \$50. 772-6351.

Freeing the Writer Within An eight-week course designed with the spirit of Natalie Goldberg's book "Writing Down the Bones." Develop the capacity to write deeply and powerfully. Next class starts Dec 1 & 7. Cost: \$45. 772-6351.

Guano Trade Bud Warren presents "On Deposit: Maine Vessels and the 19th-Century Guano Trade" Nov 30 at 7 pm at Maine Maritime Museum, 243 Washington St., Bath. Illustrated with contemporary photographs. Cost: \$3, \$2 members. 443-3116.

Happy Birthday to Jane The Maine Historical Society celebrates Jane Austen's birthday Dec 4 from 10 am-3 pm at the society at 485 Congress St., Portland. Program includes keynote speaker William Sayres, presentation of scenes from "Pride and Prejudice," Jane Austen games and lunch with toast by Constance Hunting. Cost: \$7.50. Registration. 797-2620 or 787-3949.

Lending Library USM's Portland Women's Center seeks donations of women's literature, both fiction and nonfiction, to stock their lending library. Donations may be made Mon-Fri from 8 am-2 pm at the center in Room 40, Payson Smith, Falmouth Street. 780-4996.

Le Petit Prince The Alliance Francaise of Portland holds its monthly brown bag lunch Dec 1 from 12:1 pm at the Portland Public Library, 5 Monument Square, Portland. The event features a presentation of "Le Petit Prince" from Saint-Exupéry as part of a celebration of the 50th anniversary of its first publication. The presentation includes insights on the New York exhibition featuring the author's original manuscript and drawings. Open to all. Free. 772-0405.

Lotus/IBM Learning Centers The Small Business Development Center at the University of Southern Maine has two Lotus/IBM Learning Centers available to help people in business learn how to use Lotus 123, One-Write Plus, Lotus Works and WordPerfect 5.1 software. Learning centers are available Mon-Fri. Free. 780-4420.

The Theater Project seeks new, unproduced plays (one-acts with small casts, minimal sets, props, costumes) and individual performance projects. Winners will be produced as part of their 1994 season. Please send entries to NewWorks, The Theater Project, 14 School St., Brunswick, ME 04011. Include SASE for script return and results. Winners notified March 1, 1994. 729-8584.

"Twice Blessed: Growing Up Jewish and Gay" Members of Am Chofshi, Maine's lesbian and gay social group, celebrate Hanukkah and discuss what's it like being Jewish and gay in a predominantly Christian culture at the meeting of the Matlovich Society Dec 9 from 7:30-9 pm in the Rines Room, Portland Public Library, 5 Monument Square, Portland.

World Affairs Council sponsors historian Paul Gottfried, who delivers "The CIA Blew It: The State Department Blew It. The Academics Blew It." Nov 30 from 5-7 pm at St. Luke's Cathedral, 143 State St., Portland. Gottfried's discussion focuses on what he believes was the failure of the Kremlin Watchers in predicting the end of the cold war and how it has influenced U.S. foreign policy. Cost: \$5.780-4551.

World AIDS Day In observance of World AIDS Day (Dec 1), The Portland Museum of Art holds a poster conference and dedication ceremony for the AIDS Awareness Stamp Dec 1 at 10:30 am in the Great Hall. The museum's first floor sculpture gallery will be draped in black crepe and a sculpture designed specifically by Rae Eastman for a Day Without Art will be on view. Also, representatives from various agencies will be on hand to distribute material and answer questions about AIDS. The museum is located at 7 Congress Square, Portland. 773-2787.

Outdoor Painting Class Freepart Art Club's resident artist Eric Glass offers outdoor painting classes for beginners using any medium. Cost: \$30, \$25 members. 865-3024.

Portland Camera Club meets every Mon at 7:30 pm at the American Legion Hall, 413 Broadway, S. Portland. Public is welcome.

Portland Chamber of Commerce is looking for Maine artists to share their work. 772-2811, ext. 223.

Student Holiday Show & Sale Portland Pottery presents its 5th annual student holiday show and sale Dec 4 from 10 am-6 pm and Dec 5 from 11 am-6 pm at 118 Washington Ave., Portland. 772-4334.

Women's Independent Painting Studio Painter Jane Way offers fine art guidance to women focused on exploring their own independent study of painting (oil, watercolor, etc.). Small groups forming now. 775-2442.

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wellness

Adult Screening Clinic on the last Wed of every month for blood pressure and testing for sugar, anemia and cholesterol, from 11:30 am-1 pm at the Peoples United Methodist Church, 310 Broadway, S. Portland. Fee for services. 767-3326.

Astrology and the Vedic Tradition Maharishi Jyotish is the authentic science of prediction, giving knowledge of the past, present and future. Attend a free introductory lecture Nov 30 at 7 pm at the Maharishi School of Vedic Science, 575 Forest Ave., Portland. 774-1108.

Awareness Through Movement Jane Burdick offers classes in awareness through movement throughout the month of November. Classes are Mon evenings (Nov 8, 15, 22 and 29) from 5:30-7 pm at On Balance, 4 Milk St., Portland, and Wed mornings (Nov 3, 10, 17, Dec 1) from 10:11-11:30 am at 75 Gray St., Portland. Cost: \$10 per class. 773-6809.

Back Care Basics in Yoga Learn how carefully selected and modified hatha yoga postures can be used to free yourself from common back pain Dec 4 from 8:30-11 am at Portland Yoga Studio, 616 Congress St., Portland. Cost: \$20. 797-5684.

Buddhist-Oriented Meditation Group meets every Sun from 10:11 am at 1040 Broadway, S. Portland. Small donation. 839-4897.

Chemical Dependency Program The Department of Veterans Affairs offers outpatient substance abuse treatment for veterans. They will provide community outreach, individual care, education, evaluation, referral and support. 780-3577 or 780-3578.

Child Health Clinic Visiting Nurse Association and Hospice of So. Portland offer a well child clinic for kids age two months to two years the first Friday of every month from 8:30 am-noon at First Congregational Church, Cottage Road, So. Portland. Services include immunizations, lead tests and physicals. Medicaid accepted. By appointment only. 787-3326.

Chiropractic Discussions Dr. Roger Nadeau presents chiropractic health care discussions Tues from 11:30 am-1:30 pm at the Sacro Island, Suite 1214, Saco. Free. 284-7760.

Flocking Expressive theater Diana Soros leads a playful creative movement group enhancing empathy, relationships and nonverbal communication the first and third Thurs of each month from 6-8 pm at the United Methodist Church, 168 Elm St., So. Portland. Sliding scale. 828-3908.

Free Meditations Every Sunday at 7 pm at The Yoga Center, 137 Preble St., Portland. 799-4449.

Friends of the Western Buddhist Order invite all interested individuals to a period of meditation and study of Buddhist concepts and practice. Meetings are on Mon evenings from 7:15-9:15 pm. 642-2128.

Hatha Yoga for People with AIDS is available every Wed and Fri from 12:45-2 pm at 22 Monument Square, Portland. Cost: \$1. for those who can afford it. 797-5684.

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Health Lecture Susan M. Revery, Associate Professor in Women's Studies at Wesley College, discusses "The Metalinguage of Race" and "The Tuskegee Syphilis Experiment" at a lecture Nov 30 at 7:30 pm in Kresge Auditorium, Visual Arts Center, Bowdoin College, Brunswick. Free, but tickets required. 725-3253.

Heartline Cardiac Rehabilitation USM Lifeline offers an exercise program for people who have had a heart attack, angina, bypass surgery or angioplasty or are at risk for heart disease. Classes are ongoing Mondays, Wednesdays and Fridays at 7:30 am and 6 pm at Portland Campus Gym, Falmouth St., Portland. 780-4649.

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Homeopathic Study Group Learn about an alternative medicine that works! Study group meets one Sunday afternoon each month from 2:30-3 pm. Small donation welcome. Call 865-9220 or 725-0408 for info.

Hospice Forum Learn about the role of the hospice in the community Nov 30-Dec 1 at the Dana Center, Maine Medical Center, 22 Bramhall St., Portland. 774-4417.

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My Choice Pregnancy Resource CT offers counseling, referrals and housing for women and teens experiencing an untimely pregnancy. Counseling focuses on the options of parenting or adoption. A birth mother support group is offered to any woman who has surrendered a child for adoption or is considering doing so. 772-7555.

Natural Foods Solutions Learn all about the purchase and preparation of whole foods vegetarian meals in your home. Classes, presentations and consultations are also available. 774-8889.

Pediatric Basic Life Support & Safety Brighton Babies presents a course to teach caregivers about the hazards to which children are exposed, how to make a safe environment and rescue techniques for infants and children. Course is offered Dec 4 from 8:30 am-2 pm at Brighton Medical Center, 335 Brighton Ave., Portland. Cost: \$15 per person, \$25 per couple. Reservations. 879-8458.

Planned Parenthood has a new health center located at 970 Forest Ave., Portland. HIV testing is now available for women and men in addition to annual exams, pregnancy testing, birth control information and supplies (free condoms), testing and treatment for STDs and infections, menopause services and more. Handicapped accessible, confidential and affordable. Medicaid is welcomed. 874-1095.

"The Politics and Practice of Nutritional Therapy" Joan C. Priestly, M.D., describes her five-point program for the treatment of chronic illnesses and disease, including AIDS, cancer, PMS and chronic fatigue syndrome Dec 1 (World AIDS Day) from 7-9 pm at the Unitarian-Universalist Church, 15 Pleasant St., Brunswick. Cost: \$3-5 donation.

Pulmonary Rehabilitation USM Lifeline offers a program designed for individuals with various lung diseases, including AIDS, cancer, PMS and chronic fatigue syndrome Dec 1 (World AIDS Day) from 7-9 pm at the Unitarian-Universalist Church, 15 Pleasant St., Brunswick. Cost: \$3-5 donation.

Sahaja Yoga Meditation Experience thoughtless awareness. No charge. Call 767-4819 for info on summer schedule.

Self Esteem group now forming. Small group format, reality therapy based. Facilitated by a licensed professional counselor, affordable, comfortable environment, fun. Focuses on life, love, work and play. 772-6892.

Sitting Meditations in the Tibetan Tradition Meditation practitioners are invited to join in regular sitting sessions Sunday mornings from 9 am-noon in the Shrine Room of the Dharmya Study Group, 98 Maine St., Brunswick. Open to the public. Meditation instruction available. Free. 871-0586.

Somatic Integration Craig Williamson offers a different kind of exercise class for pain relief, relaxation, improved posture and injury prevention. Small group classes held at On Balance, 4 Milk St., Portland. Call 799-5749 for full schedule.

Spiritually Awareness Become one with the creator. "You." Come join the gathering with spiritualist Magda Adrien. 774-9036.

Stretching The Spirit Ongoing open class of basic Hatha yoga including breathing and deep relaxation Tues from 6-7 pm at the Swedenborgian Church, 302 Stevens Ave., Portland. Wear loose clothing and bring a mat or blanket. Cost: \$3 donation. 772-8277.

Surf Meditation Join the Portland Surf Order for meditation sessions based on the works of Hazrat Inayat Khan and Pir Vilayat Inayat Khan. Experienced teachers offer sessions working with creative visualization, breath, sound, light and divine qualities. Sessions ongoing and open to all; no experience necessary. Bring a meditation pillow or bench if desired. No fee, but donations accepted. Sessions at Expressive Therapy Center, 150 St. John St., Portland. 774-1203.

The Teen/Young Adult Clinic is a place to go if you have a health concern or medical problem, need a sports/school physical done, or have birth control issues to deal with. Open to anyone 13-21, every Monday from 4-8 pm, at Maine Medical Center, 22 Bramhall St., Portland. Walk-ins seen if they arrive by 7 pm. 871-2763.

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9-12 Alternative 12-3 Techno, Rave, House
\$5 Cover (All Ages)

Saturday Nov 27th
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3 Bands 3 Bucks
Fly Spinach Fly
Shagg & Puddles Of Joy

Doors 9PM \$3 Cover (21+) \$1 PBR's All Night Long!

Sat Dec 4th Thanks To Gravity
Wed Dec 8th Mercy

Thursday Dec 9th Trash Disco Inferno
DJ John Minnehan & Ultimate 70's Video Show
The Best & Worst of the 70's Doors 9PM No Cover (21+)

Sat Dec 11th Soul Kiss with Daddy Black Boots

Friday Dec 31st New Years Eve
TWISTED ROOTS
& Special Guests + DJ Bob Look

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Art & Soul continued from page 29



sweat

Fitness Classes Greater Portland YMCA offers a variety of fitness classes including step aerobics, body shaping and aerobic fitness. Beginner, intermediate and advanced classes available. Stop by the YMCA at 70 Forest Ave, Portland, for details or call 874-1111.

Indoor Soccer Pick-up games every Fri from 6-8 pm at the Reiche Community Center, 166 Brackett St, Portland. Cost: \$2 residents, \$3 non-residents. Call 874-8873.

International Folk Dancing Come to an evening of line and couples dances from Eastern Europe, the Balkans, Israel, Turkey and Scotland Dec 1, from 7-9:30 pm in the Main Lounge, Moulton Union, Bowdoin College, Brunswick. Dances taught from 7-8 pm. Cost: \$3, free for Bowdoin students. 729-8857 or 729-1555.

Maine Outdoor Adventure Club brings together people who enjoy the outdoors. MOAC offers trips and events to people of all skill levels, beginning to expert. Upcoming events: Nov 29 full moon hike at Morse Mountain (637-2216); Dec 1 monthly meeting at 7 pm at North Deering Congregational Church, Portland; Dec 4-5 winter backpacking (773-0476); Dec 4-5 hot air balloon festival at North Conway, NH (773-4730); Jan 8-9 Moosehead Lake (772-2311). Weekly walk around Back Cove every Tues & Thurs at 6 pm (meet in Payson Park). For updated trip info, call the Outdoor Hotline at 828-0918. For club and membership information call 774-3886.

Martial Arts for Seniors Master's Self Defense Center offers a martial arts program designed for those over 50 years of age. Program includes fitness, weight control, relaxation and self-defense. The center is located at Union Station Plaza on St. John Street, Portland. 761-0114.

Paddling Along Participate in an introduction to kayaking and basic strokes Nov. 28, 773-0910.

Pool Hours Portland Rec announces its winter pool hours starting Nov 15. Riverton Pool, 1600 Forest Ave, Portland: Adults 12:15-1:15 pm Mon-Fri; 12:30-1:30 pm Sat; 6:15-7:30 pm Mon-Wed-Fri. Open swims 7:30-8:45 pm Mon & Wed; 6:15-8 pm Tues; 1:30-3:30 pm Sat (874-8456). Reiche Pool, 166 Brackett St, Portland: Adults 12:15-1:15 pm Tues & Thurs; 4:30-6 pm Mon-Wed & Fri; 4:30-6:30 pm Thurs. Open swims 6:30-8 pm Thurs (874-8874).

Row Row Row Learn how side seat rowing can keep you fit for life. Call Casco Bay Rowing Center at 846-5139.

Saturday Dance Dance the night away every Saturday at Maine Ballroom Dance, 614a Congress St, Portland. Dancing for beginners from 8-9 pm; all others dance from 9-12 pm. Cost: \$5, \$3 for beginners dance. 773-0002.

Senior Fitness for Men & Women 55+ USM Lifeline offers classes Mondays, Wednesdays & Fridays from 10:30-11:15 am at the USM Portland campus gym on Falmouth Street. Program consists of progressive exercises. Registration is ongoing. 780-4170.

Senior Stretch & Step S. Portland Parks & Recreation offers stretch & step exercise classes on Mondays and Fridays. Call 767-7650 for details.

Singles' Dance The Singles' Network invites you to dance to live music provided by Cheyenne Nov 27 from 8:45 pm at the Italian Heritage Center, 40 Westland Avenue, Portland. Cost: \$8, \$5 members. Smoke-free. 1-800-375-6509.

So. Me. Sea Kayaking Network People of all skill levels are invited to join the network for paddling fun. Call the newsletter at 874-2640 for updates and membership information.

Sports of All Sorts The Boys & Girls Clubs of Greater Portland offers a variety of activities including swimming, basketball and volleyball at 277 Cumberland Ave, Portland. 874-1070.

Swimming Classes Sign up your preschooler for Tuesday morning swimming classes (start Nov 30) and Saturday morning swim classes (start Dec 4) at Riverton Pool, 1600 Forest Ave, Portland. Registration starts Nov 17 at 7 pm. 874-8456.

Thirty Somethin' Soccer People 30+ meet to play soccer Sunday evenings at 6 pm on the Middle School Field, Scott Dyer Road, Cape Elizabeth. Events include pickup games, challenge matches and occasional tournaments. 799-8669.

Volleyball Pick-up games every Tues & Thurs from 7:30-9:30 pm at the Reiche Community Center, 166 Brackett St, Wed 7-9 pm at Peaks Island Community Center, Peaks Island. Cost: \$2 residents, \$3 non-residents. Call 874-8793.

Walk/Jog/Aerobics USM Lifeline offers a ten-week session of walk/jog/aerobics starting Dec 20 at a variety of times and locations. Register by Dec 10. 780-4170.

Wallyball Casco Bay Bike Club hosts informal wallyball games every Thurs at 6:30 pm at the Racket and Fitness Center, Outer Congress Street, Portland. Cost: \$5. 772-8465.

Western Line Dancing USM's Linda Seidel offers a class Nov 29 from 7-9 pm in the Brooks Student Center, USM/Gorham. Free. 780-4173.

Women's Rugby The Portland women's rugby club welcomes new and old players. Call 865-4419 or 929-5984 for more information.

our towns

Bagel Breakfast Bagel Works offers a bagel breakfast Thanksgiving Day (Nov 25) from 7-11 am at 15 Temple St, Portland. All proceeds benefit the Preble Street Resource Center. Bagel Works also offers a complimentary breakfast on Thanksgiving to those in need. 879-2425.

Booney Rat Donations Help benefit Maine's vets and the local community by donating your working electronics, kitchen ware, furniture and tools to The Booney Rat, 239 Congress St, Portland. Open 10 am-5 pm daily.

Breakfast for All Tuttle Road United Methodist Church in Cumberland offers all the eggs, sausage and muffins you can eat and all the juice and coffee you can drink Dec 4 from 7:30-9:30 am. Cost: \$3 adults, \$1.25 kids.

Christmas at Victoria Mansion The Victoria Mansion celebrates "The Queen's Christmas," honoring the arts and culture of the reign of the great Queen (1839-1902). Dec 2-5 and 9-12. Designers, florists and architects have transformed the mansion into a Victorian Christmas spectacle. Hours are 1-7 pm Dec 2-5 and 9-12. Gala preview party Dec 1 from 5-8 pm (Cost: \$25/reservations required). Admission for tours: \$5, \$4 members, \$2 kids under 12. 772-4841.

Christmas Gift Wrap Event Bring your packages to the American Cancer Society's gift wrap booth located outside of Jordan Marsh in the Maine Mall and let the volunteers wrap them for you! Donations are gratefully accepted. Volunteers are still needed. 729-3339.

Craft Fair Central Now's the time to get a head start on your holiday shopping. Most fairs feature handmade crafts and plenty of food. The following fairs are coming soon to a location near you:

*Christmas and Craft Fair Dec 5 from 9 am-3 pm at the American Legion, Route 100, Gray. Tree trimmers, jewelry, crafts, wood stuff, kid's stuff and knitwear. Snack bar. Proceeds benefit charities.

*Christmas Fair Dec 4 from 9 am-2 pm at St. Bartholomew's Church, Gilman Road, Yarmouth. Unusual tree decorations, jewelry, books, attic treasures, raffles and hayrides. Fire-side lunch served 11 am-1 pm.

*Family Crafts Fair Dec 4 from 10 am-4 pm at the Presumpscot Grange, 1844 Forest Ave, Portland. Soft dolls and toys, puppets, batik, quilted items, jewelry, stilt and wooden toys. Luncheon and snack bar.

*Gala Christmas Fair Dec 4 from 9 am-4 pm at the Williston-Vesey Church, 32 Thomas St, Portland. Home-baked goods, food, wreaths, ornaments, bird feeders, sweaters, mittens, jewelry. Raffle for fabulous prizes. Performance by the Williston-Vesey Choir. Santa will be there, too!

*Holiday "Bizarre" Dec 5 from 9 am-3 pm at USM Cafeteria, USM/Portland. Sponsored by WMPG. Great gifts, party goods.

*Holiday Craft Fair Dec 1 from 9 am-4 pm at Brooks Student Center, USM/Gorham. Free admission. 780-5470.

*Holiday Fair Dec 4 from 10 am-3 pm at the Unitarian-Universalist Church, 524 Allen Avenue, Portland. Foods table, antiques, recycled items, ornaments, wreaths, CDs, jewelry and quilt raffle.

*Holly and Ivy Fair Dec 4 from 9 am-2 pm at St. Luke's Cathedral, 143 State St, Portland. Silent auctions, holiday cafe, live music, kid's corner, wreaths, crafts.

*Holly Jolly Fair Dec 3 from 6-9 pm and Dec 4 from 9 am-3 pm at First Parish Congregational Church, Maine Street, Freeport. Country/country, woodworks, handknit items, jewelry, candy, kids corner. Fish chowder and sandwich luncheon available Sat 11 am-1:30 pm.

*Maine Audubon Society's Holiday Bazaar Dec 4 from 10 am-6 pm at the Portland Expo, 239 Park Avenue, Portland. Nearly 100 crafters offer fine gifts, crafts, and a benefit drawing for terrific prizes. Free admission. 781-2330.

*Old Fashion Christmas Fair Dec 4 from 9 am-2 pm at Trinity Episcopal Church, corner of Coyle Street and Forest Avenue, Portland. Ornaments, crafts, antiques and Santa! Lobster stew luncheon from 11:30 am-1:30 pm.

*Shaker Christmas Fair Dec 4 from 10 am-3 pm at Shaker Village, Route 26, New Gloucester. Home baked goods, cider, herbs, wreaths, cheese, pickles, posters, calendars, furniture and more.

*Society of Southern Maine Craftsmen Show Dec 4 from 9 am-4 pm at Saco Middle School, Buxton Road, Saco. No admission.

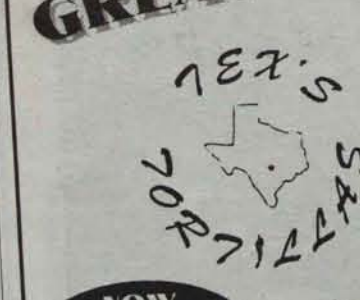
*United Maine Craftsmen's holiday craft show Dec 11 & 12 from 10 am-5 pm both days at the USM Campus Gym, USM/Portland. Over 90 exhibitors participating. Cost: \$1 admission. 621-2818.

*Xmas Fair Dec 4 from 9 am-3 pm at Franklin Towers, 211 Cumberland Ave, Portland. Crafts, bakeware, white elephant table, flea market and chance table. Luncheon served 11:30 am-1 pm.

Freeport Historical Society holds their annual holiday open house Dec 2 from 6-8 pm at the Harrington House, 45 Main St, Freeport. Hors d'oeuvres, hot mulled cider and festive music set the scene for a wonderful evening. Free. 865-3170.

Goodwill Drop Sites New Goodwill donation boxes are located at 353 Cumberland Avenue in Portland and Pond Cove Plaza on Ocean House Road in Cape Elizabeth. Attended donation centers are located at Northgate Shopping Center in Waterman Drive in South Portland. Furniture must be donated at the Portland Goodwill Store, 353 Cumberland Avenue, Portland. Larger donations may be picked up. 774-6323.

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Here's what's happening at Raoul's pad this week:

Thursday Nov. 25th
Turkey Day

Blue Roots No Cover

Savory Truffle

Rocking Vibration

Maria Muldaur

Writer's Open Mic hosted by Annie Clark featuring:

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Art & Soul continued on page

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Art & Soul continued from page 31

our towns

Morsels Cookbook St. Joseph's Manor has published "More Morsels," a cookbook containing 374 recipes from the facility's best cooks. The cookbooks cost \$10 and are available at St. Joseph's Manor, 1133 Washington Avenue, Portland. Proceeds benefit the manor's patio renovation project. 797-0600.

Pancake Breakfast The Windham Lion's Club invites you to a pancake breakfast to benefit the Girl Scout Troops of Windham Nov 20 from 7:30-10:30 am at the North Windham Union Church, Route 302 (across from the North Windham Fire Station), North Windham. Cost: \$3. \$2 seniors and kids, \$10 family of five.

PMA Holiday Festival The Portland Museum of Art invites you to enjoy the holiday season at the museum with holiday caroling from Dec 22-19 in the Great Hall at lunch time featuring local choruses. Don't miss the annual lighting of the Copper Beech Tree Dec 2 at 3:30 pm and the unveiling of the solstice tree adorned with objects created by national and international contemporary artists. Members of Portland Ballet perform scenes from "The Nutcracker Suite" followed by a visit from Santa Claus Dec 4 at noon. No admission charge for performances. The museum's located at 7 Congress Square, Portland. 775-6148.

Portland Observatory opens on Saturdays from 10 am-4 pm and Sundays from 1-4 pm through Christmas week weather permitting. The observatory will also be open for at least one snowfall in December. Watch for the flags on weekends and after the first snowfall. The observatory's open when the flags are flying! 774-5561.

Ski Sale Bonney Eagle High School hosts a ski sale to benefit its Project Graduation Dec 4 from 9 am-3:30 pm in Bonney Eagle High School Cafeteria in Standish. New and used equipment, clothing, door prizes. 642-4816 or 247-5284.

Thanksgiving Dinner Those who are in need and those who are alone and wish to share in the fellowship are invited to enjoy a complete holiday dinner with all the trimmings Nov 25 at noon at The Salvation Army, 297 Cumberland Ave., Portland. A short service will be held at 11:45 am. All are invited to attend. 774-6304.

Tree Lighting The Downtown Improvement District presents its annual holiday tree lighting ceremony Nov 26 at 6 pm at Monument Square in Portland. Performance by The Boys Singers of Maine. 772-6828.

Used Book and Bake Sale Enjoy coffee and freshly baked treats as you browse through used books Dec 11 from 9 am-2 pm at the Swedenborgian Church, 302 Stevens Ave., Portland. Books by the bag and holiday baked goods. 772-8277.

Volunteer Center The World Heritage Center is looking for five volunteers in Maine to serve as links between students, host families, the community and World Heritage offices. Mad Horse Theatre seeks a poster coordinator and a part-time receptionist. The Salvation Army needs drivers for its Meals-On-Wheels Program. Youth Alternatives, Inc., needs volunteers to teach life skills on Tues & Thurs afternoons. The Portland Museum of Art is looking for docents to give guided tours and perform desk duty twice a month. The Woodford Park Nursing Care Center seeks volunteers to lead groups, visit patients and help with special events for its Therapeutic Recreation Department. Scarborough's Campfire Office needs clerical help for two hours each week day. 874-1000.

X-Mas Decorations The Scarborough Lions are currently selling their annual tree ornament featuring historical buildings in Scarborough. This year's ornament features Winslow Homer's Studio in Prout's Neck and are available at several local locations including Flaherty Farms, Package Plus, Cumberland Farms, Town Hall, Pleasant Hill Gardens and Dottie's Place. Cost: \$6. 883-1427.

etc

Accent Improvement Classes for adults wishing to reduce foreign or regional accents start this fall. Offered by speech/language pathologist. 879-1886.

ACT UP/Maine (AIDS Coalition To Unleash Power) is a diverse group committed to nonviolent, direct action to end the AIDS crisis. Our goals include the establishment of a Maine AIDS Resource Center and the self-empowerment of People Living with AIDS Community. For more info write ACT UP/Maine, P.O. Box 5267, Portland ME 04101 or call 774-5082.

ACT UP/Portland Join us in the fight for universal rights! Get active on local, state and national issues of education, discrimination, access to health care, and AIDS services. Straight or queer, boy or girl, HIV-positive or negative, black, brown or white — act on your beliefs in a dynamic, non-violent grassroots organization dedicated to direct action to end the AIDS crisis. Meetings every Sunday at 7 pm at the YMCA, 87 Spring St., Portland. Wheelchair accessible. Drop by our workspace on Mondays from 6-8 pm at 142 High St., #222, Portland, ME 04101. 828-0566.

Book Signing and Celebration Author David Wagner signs copies of his book "Checkboard Square," based on Portland's homeless, Nov 30 from 4-5:30 pm at The Preble Street Resource Center, 5 Portland St., Portland. 780-4120 or 775-0026.

Come Blow Your Horn The Casco Bay Concert Band, an adult wind ensemble, invite all those who pursue music professionally or semi-professionally as well as those who just enjoy playing to their weekly rehearsals Monday evenings from 7:30-9 pm at Memorial Middle School, 120 Wescott Road, South Portland. No auditions. 799-8836.

Cookbook Signing Contributors to the "Maine Collection Cookbook," a cookbook by the Portland Museum of Art Guild, sign copies of the book and give out cooking samples from recipes at several Bookland locations Nov 27: Bookland, Mall Plaza, So. Portland, from 2-4 pm; Bookland, Mill Creek Shopping Plaza, So. Portland, 2-4 pm; Bookland, Cook's Corner Shopping Center, Brunswick, 2-4 pm.

Divorce Perspectives Thanksgiving meeting — small groups with social hour Nov 24 at 7:30 pm. Gregus Yahr discusses "Surviving Your Children Through Divorce" Dec 1 at 7:30 pm. Support group for people facing problems in divorce meets year-round Weds at 7:30 pm in Woodfords Congregational Church, 202 Woodfords St., Portland. Donation of \$1.50 requested. 774-HELP.

Enriched Golden Age Center invites men and women 60 and over to daily luncheons at 297 Cumberland Ave., Portland. Meal at noon. The following programs are offered at 12:30 pm: Thanksgiving celebration and musical entertainment Nov 24; Russell Webster of the U.S. Coast Guard talks about the group's missions and activities Dec 1; craft sale and Chanukah presentation by Lynn Hecker Dec 8; Salvation Army celebration of music with brass band and guitars Dec 15; Rotary Christmas dinner (reservations necessary) Dec 22; December birthdays with music by Beau & Mike Dec 29. Line dancing every Monday at 10 am. Donation: \$2.50. 774-6974.

Funeraler ACT UP/Portland invites you to a fundraiser featuring a wet jockey shorts and t-shirt contest and a chance to dart a picture of the person you most hate Dec 5 at The Underground, 3 Spring St., Portland. Contests start at 11:30 pm. \$3 donation suggested. 828-0566.

Fun-Free Friday The Maine Animal Coalition holds their annual Fun-Free Friday Nov 26 from 12-2 pm in front of the Maine Mall (near Sears), Maine Mall Road, South Portland.

Gililand Farm Programs Maine Audubon Society's Gililand Farm offers weekend activities at the farm at 118 U.S. Route 1, Falmouth. Upcoming programs include: "Nature Walk," highlighting the seasonal changes in the forest, field and marsh, Nov 27; "Learn About Loons," a hands-on look at the magical bird, Nov 28; learn how to make a beautiful wreath out of materials found in nature at "Wreath Making" Dec 4 (cost: \$15.). All programs run from 12-2 pm. Advanced registration recommended. Cost: \$4, \$3 nonmember. 781-2330.

Grandparents Support Group meets Nov 29 from 7-9 pm at Keeley's Banquet Center, 178 Warren Ave., Portland. Guest speaker Eva Jordan discusses child abuse. 797-9227.

Maine DOS Users Group holds their monthly meeting Dec 1 at 6:30 pm at the Machine Tool Auditorium, SMC, South Portland. This month's program features basic DOS commands and Christmas party. 839-2280.

Maine Media Women hold their holiday dinner meeting Dec 1 at 6 pm at The Muddy Rudder Restaurant, Route 1, Yarmouth. Networking begins at 5 pm in the cocktail lounge. Reservations by Nov 29. 721-0955 or 729-6858.

A Mycel Merye Yule Feste Travel back to a holiday feast in medieval times with everything from the Wassail Bowl to the Boar's Head Procession at USM's Mycel Merye Yule Feste Dec 23. Festivities include hors d'oeuvres and procession, period music, feasting and costumed merriment Dec 2 at 6:30 pm in the Brooks Student Center, USM/Gorham (cost: \$25) and Dec 3 at 6:30 pm in the ballroom in the Sonesta Hotel, 157 High St., Portland (cost: \$50). Reservations (by Nov 29). 780-4640.

Names Project/AIDS Memorial Quilt holds a panel-making workshop the first and third Sun of each month. A display of the AIDS memorial quilt is exhibited Dec 1, World AIDS Day, at the YWCA, 87 Spring St., Portland. The quilt shows through Dec 4. 871-1641.

Portland Camera Club meets Mondays at 7:30 pm at the American Legion Hall, 413 Broadway, S. Portland. Monthly events include B&W, color print and color slide competition.

Portland Juggling Club meets Sundays from 5-7 pm in Deering Oaks Park, Portland. All levels welcome.

Puppy Raisers Wanted The New England Assistance Dog Service seeks puppy raisers to open their hearts and homes to foster puppies in the assistance program. The organization trains and provides dogs to physically disabled people. If interested, call 934-1963 or write P.O. Box 604, Old Orchard Beach, ME 04064.

SCORE Service Corps of Retired Executives, a volunteer organization supporting small business, holds "The Business Plan and Cash Flow Projections" Nov 30. Seminars are from 1-4 pm at 66 Pearl St., Room 210, Portland. Cost: \$20. 772-1147.

Seashore Trolley Museum 'Tis the season to be jolly at the Seashore Trolley Museum in Kennebunkport. Year-end special events include Christmas prelude Dec 4 from 12-2 pm and Dec 5 from 12-4 pm. Trolley rides, Santa and Mrs. Claus, Refreshments, music and pictures. 967-2712.

Single Harmony All single adults are welcome to a forum for fun and friendship with positive interaction in an atmosphere of acceptance every Monday at 7 pm at the United Methodist Church, Church Road, Brunswick. 725-2185.

Singles' Network invites you to make new friends and get answers to your questions about The Singles' Network at a slide presentation Nov 27 at 7 pm at The Italian Heritage Center, 40 Westland Avenue, Portland. 830-375-6509.

Social Seniors is a senior adult program encompassing activities, contemporary classes and events for men and women 55 and older at the Jewish Community Center, 57 Ashmont St., Portland. 772-2234 for info.

Three Score Plus Club is a social meeting group for So. Portland senior citizens age 55 and older. The club offers weekly bingo, monthly luncheons and occasional trips. Meets at So. Portland Rec Center, 21 Nelson Road, So. Portland, every Monday. 767-7650.

Vegetarian Thanksgiving Potluck Nov 27 at 6 pm at 35 Saunders St., Portland. Call Southern Maine Vegetarians at 773-6132. **VW**

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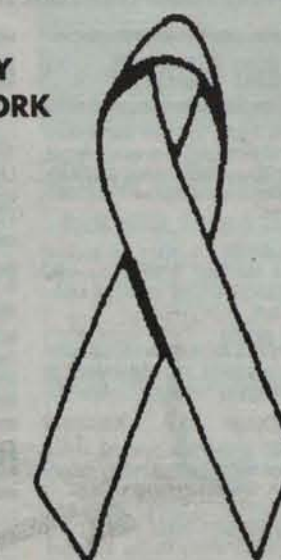
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Short stories sought for Casco Bay Weekly's

Fiction Slam



Casco Bay Weekly is looking for original, unpublished short stories that reflect life in the Casco Bay region. The most lively and compelling stories will be showcased in CBW's Fiction issue next February.

While literary merit is a plus, we're looking mostly for strong voices that say something about life as we know (or don't know) it. Shock us, inspire us, amuse us, compel us to think (we dare you!) — but show us your Portland in all its vibrant detail.

Play by the rules: Double-spaced manuscripts of 3,000 words or less will be accepted until 5 p.m. Jan. 3, 1994. The author's name, address and phone number must appear only on the cover page of the manuscript. Subsequent pages should be identified by story titles

and page numbers only. Proofread your stories carefully. Neatness counts. No works-in-progress, please. One entry per contestant. Only manuscripts accompanied by a self-addressed stamped envelope will be returned.

A panel of three judges will choose the winning stories based on originality, insight and zip. Selected authors will each receive 50 bucks, and their stories will be published in the Feb. 17 issue of Casco Bay Weekly. Wait — there's more! The authors will also be invited to attend a gala awards dinner with the judges and CBW editors at a local dining establishment.

Send your manuscript by Jan. 3 to:
Casco Bay Weekly Fiction Slam
551A Congress Street
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NEAR USM - GM seeking N/S, M/F responsible housemate to share 3BR home, W/D, deck, off-street parking, storage. \$260/mo. plus 1/3 utilities. 773-0362.

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PERSONAL CARE/COMPANION/Mother's helper looking for opportunity to serve in exchange for room. Dependable professional. References. Leave message at 392-4161.

ROOMMATE WANTED for recently renovated 2BR, 3rd floor apt. Looking for quiet N/S M/F. 775-2279.

WASHINGTON AVE. - 2 roommates wanted, M/F, pleasant neighborhood, parking, W/D, 2nd floor. \$225/mo., 1/3 util. sec. dep. 873-6088. Avail. 1/94.

ROOMMATE WANTED for recently renovated 2BR, 3rd floor apt. Looking for quiet M/F. 775-2279.

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apts/rent

13 MORNING STREET - Spacious 3BR apartment, hardwood floors, natural woodwork. Dining room, sunroom, large deck, yard, and parking. \$650/mo. plus utilities. No pets. 772-3057 or 879-1626.

COLONIAL VILLAGE, South Portland - Sunny 2BR condo, inexpensive heat, maintained, off-street parking, includes W/D in unit, quiet building. N/S. N/pets. \$575/mo., utills. 799-6083.

EAST DEERING - 2BR duplex, hardwood floors, W/D hookup, parking. Available 12/1. \$595/mo. heated. 775-0845.

LIMINGTON - Sunny, quiet, cozy country setting, 1BR, large LR, dining area and kitchen. \$375/mo. +utils. Sec. dep. and references required. 727-3332.

MUNJOY HILL - 101 North St. - 2BR, quiet, parking, N/S, \$495/mo. heated. Available immediately. 772-6005.

MUNJOY HILL - Daylight basement studio apt. w/kitchen and bath. Rent negotiable. Call 761-8000 eves.

MUNJOY HILL - Large, sunny 2BR apt., newly renovated Victorian 3 unit, \$550/mo. includes heat, water, parking. Available end/Nov. 773-9549.

MUNJOY HILL - Quiet 2-story, 1BR townhouse-style apt. Patio, yard, off-street parking, pets O.K. \$450/mo. +utils. Avail. 11/15. Call Deb. 871-1885 days.

NORTH DEERING - Small, sunny, modern, 1BR cottage, quiet neighborhood, kerosene Monitor, parking. \$475/mo. + 1/1/94. 797-2938.

OCEAN AVE. - Nice 2BR, 1.5-bath, gas heat, W/D, furnished or unfurnished, parking and lease. 774-7705.

SCARBOROUGH AREA - \$293/mo. +1/2 util. Monitor heat. 885-0472.

SOUTH PORTLAND - Adorable 2BR bungalow, renovated, quiet street. \$575/mo. Lease/Deposit. Joyce Coughlan, Mark Stimson Assoc., 781-4220.

WEST END - 1st floor, 2BR, 3 rooms, new W/ carpet, no-wax kitchen floor, heat/HW. \$575/mo. sec. dep. 774-8315.

WEST END - Large 1BR, hardwood floors, high ceilings, modern kitchen/bath. \$485/mo. +utils. 775-0618.

WINDHAM LAKE FRONT - 2BR apartment in private house. Spacious, w/view and frontage on little Sebago. 25min to Portland \$550/mo. 892-1417 LM.

WOODFORD - 2BR, heated, newly painted large yard, off-street parking, \$485/mo. heat included. 761-0152.

Classifieds:
775-1234

For more information, call us at:
1-800-355-5518

THE EXPRESS

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houses/rent

SOUTH PORTLAND, Thornton Heights - Classic bungalow, 2BR, gas heat, washer, hardwood floors, garden, N/S. N/pets. \$675/mo. 781-4220.

SCARBOROUGH - 4BR furnished home. Dec through June 15th. Oceanview, \$450/mo. call collect (203) 743-3377 eve or sundays.

seasonal/rent
SUNNY, ECONOMIC 1 ROOM OFFICE - Newly renovated, professional building, easy parking. 49 Ocean Ave., Portland. \$225/mo. Dr. Robinson, 773-5573.

help wanted
Production Part Time

Casco Bay Weekly is looking for Part Time help to assist in the production of this fast-growing young newspaper.

We are looking for a reliable team player with Macintosh Computer experience using Pagemaker and Freehand for ad production and page layout.

You should be a problem solver with evening and weekend hours available who follows directions to a T. A great sense of design and dedication to deadlines is a must.

If you have the skills we need and want to help produce this fine journal of news and entertainment, send your resume to:

Casco Bay Weekly
551A Congress St.,
Portland, ME 04101
Attn: Tricia Bohner
Production Manager

Help Wanted
Earn \$20 - \$50 every Saturday!

Help deliver Maine's newest newspaper, the Express Line, each Saturday in your neighborhood. Carriers must be available for a minimum of 2 hours on Saturday. Routes now available in:

Biddeford, Biddeford Pool, Cape Elizabeth, Old Orchard Beach, Saco, Scarborough, Gorham, Windham, Cumberland, Cumberland Center, Freeport, South Freeport, Pownall and Yarmouth.

For more information, call us at:
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art studios/rent

FALMOUTH FORESIDE - Studio use only, 2 sunny rooms with water view available for artist in home. \$250/mo. 781-4931.

business rental
SUNNY, ECONOMIC 1 ROOM OFFICE - Newly renovated, professional building, easy parking. 49 Ocean Ave., Portland. \$225/mo. Dr. Robinson, 773-5573.

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OPEN HOUSE

- Saturday, November 27th and Sunday, November 28th,
10am - 3pm
- Tour our community with a professional sales rep.
- Wide range of new and pre-owned homes

NOVEMBER SPECIAL!

New 1,216 square foot home and large deck with
three bedrooms, two baths, on a spacious lot.

**WITH JUST 10% DOWN YOUR TOTAL
PAYMENT INCLUDING HOME AND
LOT IS ONLY \$595 A MONTH.**

- All services provided by a professional staff to insure leisure style living in a
friendly wooded community!
- Amenities include a large pool and clubhouse
- We have a full-time activities director who offers a wide array of classes and
workshops for all age groups.

**NOVEMBER 27th & 28th, 10am - 3pm
CALL OR VISIT OUR CLUBHOUSE!**
(207) 839-6667

stuff for sale

CANNONDALE "Beast of the East" M800, 1993-
18" used only half a dozen times. Immaculate.
\$700. 874-4731.

DIAMOND BACK MOUNTAIN BIKE 20.5",
\$150. Specialized road bike, \$350. Both excel-
lent condition. 846-7917.

DIBENARDI RACING BICYCLE 55cm. Colum-
bus SLX/Campagnolo/Mavic Aero top tube
cable routes, braze-on front derailer, less than
300 miles. B.O. over \$1000. 799-0791.

KITCHEN CABINETS Base, floor to ceiling
wall units. Excellent condition. Stainless sink.
\$1,300. 772-4315.

MAC-SUPER DRIVE PAGE MAKER MS
Word Hypercard, 3 yrs. old, hardly used, 2MB
RAM 1.4M. Great gift for children. \$1,500/
B.O. 799-9257 LM.

MATTRESS, BOXSPRING, OR COMPLETE BED
Full, king, queen, or twin. Delivery available.
878-3880.

MATTRESS, BOXSPRING or complete bed.
Can deliver. 878-3880.

MATTRESSES, BOXSPRINGS, FURNITURE
Also! All sizes! All prices! Complete ware-
house liquidation. 772-5737/776-8122,
pager: 759-5074.

MEDICAL EQUIPMENT Electric wheelchair,
manual wheelchair, hospital bed, trapeze, other
supplies. 774-0640.

MILEAGE BIKES Same components, excel-
lent condition, \$650. 185cm Fischer Aerolite
sks, \$40. Trek 850 mountain bike for parts.
\$40. 871-1352.

NORDIC TRACK CHALLENGER \$300; antique
brass bed, 15 x 78", heavy frame, \$375. 885-
5927 mornings/eves.

PORCELAIN DOLL COLLECTION Numbered
with original boxes. Must sell! (No room).
883-2302/883-5043.

RECESSION USED APPLIANCES Washers,
dryers, stoves, refrigerators, freezers.
Guaranteed and delivered. 842-3686.

STEVE TROMBLEY - STATE FARM INSUR-
ANCE Company your insurance cost by phone.
Call us 799-3321.

USED APPLIANCES Clean & Guaranteed.
Delivery available. We service what we sell.
McLaughlin Appliance, 764-4468.

garage/yard sales

SO. PORTLAND, 25 Vivian Street. Saturday
and Sunday, 11/27 & 11/28 10am-4pm. Well-
cared for & priced to sell. Miscellaneous house-
hold items: Pictures, kitchenware, knick-knack,
manual lawnmower. Rain or shine. No early
birds.

give away

FREE HARDWOOD PALLET Great for fire-
wood or can easily be repaired. Call Craig or
Mike. 883-1300 between 6am-5pm.

FREE WOOD! You pick up. Most cut 4-6 foot
lengths all over my yard, Scarborough. 883-
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wanted

TUCKER'S USED FURNITURE 235 Congress
St. Buying/Selling used furniture in good con-
dition. Bureaus, tables & chairs, dressers,
couches and bedroom sets. Also some used
appliances, antiques, housewares. Call 761-
0193 or 775-7972.

arts & crafts

A TOUCH OF CRAFTS 520 Ocean St., South
Portland. Come & join us for our Open Houses
featuring hand-made crafts from many local
artists every week-end until Christmas 10am-
4pm. If you are interested in having A TOUCH
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items on consignment, call 799-5711.

J&P CRAFT GALLERY has stained glass sup-
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are available for Christmas stockings. Sur-
prise your stained glass artist with J&P Craft
Gallery's selection. 883-4556.

J&P CRAFT GALLERY offers quality hand-
crafted gifts for holiday shopping! Find special
gifts made by Maine's professional
craftspeople in our new, larger shop at
Southgate, Rt. 1, Scarborough. Mon-Fri. 9:30-
6, Sat. 10:30-5:30, Sun. 12-4, Tues., Weds.,
Thurs. nights 7-9. 883-4556.

FIAT SPIDER 2000 1980-20K original miles.
Needs front-end body work. No rust. \$500/
B.O. 442-0822 after 7pm.

HONDA ACCORD EX 1992-4-door, green,
auto., loaded, undercoated, sunroof, stereo,
18K, perfect! \$15,500. 878-8668.

HONDA ACCORD LX HATCHBACK 1984-
5spd, very good condition, low maintenance,
98K. \$3000. Call 767-4657.

HONDA ACCORD LX 1986- Hatchback, 5-
speed, new sticker, loaded, Am/Fm cassette.
Excellent condition. Will sacrifice for \$3,600/
B.O. 775-2159.

HONDA ACCORD 1982- Excellent condition,
Florida car, auto., air, cruise, silver/blue.
\$1,600. 885-0926.

HONDA CIVIC HATCHBACK 1983- 5-spd.,
Am/Fm cassette, new tires, very dependable.
\$400. 828-0223 eves.

HONDA CRX 1985- 90K, clean in and out, new
paint, runs/looks great. \$1,900. 761-8379.

HONDA CRX-Si 1985- Blue, 5-spd., air,
sunroof, alloy wheels. Excellent condition.
Asking \$3000. 767-6309.

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Beginners and up. Rock, blues, jazz, country.
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wheels

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For \$25 The Sure Sell will advertise your car
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Visa/MasterCard accepted.

BUICK REGAL 1978- 95K, rebuilt transmis-
sion & engine. Chevy 305 engine. Will sacri-
fice. \$650. 761-2726.

CHEVY C-10 1984- Auto., 350, new shocks,
exhaust, brakes, cap, racks. Great shape!
\$2995. 883-6992.

CHEVY CAMARO 1985- Maroon, 305-auto,
tilt/steer, new brakes, rotor, tires. Good con-
dition. 88K. \$2,200. 761-3606.

CHEVY CAVALIER 1987- 2-door, auto., Am/
Fm, original owner, clean, great in snow.
\$3000/B.O. 767-8182.

CHEVY CORVETTE 1980- Black/black, mirror
T-tops, automatic, 50K original miles, me-
chanically excellent w/extras. \$8,200. 642-
5123 after 6pm.

CHEVY VAN 1988- 6-cyl. auto., 76K, new
sticker. Excellent condition. \$5,100/B.O. 772-
9664, LM.

DOODGE CHARGER SE 1977- 57K miles, Am/
Fm stereo, new defrost. Needs work. \$800/
B.O. Call 282-6985.

DOODGE COLT DL-WAGON 1988- 74K, Am/
Fm cassette, great condition. 1 owner, sticker.
\$3,200. 799-5466/770-4004.

DODGE PICKUP 1992- Rebuilt motor, 1968
Plymouth Fury Convertible-Great runners.
Must sell. B.O. 883-8436.

ESCORT LX 1990- One owner, excellent con-
dition, \$3395. Suzuki GS 550, 1985- Engine,
sprocket, chain and frame. \$195. 883-5708.

FIAT SPIDER 2000 1980- 20K original miles.
Needs front-end body work. No rust. \$500/
B.O. 442-0822 after 7pm.

HONDA ACCORD EX 1992- 4-door, green,
auto., loaded, undercoated, sunroof, stereo,
18K, perfect! \$15,500. 878-8668.

HONDA ACCORD LX HATCHBACK 1984-
5spd, very good condition, low maintenance,
98K. \$3000. Call 767-4657.

HONDA ACCORD LX 1986- Hatchback, 5-
speed, new sticker, loaded, Am/Fm cassette.
Excellent condition. Will sacrifice for \$3,600/
B.O. 775-2159.

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\$1,600. 885-0926.

HONDA CIVIC HATCHBACK 1983- 5-spd.,
Am/Fm cassette, new tires, very dependable.
\$400. 828-0223 eves.

HONDA CRX 1985- 90K, clean in and out, new
paint, runs/looks great. \$1,900. 761-8379.

HONDA CRX-Si 1985- Blue, 5-spd., air,
sunroof, alloy wheels. Excellent condition.
Asking \$3000. 767-6309.

wheels

INSIDE WINTER STORAGE

Autos \$35.00 per month
Bikes \$25.00 per month
Boats \$35.00 and up

Call Elliott today to reserve your space
774-5594 days - 774-1399 eves.

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ISUZU AMIGO XS, 1992- 4x4, 5-spd., AM/FM
pull-out case, P/S, P/B, A/C, 21K miles, great con-
d. red w/glyr interior. \$11,000/B.O. 774-3536, LM.

ISUZU AMIGO XS 1992- 4x4, 5-spd., Am/Fm
pull-out cassette, P/S, P/B, A/C, 21K miles,
great condition, red w/glyr interior. \$11,000/
B.O. 774-3536, LM.

MAZDA CLASSIC RX-7 1983- Excellent con-
dition, high mileage, cassette, loaded, sunroof.
\$1,800/B.O. 799-2439/799-0990.

MOTORCYCLE - HONDA GOLDWING
ASPENCADE, 1986- 4500/B.O. 18K+ miles,
excellent condition. 799-6168.

NISSAN 280 ZX 1982- Body needs work. Lots
of new, good parts. Great restoration car.
\$7000/B.O. Call Mike at 760-0786, no reason-
able offer refused.

PLYMOUTH HORIZON 1985- Good car.
\$1,295. Also: Ford Econoline SuperVan,
loaded! Sacrifice! \$1,950/B.O. 773-7002.

PONTIAC T-1000 1981- Ford Escort, 1983-
Plymouth Horizon, 1983. Call after 5pm. Best
offer. 892-5106.

SAAB 900 1978- 82K, black, 4-speed, fuel-
injected engine. Mint condition. \$2,750. 883-
1153.

SUBARU DL 1985- 4-door, 4-cyl., runs good,
some rust, needs exhaust. \$475/B.O. Call Matt,
773-4563.

SUBARU DL WAGON 1989- 4WD, 72,000mi,
A/C, cruise, power steering and brakes. Clean,
no rust. Asking \$6,300. 766-5851.

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Casco Bay Weekly

women men

60 YEAR OLD COUNTRY LADY looking for a nice country gentleman. I enjoy traveling, camping, theater, reading, TV, shopping, lots of affection. I'm retired. ☎ 1848 (12/28)

ACTIVE INDEPENDENT, down-to-earth DWF, 50 something, enjoys skiing, early mornings, warm heart. Into self-growth, healthy living. Seeking male, 48-62, N/S, for friendship/relationship. ☎ 1847 (12/28)

ATHLETIC GLAMOUR GIRL... NOT AM tall, attractive, loving, funny, passionate, forthright, into simple pleasures, true partnership. If you're communicative, caring, ready for friendship/more. Call ☎ 1966 (12/29)

BETWEEN 30 AND DEATH-SWF, student of life, seeks like-minded companionship. Consider: Moderation in all things (including moderation), and living by the golden rule. ☎ 1887 (12/15)

CITY GIRL likes the country. Smoker, looking for country guy who can teach me to line dance, or teach me how to play my guitar. You're 40-50. ☎ 1924 (12/22)

CURE ME! Attractive, full-figured DWF, 25, going through withdrawal. Doctor recommends large doses of testosterone in the form of a tall, handsome, fun-loving male, 25-35. ☎ 1988 (12/29)

DANCE BY THE LIGHT OF THE MOON with 30yr DWF, 5'4", 120#. Honest, professional, physically and emotionally fit. I'm 28-40ish. N/S, D/W/M with similar traits. Let's find our dance card joggling, biking, laughing, cooking, exploring life's greatest gifts to find a fun, loving, romantic, monogamous relationship at the end of the rainbow. ☎ 1893 (12/15)

DETERMINED MEDICINITY-Lingvist suffering from intellectual entropy seeks large dose of testosterone for Chomsky chats, good beer, and passionate sex in sea foam. ☎ 1986 (12/29)

DREAD HOLIDAYS? Let's dine and laugh through them! Professional country woman, early 40s, wants friend for laughs and stories. Love travel, gardens, cooking, skiing, sailing. ☎ 1985 (12/29)

DWF, 31, 5'10", Mother/Student/Worker/Homemaker, easygoing, enjoys family time, quiet time, & most everything in between. seeks tall, self-sufficient, N/S/D, L/D, D/SWM, open communication (no headgames). Friends first. ☎ 1985 (12/29)

DWF, EARLY 40s, ATTRACTIVE, OPEN, and liberal-minded, fun, independent, extroverted seeking a fairly tall, not too heavy, intelligent, healthy, strong, kind, sensual WM who loves to converse and lives in the Portland area. I have a small dog and a big cat. ☎ 1927 (12/22)

ELECTRIC INTERESTING SWF with old-fashioned values and progressive ideas, seeks partner and best friend. Honesty, caring and intimacy are most important. The fearful need not apply. ☎ 1963 (12/29)

FAIR MAIDEN (SWF, 33) SEEKS BRAVE KNIGHT (30-35), in warm winter armor to help guard castle in deep, dark woods of Portland. Only honest, self-sufficient, ocean-loving, N/S heroes need apply. ☎ 1849 (12/28)

FORTY, FUN, AND FERTILE-SWF with loud biological clock seeks gentle, self-loving man with integrity and feisty sperm. Cynics over 50s need not apply. ☎ 1888 (12/15)

GODLY STARR, WHERE ARE YOU? Sexy, young blonde wishes to meet the guitar player from Bates Motel, or a millionaire. Remember: Money's not everything. ☎ 1889 (12/15)

GREETINGS! Petite SWF, 38, professional, M/S, physically fit. Wide-variety interests, simple pleasures of life. Believe in honesty, sincerity, communication. Sense of humor appreciated. ☎ 1890 (12/15)

HAPPY HOLIDAYS! Holiday special-Caring, honest, hardworker, sincere, dependable, professional SWF, 30, 5'9", Br/Br, N/S, above normal weight range, could make your holidays very special this year. If you are a professional SWM, 25-35, with same qualities, available before and after holidays & interested in a friendship/relationship, call now before this special runs out. ☎ 1987 (12/29)

INTELLIGENT, SPIRITUAL, N/S SWF, 34, with a tender touch & a warm heart. Lover of controlled craziness, The Far Side, Ben & Jerry's, & the great outdoors. I'm well-balanced with a mischievous streak as well as a strong spiritual side. I'm open-minded, adventurous, & yes, attractive. Are you my soulmate? ☎ 1989 (12/29)

KIDS GONE, TUITION \$ TOO- But these purple bubbles are ready for walks, talks, meals, museums, theatre, daytripping NE with warm, witty, brainy, balanced, emotionally and financially secure YOU. Please be attractive & lively 50s, N/S, N/D, well-educated & fun. I am ☎ 1926 (12/22)

NUBIAN PRINCESS now ready to share her kingdom. I am independent, fit, intelligent, sophisticated and beautiful. My prince must be: romantic, intelligent, fit, tall, 28-38, single and handsome and ready to sit by my side. P.O. Box 11443, Portland, ME 04104. ☎ 1929 (12/22)

PETITE ADVENTUROUS DWF, 41-Likes good of Rock & Roll, good sense of humor & good conversation. Seeking a male, 35-55, with similar interests. ☎ 1923 (12/22)

PROFESSIONAL/MOM/STUDENT DWF, 39, attractive, energetic. Like children, animals, tennis, swimming, walks, etc., Looking for serious, professional, handsome ADM, 38-45, 5'5", N/S, intelligent, active & fit. ☎ 1925 (12/22)

RELATIONSHIP AS PATH: Walk with DWF in friendship, awareness, passion, truth. Pack your experience of 38-44 years, an adventurous spirit, but leave your anima projections behind. ☎ 1891 (12/15)

SEEKING SAILOR/LIFEMATE-Frustrated mermaid has learned to love. Seeks captain, 45-55, N/S, with respect to watch sailing videos, read newspapers, discuss life, snowbird in the sea. ☎ 1886 (12/15)

SLEIGH BELLS RING, ARE YOU LISTENING? Attractive SW buxom gal, 35, seeks SWM, 30-40, to indulge in holiday magic & more. ☎ 1964 (12/29)

STUNNING, ARTISTIC, KIND, self-sufficient, travelled, brilliant, accomplished, professional, multi-lingual adventurer. Athletic and courageous, seeks handsome man, 33-45, with humor, rhythm, money and guts. ☎ 1892 (12/15)

Personal

CALL 1-900-370-2041 TO RESPOND TO ANY CBW PERSONAL
(Calls cost 1.49/min. Must be 18 or over. Touch-tone phones only. Casco Bay Weekly 207-775-1234)

SWF, 33, 5'3", WITH GREAT... sense of humor, uninhibited to spontaneous challenges and adventure. Professional as well as camper, skier, hiker, enjoys walks and children. Seeking professional S/DWM, 28-38. ☎ 1955 (12/22)

SWF, PORTLAND, wants a friend to share some of life's moments with. I'm funky, but can appreciate quiet moments. Call for more information. ☎ 1962 (12/29)

THE ONE I AM SEEKING IS ALSO SEEKING ME. Unique, attractive, smart, 47 yr old professional, 5'3", 155#, with one real kid looking for someone to help me build a better comfort bin and add some heart and soul to life. I'm a good catch! ☎ 1943 (12/22)

WOO A TALL, BLOND MODERN: Say, "Gee, you're smart!" because the love to read and dance and so do you. Good, make her laugh, admire spirit & self-respect, demonstrate your own. Be 30ish-40ish, active, stable, built for extended thought. ☎ 1928 (12/22)

AVAILABLE- That supposedly rare man with warmth, wit, intelligence, and reliability. Seeking equally rare, attractive, trim, 30-something SWF with confidence, independent and outgoing, affectionate disposition. Am attractive, articulate, creative SWM, 40, professional with excellent physical and emotional health. We both love the arts, nature, movies, dining out, reading, hiking, coastal exploring and intimate conversation. We respect personal space and are free and honest with emotions and caring and seek humor and adventure in life. Let's connect! CBW Box 252. ☎ 1896 (12/15)

BILLY DEE WILLIAMS TYPE- Maine native, physically fit, wide-variety interests, simple pleasures of life. Believe in honesty, sincerity, communication. Sense of humor appreciated. ☎ 1890 (12/15)

DO YOU HAVE A BLACK DRESS? Are you 20-35, a friend for art, food, dancing, sports, books, the Blues? Are you slightly demure? Perfect ☎ 1937 (12/22)

DWM, 42, LOOK MUCH YOUNGER- 6'1", 185#, good-looking, affectionate, fit, family-oriented man who loves the outdoors, searching for one good-looking, fit woman who values home, honesty, and love. If this is you, please call. If it's someone you know, please tell them! ☎ 1944 (12/22)

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men women

ARE YOU LIKE ME? DWM, 33, Br/Gr, 6'1", fit, desires 30s F who tolerates Letterman and baseball. Prefer N/S, fit, attractive. ☎ 1969 (12/29)

ARE YOU? I AM 35+, educated, successful, romantic, attractive, fun-loving and fit, with a good sense of humor/Value friendship, honesty, and communication in a relationship. Looking for "quality" and "chemistry". Let's talk. ☎ 1930 (12/22)

ATTRACTIVE, FIT & INTELLECTUAL WRITER, 33, 5'5", with freckles to watch sailing videos, read newspapers, discuss life, snowbird in the sea. ☎ 1886 (12/15)

CLAPTON CLONE REFUSES TO SING THE BLUES: Into ultra-health and the present moment. Lookin' for lady with guts, forgiveness, Brooke Shields' spirit of integrity. ☎ 2873 (4/5)

CUTE 25 YEAR OLD WANTS A LADY looking for love. I may actually make you happy. I know you'll laugh at what I'm thinking, anyway. ☎ 1968 (12/29)

EX-ROCK & ROLLER, SCORPIO, 30s-I need someone I can cook for (poutine). Children O.K., also 30s-50 O.K. You bring the wine. Were you at Woodstock, too? ☎ 1859 (12/15)

FIT, FUN, FIFTY-SOMETHING, seeks sinuous, sensual partner to cycle, hike, ski, sail and gratefully explore life's simple gifts and earth's free treasures. ☎ 1945 (12/22)

FOREIGN BORN? This active, good-looking, educated, young 40s DWM's natal card shows a foreign-born, pretty lady in his future. Passions: Alaska, astrology, big butts, biking, campfires, cats, dancing, hiking, meditation, national parks, pasta, PBS, sailing, salmon fishing, travel, wildlife. No illegal aliens! ☎ 1931 (12/22)

FORGET THE HEAT, I NEED LOVE- Cold and blue, I need you to radiate your heart to me. Attractive and compassionate 27yo in search of a big heart and a warm smile. ☎ 1897 (12/15)

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50¢/WORD, 2-WEEK ADS

First 25 words & headline with Personal Call®: FREE

add'l words @ 50¢ each:

Without Personal Call® all words @ 50¢ each:

others, lost souls, or companions @ 50¢/word:

Guidelines:

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CBW Box or P.O. Box (add \$20):

Total:

men women

PHYSICIAN, NEW TO MAINE, 51, DWM, 5'9", 160#, values sensitivity, honesty, affection, seeks slender woman with similar values for potential relationship. Kid O.K. ☎ 1935 (12/22)

RUDOLPH SEEKS WHITE TAIL DOE for reindeer games and upcoming long sleigh ride! SWM, handsome, professional, 35, 6', 180#, desires pretty, slim, S/DWF for caroling, egg nog, cheer, and mistletoe! ☎ 1978 (12/29)

SBM, 39, HIV+, seeking understanding lady. My life must continue. If you would care to share the treasure of someone else's heart, thanks, & take the time! ☎ 1940 (12/22)

SCHOOL IS OUT! SWM, 34, INF, recent Ph.D., psychology educator, new to area, attractive, Br/Bl, fit, seeks similar open, N/S, peaceful fellow traveler for mutual exploration. Adventurous, safe, friendly, curious, mature. ☎ 1901 (12/15)

SCORPIO MAN, 38, looking for woman to be my wife. I'm 5'8", 145#, Br/Gr, with my own spaceship. Let's lead the stars together! ☎ 1902 (12/15)

SEEK ASIAN LADY- Kind, gentle, considerate gentleman, 6', 270#, 46, beard, seeks attractive Asian lady with traditional values, 18-35, I am very caring, loving and I even cook! ☎ 1933 (12/22)

SEEK SKI BUNNY WHO SHEDS- 32, tall, handsome, warm, romantic, sensitive with very blue eyes and nice smile, seeks pretty, long-haired woman to share winter fun. The fireplace beckons. ☎ 1932 (12/22)

SOON TO BE DIVORCED WM, 32, who has been contemplating divorce for some time, is ready to contact understanding, supportive female who is into a few beers, dance, romance, Harley's, and just adding a little life & laughter back into this confused but basically decent person. Good times await! ☎ 1842 (12/22)

STILL SEEKING INTELLIGENCE-SWF, 28, quiet, attractive, affluent, intelligent, athletic professional seeks S/DWF, 25-35, who is intelligent, attractive, sincere. ☎ 1936 (12/22)

LOOKING FOR COUNTERPART- SWM, 23, long for old-fashioned romance with a touch of modern spice. My interests include reading, listening to 70s-80s music, walking, traveling, and just doing things spontaneously when the mood hits. Seeking SWF, 18-24, with similar interests. If you're looking for a relationship with a truly sincere and honest man, now is your chance! ☎ 1934 (12/22)

LOOKING FOR SWF, 20-40, who is stable-minded, average-looking, athletic, caring, in touch with life, affectionate, intelligent, independent and intelligent. ☎ 1972 (12/29)

LOW BUDGET GUY (FINANCIALLY)- W, 38, looking for cheap date. Winter's coming, so let's snuggle close to save oil. ☎ 1855 (12/8)

WANNABE WRITER- Lost generation information addict, slim, SWM, 26, 5'10", from away, seeks quirky, creative gal for friendship and shared adventure. ☎ 1904 (12/15)

WHEELCHAIR SWM, 40, outgoing, good-looking, adventurous, caring, open, honest, independent, successful professional, spreading my wings these days, seeks sweet, sensitive, sensual woman for fun times, good conversations, and sharing life's pleasures. Enjoy music, dancing, laughter, movies, dining, beaches, picnics, karaoke. Please rescue me, fair Princess! ☎ 1967 (12/29)

WINTER RETIRED with option to buy-Nice, relaxed, log cabin-type with warm hearth, reddish-brown trim with blue windows. 6'1" w/broad chest- ideal for cold night cuddling. Open house available on request. ☎ 1855 (12/15)

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women women

ATTRACTIVE, F, 27, seeks same for fun and friendship. You are intelligent, outgoing, adventuresome, and sensual. Femininity is required, and a sexy voice is desired. ☎ 1975 (12/29)

ATTRACTIVE, MATURE GWF- I am: intelligent, affectionate woman over 35 who knows Virginia Woolf from Beowulf, Rembrandt from Renoir. If you're not into crystals, let's talk! ☎ 1947 (12/22)

COFFEE & BAGELS- Casual, attractive 30ish lesbian seeks lesbian(s), 25-35, for unique possible. Let's make a commitment for breakfast. ☎ 1921 (12/15)

FIVE FOOT TWO, EYES OF BLUE, wanting to meet someone new. My heart is lonely and longs to sing, and wishes for the love you'll bring. No passion droughts, no lonely nights. Just love and laughter to reach new heights. Call and capture my heart. ☎ 1859 (12/8)

GF SEEKING MINIMALLY NEROTIC, smart, funny woman over 35 who knows Virginia Woolf from Beowulf, Rembrandt from Renoir. If you're not into crystals, let's talk! ☎ 1947 (12/22)

GW, 28, 5'9", 160#, Br/Bl, educated, masculine, monogamous, N/S, seeks similar GM, 28-30, I enjoy walks, movies, conversation, and quiet times. ☎ 1951 (12/22)

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